NCC ACTIVITIES 2024-25

WORLD ENVIRONMENT DAY

Date: June 5, 2024

Objective: The objective was to promote environmental awareness and sustainability among NCC Cadets and foster critical thinking on environmental issues.

Description: On June 5, 2024, NCC at St. Bede's enthusiastically celebrated World Environment Day to raise awareness about environmental conservation. Students actively participated in discussions on climate change, pollution control, and biodiversity conservation. The event concluded with a pledge to adopt sustainable habits and protect our environment. The celebration served as a reminder that small efforts can lead to a greener and healthier planet.

The NCC Cadets enthusiastically participated in a slogan writing competition. The theme focused on land restoration, desertification, and drought resilience. Cadets showcased their creativity with slogans on "Our Land, Our Future" and engaged in thought-provoking debates on prioritizing endangered species versus overall biodiversity. In the competition, Arpita secured the First Prize, Vasundhara Sharma came Second.

Outcome: The event successfully instilled environmental consciousness and responsibility among the Cadets.

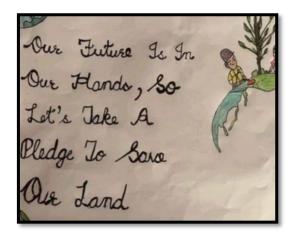


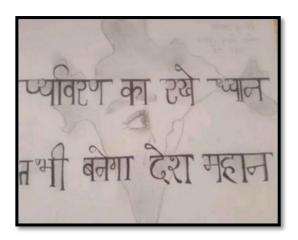
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World Environment Day (June 5, 2024)

INTERNATIONAL YOGA DAY

Date: June 21, 2024

Objective: The primary objective of International Yoga Day was to promote physical and mental well-being among NCC Cadets through yoga.

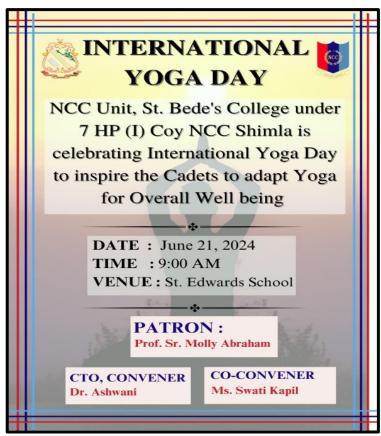
Description: International Yoga Day is celebrated on June 21st every year to promote the ancient practice of yoga, which harmonizes the body, mind, and soul. Established by the United Nations in 2014 following India's proposal, this day highlights the numerous health benefits of yoga, including improved flexibility, stress reduction, and overall well-being. Yoga, which originated in India over 5,000 years ago, has now gained global recognition as a powerful tool for physical and mental wellness. Each year, the celebration follows a specific theme, encouraging people worldwide to adopt yoga as a part of their daily routine for a healthier and more balanced life.

On June 21, 2024, NCC Cadets celebrated International Yoga Day at St. Edward's School, Shimla. 15 Cadets from the college joined their peers from various other colleges and schools



for a morning yoga session. Under expert guidance, they performed a series of yoga asanas with enthusiasm and dedication. The event successfully inspired cadets to adopt yoga for overall well-being, fostering a sense of community and teamwork.

Outcome: The event inspired cadets to adopt yoga for overall well-being, fostering a sense of community and teamwork.













International Yoga Day (June 21, 2024)

FELICITATION CEREMONY

Date: August 7, 2024

Objective: To acknowledge and recognize the hard work and dedication of the NCC cadets who participated in the CATC Camp, showcasing their exemplary performance and outstanding achievements.

Description: The Felicitation Ceremony was conducted by St. Bede's College on August 7, 2024, to honour the exemplary performance and outstanding achievements of cadets during the CATC Camps of 7 HP (I) Coy NCC Shimla. The event took place in the college auditorium, where cadets and the entire college community gathered to witness the celebration. The event commenced with a warm welcome by CTO Dr. Ashwani Kumar, followed by a brief address highlighting the importance of discipline, leadership, and service instilled through NCC training.

The cadets were recognized for their outstanding performance, dedication, and achievements during the CATC Camp. Certificates and medals were awarded to those who excelled in drill sports like basketball, volleyball, and tug of war. Selected cadets shared their experiences, emphasizing the valuable lessons learned in teamwork, resilience, and patriotism. A rank ceremony was also held, where deserving cadets were honoured with ranks.

The principal of the college, Sister Molly Abraham, praised the cadets for their commitment and encouraged them to continue serving the nation with the same spirit. The event concluded with a vote of thanks, acknowledging the efforts of the cadets, instructors, and organizers. The ceremony was a proud moment, inspiring young cadets to strive for excellence in their NCC journey.

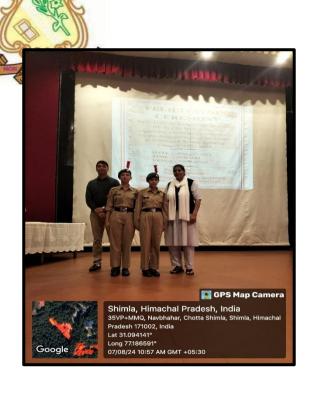


Outcome: The ceremony inspired Cadets to strive for greater achievements and left a lasting impression on all Cadets, encouraging them to work towards success and growth.











Felicitation Ceremony (August 7, 2024)

NCC ORIENTATION

Date: August 14, 2024

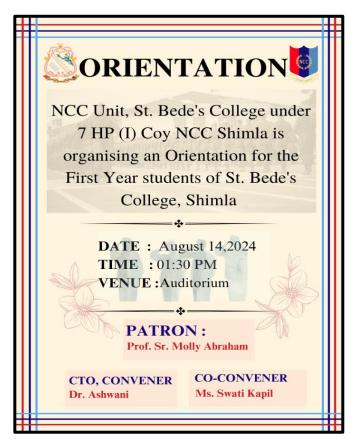
Objective: The objective of the orientation was to educate and inspire Second-year students about the National Cadet Corps (NCC) and its significance, encouraging them to join the prestigious organization.

Description: The National Cadet Corps (NCC) is a premier youth organization in India that aims to develop character, discipline, leadership, and a spirit of service among students. The NCC orientation session introduced new cadets to the structure, objectives, and benefits of the program while preparing them for the journey ahead.

The NCC Unit organized an enlightening program on August 14, 2024, led by UO Shrishti Gupta, Sgt. Samriti, and Cadet Anushka Kalanta. The motive was to educate and inspire Second-year students about the National Cadet Corps (NCC). A PPT was presented by the IIIrd Year cadets which covered NCC's objectives, advantages, enrolment procedures, and its role in fostering discipline.

Outcome: The event successfully inspired and motivated first year students to join NCC, promoting discipline, leadership, and patriotism among the new recruits.





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Orientation (August 14, 2024)

INDEPENDENCE DAY CELEBRATION AT DHALLI

Date: August 15, 2024

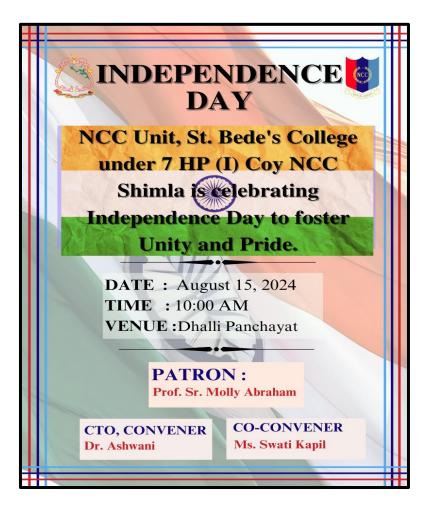
Objective: The objective was to foster unity, patriotism, and national pride among the local community and NCC Cadets of St. Bede's College by participating in the Independence Day Flag Hoisting Ceremony.

Description: The Independence Day celebration at Dhalli Gram Panchayat was held on August 15, 2024, with great patriotic fervour, where the cadets were warmly welcomed by the Panchayat members and the local community. The event was a simple yet dignified ceremony, focusing on the flag hoisting to honour the nation's freedom.

The program commenced at 10:00 a.m. with cadets accompanied by CTO Dr. Ashwani Kumar, faculty, and staff gathering in the premises. The Panchayat members along with the cadets unfurled the National Flag, followed by the singing of the National Anthem, filling the atmosphere with patriotism. A brief address was delivered, highlighting the sacrifices of freedom fighters and the importance of upholding national unity and integrity. The event concluded with a sense of pride and respect for the nation, reminding everyone of their responsibilities as citizens of India.

Outcome: The event successfully highlighted the importance of unity and patriotism, fostering a sense of togetherness and national pride among the participants and the local community.













Independence Day Celebration (August 15, 2024)

NCC ENROLLMENT

Date: August 24, 2024

Objective: The primary objective of this event was to enrol first year students into the National Cadet Corps (NCC) under the 7 HP (I) COY, NCC Shimla, promoting unity, discipline, and a spirit of service among young individuals.

Description: On August 24, 2024, 19 first-year students underwent a comprehensive ground test, which included physical evaluations like push-ups and other activities to assess their physical fitness and skills. The NCC Enrolment Drive at St. Bede's College provided students an opportunity to join the prestigious National Cadet Corps (NCC). The event aimed to introduce new cadets to the values of discipline, leadership, and service to the nation.

The enrolment process began with an introductory session, where the NCC Officer explained the benefits of joining NCC, including personality development, physical fitness, adventure activities, and career opportunities. A large number of students showed enthusiasm and registered for the selection process, which included physical fitness tests, basic drills, and an interview to assess their suitability for the program.

After a rigorous selection process, the final list of enrolled cadets was announced, marking the beginning of their journey in NCC. The event concluded with a motivational address by CTO Dr. Ashwani Kumar, encouraging cadets to embrace the NCC motto, "Unity and



Discipline." The enrolment drive was a great success, with an overwhelming response from students eager to serve and grow under the esteemed NCC training program.

The event was meticulously organized by CTO Dr. Ashwani Kumar and supervised by the Permanent Instructors (PI) staff, with the Commanding Officer (CO) overseeing the proceedings.

Outcome: The enrolment procedure successfully inducted enthusiastic cadets, fostering discipline, leadership, and a spirit of service among students.











NCC I Year Enrolment (August 24, 2024)

SUICIDE PREVENTION RALLY

Date: September 18, 2024

Objective: The primary objective of the rally was to raise awareness about suicide prevention and mental health issues, emphasizing the importance of open conversations and support systems.

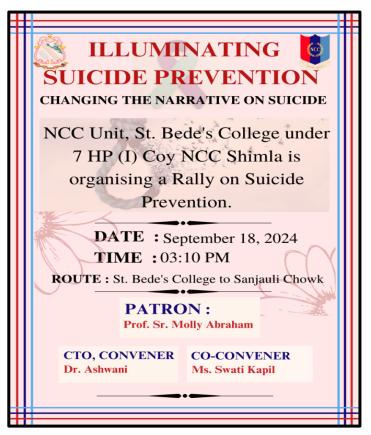
Description: On September 18, 2024, the NCC cadets organized a rally titled 'Illuminating Suicide Prevention', starting from the college gate and culminating at Sanjauli Chowk. The theme of the rally was 'Changing the Narrative on Suicide', emphasizing the need to shift public perception about suicide and mental health.

The cadets actively participated by preparing placards and posters with powerful slogans to create awareness among the general public. These visuals carried messages of hope, encouragement, and support, aiming to inspire open conversations about mental well-being. The rally attracted considerable attention from residents, shopkeepers, and passersby, many of whom stopped to engage with the cadets and learn more about the cause.

During the event, the cadets interacted with the public, shared vital information on mental health resources, and encouraged people to support those experiencing emotional distress. The rally concluded on a hopeful note, with participants reaffirming their commitment to spreading awareness and fostering a supportive environment for mental health.

Outcome: The rally successfully achieved its objectives by engaging with the community and promoting awareness.













Suicide Prevention Rally (September 18, 2024)

INTERACTIVE SESSION (MASTERING THE CDS EXAM)

Date: September 19, 2024

Objective: The objective was to provide strategic guidance, motivation, and practical insights to students aspiring to crack the CDS exam and join the armed forces.

Description: On September19, 2024, the NCC Unit of St. Bede's College under 7 HP (I) Coy NCC Shimla, in collaboration with the Zoology Department and under the aegis of IQAC, organized an Interactive Session on 'Mastering the CDS Exam: A Comprehensive Guide for Students'.

The session featured Ms. Kirti Sharma, an Ex-Bedeian (Batch 2018-2021), who secured an All-India Rank of 15 in the CDS OTA Entry. She was invited as the Guest Speaker to inspire and guide students aspiring to join the armed forces.

During the session, she shared her journey, preparation strategies, and key insights into cracking the Combined Defence Services (CDS) Exam. She provided valuable tips on time management, subject-wise preparation, and interview techniques, making the discussion highly engaging and informative. She also addressed students' queries, offering practical advice on overcoming challenges during the exam and SSB interview process.

The event witnessed enthusiastic participation from students, especially those interested in pursuing a career in the Indian Armed Forces. The session concluded with an interactive Q&A round, where students actively engaged with the speaker to gain deeper insights into CDS exam strategies and life in the Officers' Training Academy (OTA).



Outcome: The students gained a clear understanding of the CDS exam pattern, SSB interview process, and effective preparation strategies, leaving them motivated and better prepared for their defence career aspirations.



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Interactive Session (September 19, 2024)

JAKHOO TREK

Date: September 25, 2024

Objective: To promote physical fitness, teamwork, and resilience among NCC cadets through an adventurous trek to Jakhoo Temple.

Description: The Ist Year NCC Cadets embarked on an exhilarating trek to Jakhoo Temple, a journey that tested their physical endurance while offering breathtaking views and a chance to strengthen team spirit.

The trek was not just about reaching the summit but about embracing the experience-navigating steep paths, enjoying nature's beauty, and fostering camaraderie among fellow cadets. Along the way, cadets encouraged each other, demonstrating teamwork and determination.

Upon reaching Jakhoo Temple, cadets took a moment to appreciate the surroundings, reflect on their journey, and pay respects at the temple. The trek concluded with a sense of achievement and renewed enthusiasm, reinforcing the importance of fitness, perseverance, and unity.

Outcome: Cadets completed the trek, enhancing their endurance, camaraderie, and appreciation for nature while fostering a spirit of adventure.













Jakhoo Trek (September 25, 2024)

NUKKAD NATAK

Date: October 14, 2024

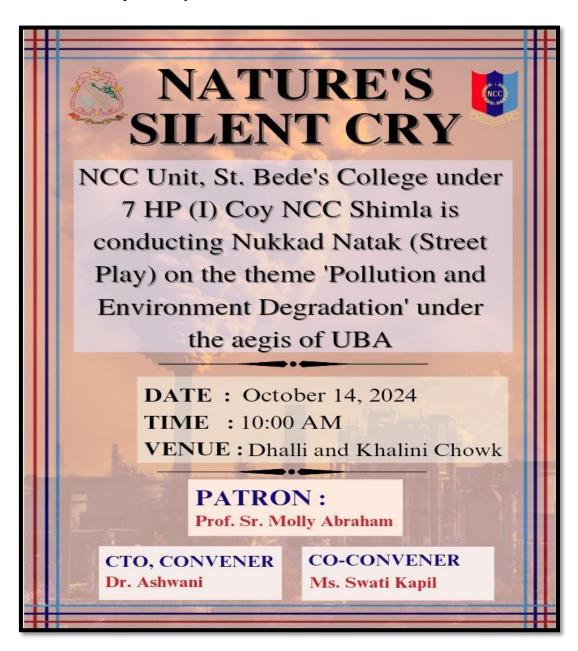
Objective: To raise awareness about pollution, environmental degradation, and the harmful effects of plastic use through an engaging street play.

Description: The NCC Unit of St. Bede's College organized a Nukkad Natak (Street Play) on the theme "Pollution and Environmental Degradation" under the aegis of UBA at Dhalli and Khalini area, Shimla. The primary objective of the performance was to spread awareness about the detrimental effects of plastic usage and to encourage people to adopt eco-friendly alternatives like cloth bags.

The cadets, through their powerful dialogues, expressive acting, and engaging storytelling, effectively conveyed the urgency of environmental conservation. The play highlighted the adverse impacts of plastic pollution on nature, wildlife, and human health, urging the audience to take small yet significant steps toward a cleaner environment. The performance attracted a large crowd, including local residents, shopkeepers, and passersby, who actively engaged with the message. Many spectators expressed appreciation for the initiative and pledged to reduce plastic use in their daily lives. The event concluded with an interactive session where cadets encouraged the public to switch to sustainable habits, emphasizing that collective action is key to environmental preservation. The street play successfully sparked conversations on eco-conscious living, making it a meaningful and impactful awareness campaign.



Outcome: The Nukkad Natak successfully educated the audience on the importance of reducing plastic usage and adopting sustainable alternatives like cloth bags, fostering a sense of environmental responsibility.









Nukkad Natak (October 14, 2024)

SWACHHATA HI SEVA CAMPAIGN

Date: November 9, 2024

Objective: To promote awareness and support the implementation of the ban on single-use plastic through a community-oriented cleanliness and sensitization drive.

Description: As part of the nationwide initiative to promote cleanliness and environmental sustainability, the NCC Unit of St. Bede's College, Shimla, under 7 HP (I) Coy NCC Shimla in collaboration with the Department of Geography, organized a "Swachhata Hi Seva" campaign. The central theme of the activity was the Implementation of Ban on Single-Use Plastic. This campaign aimed to raise awareness about the detrimental effects of single-use plastic on the environment and to encourage the adoption of sustainable practices among students and the local community.

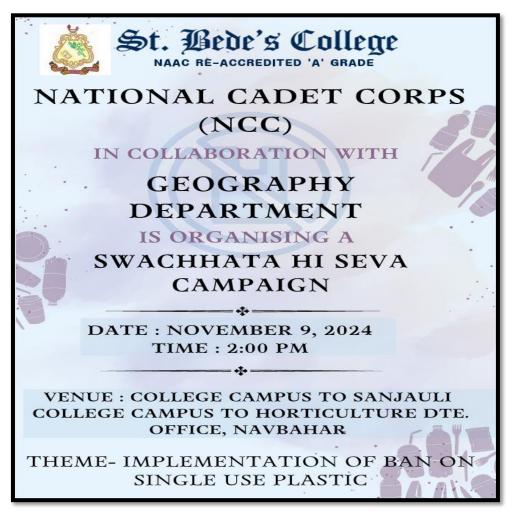
Two groups comprising enthusiastic NCC Cadets and students from the Geography Department were formed for the activity. The first group conducted their drive along the route from the College Campus to Sanjauli, while the second group covered the stretch from the College Campus to Horticulture Road, Navbahar. During the activity, the Cadets actively picked up plastic waste from roadsides, public spaces, and shop fronts. They also interacted with local residents, vendors, and pedestrians to spread awareness about the hazards of single-use plastic.

The campaign not only helped in cleaning up public areas but also served as a live educational experience for both the cadets and the public. The visibility of the campaign and the disciplined efforts of the cadets left a positive impression on the community.

Outcome: The campaign effectively engaged students and NCC cadets in practical environmental action, resulting in cleaner surroundings and enhanced awareness among the public regarding the harmful effects of single-use plastic and the importance of sustainable alternatives.













Swachhata Hi Seva Campaign" (Implementation of Ban on Single Plastic Usage)

NCC CARNIVAL - NCC DAY CELEBRATION

Date: November 23, 2024

Objective: The objective was to celebrate NCC Day by showcasing cadet talents through cultural performances and interactive food stalls, fostering teamwork and enthusiasm.

Description: On November 23, 2024, the NCC Cadets organized a vibrant NCC Carnival to commemorate NCC Day. The event was a blend of cultural performances and exciting food stalls, highlighting the creativity, teamwork, and organizational skills of the cadets.

The carnival featured an exemplary cultural showcase, where cadets presented music, dance, and theatrical performances, reflecting the discipline and enthusiasm of NCC. The stalls, run by cadets, included a variety of delicious treats such as Golgappe, Wai-Wai Chaat, Kurkure Chaat, Chocolates, Cookies, Soup, and Momos, Drawing enthusiastic participation from visitors.

The event witnessed active engagement from students, faculty, and visitors, who thoroughly enjoyed the performances and relished the food. The carnival not only served as a celebration of NCC spirit but also strengthened the bond among Cadets, enhancing their teamwork, leadership, and management skills.



The NCC Carnival concluded on a joyful note, leaving behind memorable experiences and reinforcing the Cadets' commitment to unity and discipline.

Outcome: The carnival created a lively and engaging atmosphere, strengthening camaraderie among Cadets while providing an enjoyable experience for attendees.







NCC Carnival (November 23, 2024)







Brochure of the Games and Menu

INDIAN ARMY DAY

Date: 15 January, 2025

Objective: The primary objective was to honour the bravery and sacrifices of the Indian Army by spreading awareness and patriotism through a virtual tribute.

Description: On January 15, 2025, the NCC Cadets of St. Bede's College under 7 HP (I) Coy NCC Shimla celebrated Indian Army Day virtually, paying tribute to the bravery, dedication, and sacrifices of the Indian army.

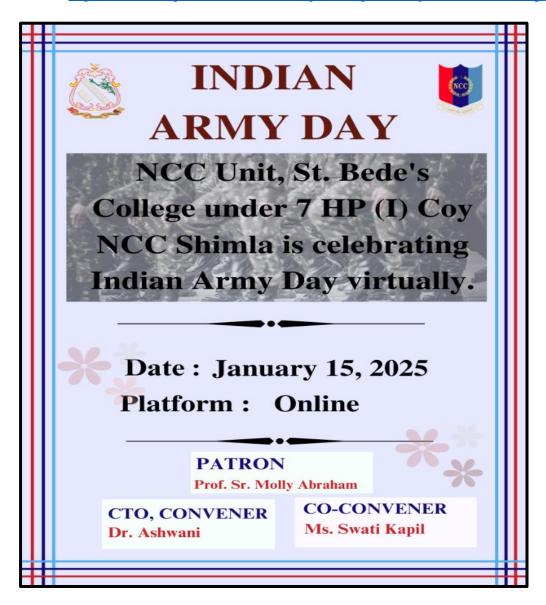
To mark the occasion, cadets created a special Instagram Reel, featuring a synchronized salute to the armed forces. The reel also included motivational messages, visuals of the Indian Army in action, and heartfelt tributes, emphasizing the indomitable spirit of Indian soldiers. Through this initiative, cadets aimed to spread awareness, inspire patriotism, and express gratitude to the heroes safeguarding the nation.

The virtual celebration received an overwhelming response, with wide engagement, shares, and positive feedback from students, faculty, and online viewers. This innovative approach not only amplified the reach of the message but also encouraged youth participation in honouring the armed forces. The event concluded with cadets reaffirming their commitment to national service, making the celebration a memorable and meaningful tribute to the Indian Army.



Outcome: The celebration successfully engaged cadets and the online audience, fostering respect for the armed forces and spreading patriotic spirit through social media.

Video Link: https://www.instagram.com/reel/DE1T2fpzKiv/?igsh=MXdjMWhiYnloeHQ4dg==









Celebration of Indian Army Day, Virtual (January 15, 2025)

REPUBLIC DAY CELEBRATION

Date: January 25, 2025

Objective: To celebrate Republic Day by spreading awareness, patriotism, and unity through an engaging virtual tribute.

Description: On January 26, 2025, the NCC Cadets of St. Bede's College marked Republic Day with a creative virtual tribute by producing an engaging Instagram reel. The reel featured snippets of cadets delivering speeches, reciting patriotic messages, and emphasizing the values of unity and democracy.

The initiative aimed to spread awareness about the significance of Republic Day, reminding the audience of India's constitutional values and the sacrifices of its freedom fighters. The cadets expressed their pride and respect for the nation, encouraging viewers to reflect on their role as responsible citizens.

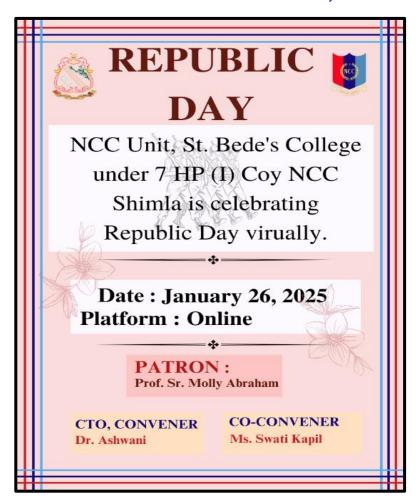
The virtual celebration gained widespread engagement on social media, with likes, shares, and positive feedback from students, faculty, and the broader community. By leveraging a digital platform, the cadets effectively connected with a larger audience, making the celebration more inclusive and impactful.

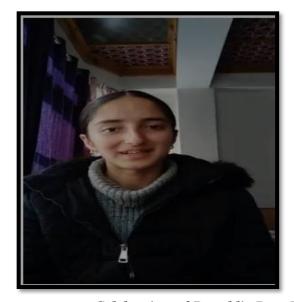
The event concluded with cadets reaffirming their dedication to the values of unity, discipline, and service to the nation, making the Republic Day tribute a meaningful and memorable success.

Outcome: The celebration successfully connected cadets with their peers and community, fostering national pride and appreciation for the significance of Republic Day.

Video Link: https://www.instagram.com/share/reel/BAE636njA0









Celebration of Republic Day, Virtual (January 26, 2025)



RALLY ON PEACE OVER VIOLENCE

Date: February 14, 2025

Objective: To promote peace, solidarity, and awareness about non-violence while honouring the sacrifices made in the Pulwama Attack.

Description: On February 14, 2025, the NCC Cadets of St. Bede's College, organized a peace rally titled "Peace over Violence, Building a Safer Future", commemorating the Pulwama Attack and advocating for global harmony and non-violence.

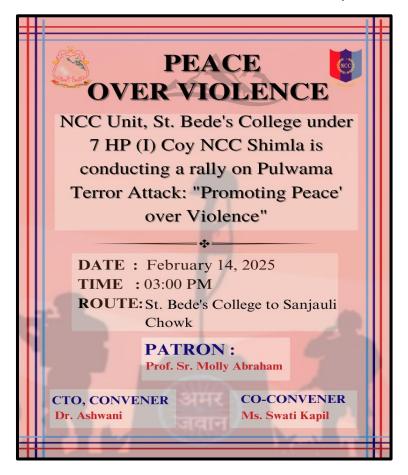
The rally aimed to spread awareness about the significance of peace, condemning terrorism while emphasizing the need for unity and collective strength. The cadets carried placards with powerful messages, urging society to stand together against violence and build a safer, peaceful world.

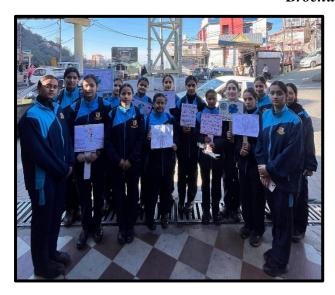
As they marched through St. Bede's College, their slogans and banners captured the attention of local residents and passersby, encouraging meaningful discussions on peace, national security, and the sacrifices made by soldiers. The event also served as a tribute to the martyrs of the Pulwama Attack, reinforcing the importance of standing in solidarity with the armed forces.

The rally concluded with a brief address by the cadets, where they reaffirmed their commitment to being responsible citizens advocating for non-violence and harmony. The initiative received positive feedback from the community, successfully delivering its message of peace, unity, and resilience against acts of violence.

Outcome: The rally successfully inspired collective action for a safer world, spreading messages of peace and unity against terrorism and violence.













Rally on Peace over Violence (February 14, 2025)

NCC RAISING DAY

Date: March 8, 2025

Objective: To celebrate NCC Raising Day by honouring the spirit of service, discipline, and unity while recognizing the achievements of cadets.

Description: On March 8, 2025, the NCC Cadets of St. Bede's College under 7 HP (I) Coy NCC Shimla, celebrated NCC Raising Day with great enthusiasm and patriotic fervour. The event was graced by JCO Shyam Lal, as the Chief Guest, whose words of wisdom and leadership deeply inspired the cadets and attendees.

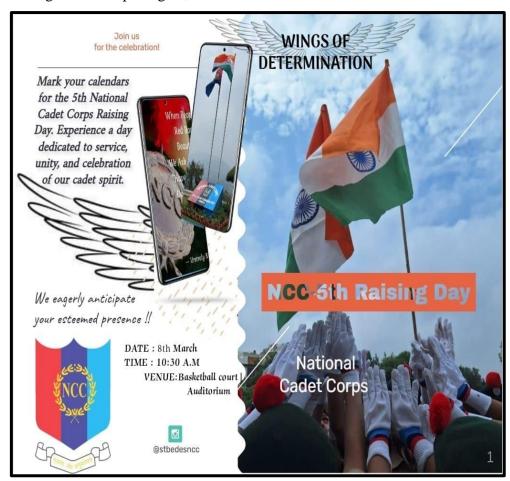
The celebration commenced with a Formal Drill, where cadets exhibited precision, coordination, and discipline, demonstrating their commitment to NCC values. This was followed by cultural dance performances, where cadets captured the essence of unity and diversity through their graceful movements, adding vibrancy to the event. A highlight of the event was the Felicitation Ceremony, where outstanding cadets were recognized for their exceptional contributions and achievements. This recognition served as motivation for all cadets to strive for excellence in their NCC journey.

The event concluded with a heartfelt vote of thanks, expressing gratitude to Principal Prof. Molly Abraham, Chief Guest JCO Shyam Lal, and CTO Dr. Ashwani Kumar for their support and encouragement. The NCC Raising Day celebration was a memorable and inspiring



occasion, reinforcing the values of service, discipline, and unity that define the National Cadet Corps.

Outcome: The celebration successfully showcased Cadets' discipline and talent, inspired attendees through leadership insights, and reinforced the core values of the NCC.











NCC Raising Day (March 8, 2025)