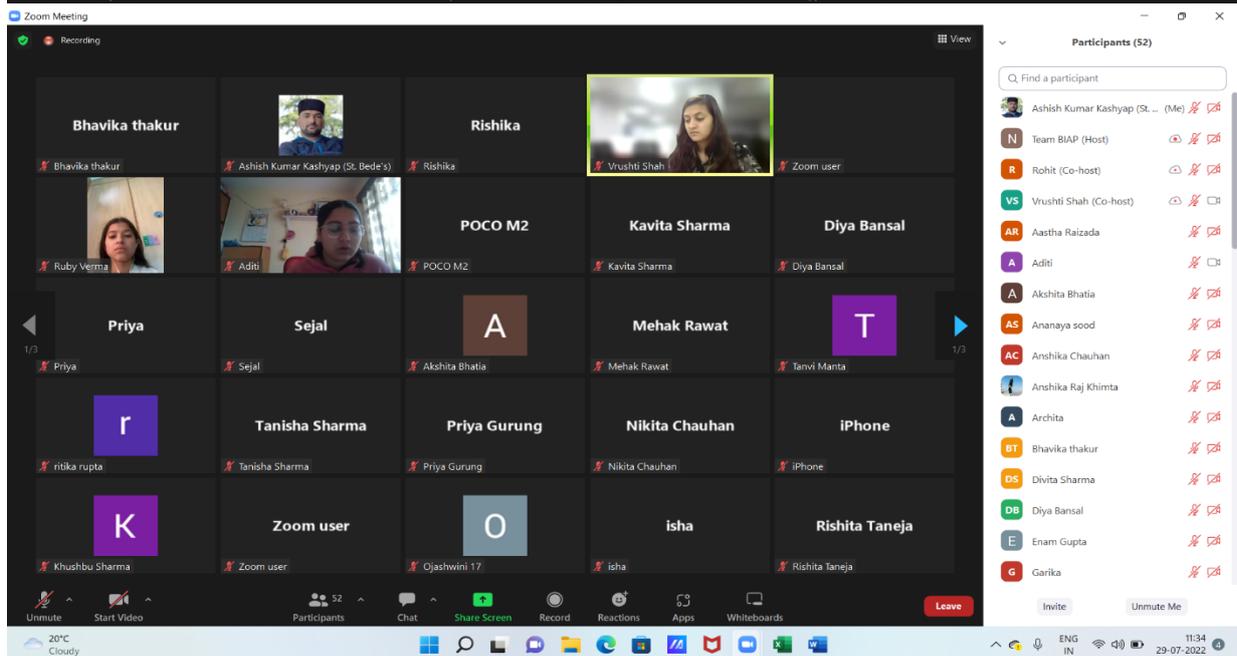
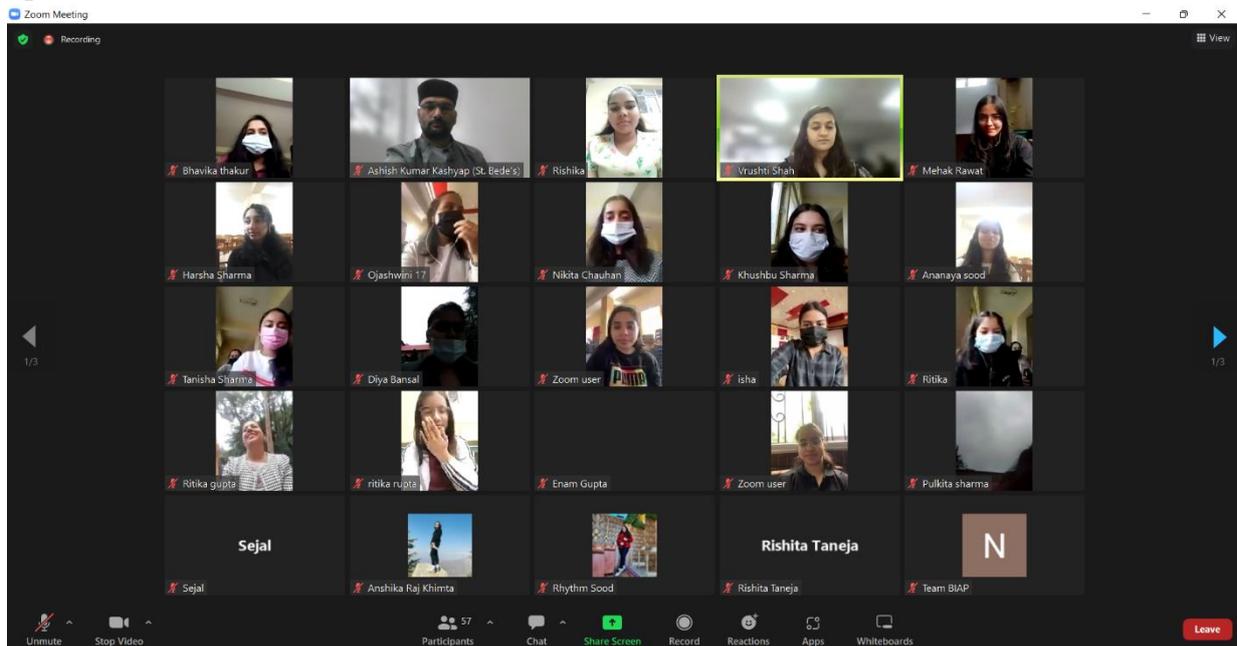




Department of Commerce & Management St. Bede's College, Shimla

ONLINE INTERCOLLEGIATE COMPETITION FINMAHOTSAV

The Board of Industry-Academia Partnership (BIAP), in collaboration with the National Stock Exchange (NSE) and the Department of Commerce and Management, organized an online intercollegiate competition called Fin Mahotsav on July 29-30, 2022. The competition saw enthusiastic participation from students of various departments, including B. Com and BBA. The activities that took place during the competition included Bucks Portray, Money Reel, Treasure Hunt, Meter Your Intelligence, Knowledge Mantra (Team Event), and Freedom of Speech (Team Event).





Event 1 - Winners of Bucks Portray

Name	Class	Position	Details
Enam Gupta	B. Com III	1 st	Certificate with Medal
Aastha Raizada	B.A. III	2 nd	Certificate
Sakshi Kataria	BBA III	3 rd	Certificate

Event 2 - Winners of Money Reel

Name	Class	Position	Details
Pallavi Khangta	BBA III	1 st	Certificate with Medal
Ojashwini	BBA III	2 nd	Certificate
Sakshi Kataria	BBA III	3 rd	Certificate

Event 3 - Winners of Treasure Hunt

Name	Class	Position	Details
Mitali Arora	B. Com III	1 st	Certificate with Medal
Mehak Rawat	B. Com III	2 nd	Certificate
Nikita Chauhan	B. Com III	3 rd	Certificate

Event 4 - Winners of Meter Your Intelligence

Name	Class	Position	Details
Rishika Pant	B. Com III	1 st	Certificate with Medal
Pallavi Sharma	B. Com III	2 nd	Certificate
Divita Sharma	BBA III	3 rd	Certificate

Event 5 - Winners of Knowledge Mantra

Name	Class	Position	Details
Pallavi Khangta	BBA III	First	Certificate with Medal
Isha Rana	BBA III		Certificate with Medal
Ojashwini	BBA III		Certificate with Medal
Sakshi Kataria	BBA III		Certificate with Medal

Event 6 - Winners of Financial Freedom of Speech

Name	Class	Position	Details
Divita Sharma	BBA III	First	Certificate with Medal
Aastha Raizada	B.A. III		Certificate with Medal
Sameera Batra	BBA III		Certificate with Medal
Aishna Rahi	B.A. III		Certificate with Medal

Name	Class	Position	Details
Muskaan Sood	BBA III	Second	Certificate
Isha Rana	BBA III		Certificate
Ojashwini	BBA III		Certificate
Pallavi Khangta	BBA III		Certificate

Name	Class	Position	Details
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Mitali Arora	B. Com III	Third	Certificate
Akshita Bhatia	B. Com III		Certificate
Ruby Verma	B. Com III		Certificate
Ritika	B. Com III		Certificate

A DISCOURSE ON: WINNER'S EDGE

Under the auspices of IQAC, the Department of Commerce and Management at St. Bede's College organized a discourse on August 18, 2022, for the college students in the auditorium from 10:30 to 12:30. The topic of the discourse was "WINNER'S EDGE," and Dr. Michael S. David served as the resource person. This discourse provided an excellent opportunity for students to discover their hidden potential and learn about the characteristics of an ideal profession. The session began with a fun exercise where students wrote down their birth date and the day they expected to die, and everyone participated with enthusiasm. The discourse also examined various reasons why people fail to succeed in life, such as blaming others, giving up too soon, and blaming oneself. This session shed new light on career thinking, encouraging students to reflect on their career aspirations.



St. Bede's College
NAAC Re-Accredited A⁺ Grade
Department of Commerce and Management
Under the aegis of
IQAC
organises

A Discourse on :
Winner's Edge
For All Students
August 18, 2022
Time : 10 : 45 A.M.
Venue : College Auditorium



Resource Person : Dr. Michael S. David
Training Partner for Grovewell, USA,
Synet Australia and Tata
Management Training Centre, Pune.



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AWARENESS TALK ON “MAKING A DIFFERENCE AS A TEACHER”

On August 18, 2022, the Department of Commerce and Management at St. Bede's College, under the auspices of IQAC, organized an awareness talk for the faculty members in the college auditorium. Dr. Michael S. David was the resource person for this discourse, and the topic of the discussion was "Making a Difference as a Teacher." During the talk, Dr. David highlighted the importance of using various pedagogical methods to engage students in their studies. He also stressed the significance of interacting with students face-to-face and treating them as friends, emphasizing that such efforts can lead to positive changes in their lives.



St. Bede's College
NAAC Re-Accredited A+ Grade
Department of Commerce and Management
Under the aegis of
IQAC
organises
Awareness Talk
**Making A Difference as a
Teacher**
For All Teachers
August 18, 2022
Time : 01 : 45 P.M.
Venue : College Auditorium
Resource Person : Dr. Michael S. David
Training Partner for Grovewell, USA,
Synet Australia and Tata
Management Training Centre, Pune.

GUEST LECTURE ON RESEARCH METHODOLOGY

On September 17, 2022, a guest lecture was arranged for M. Com students on the subject of "Research Methodology". Dr. Devender Sharma from the Commerce Department of HPU delivered the lecture, providing an overview of the fundamental concepts of research methodology, hypothesis testing, the importance of literature review, research objectives, and report writing. The aim of the lecture was to equip the students with the necessary research tools to assist them in completing their research projects as required by their curriculum.



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BRAINSTORMING SESSION ON GST

On November 4, 2022, the Department of Commerce and Management conducted a brainstorming session on Goods and Service Tax (GST). The keynote speaker for the event was Dr. Punam Thakur, Assistant Commissioner of the State Taxes and Excise Department in Shimla. The session was highly informative, with the speaker providing students with a basic understanding of GST, its benefits, characteristics, and various tax slabs. A presentation was also delivered to the students, highlighting all the critical points related to GST. The session was interactive, with the speaker posing various questions to the students to evaluate their knowledge of GST.





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HOW TO CRACK BANK EXAMS

On November 18, 2022, the Department of Commerce and Management held a workshop titled "How to Crack the Banking Exam" for final-year students of B. Com and BBA. The workshop featured guest speakers Ms. Kanik Kothiala, Deputy Manager (Ex- Bedian), and Mr. Rajender Singh, Messenger at SBI. Ms. Kanik delivered an inspirational talk to motivate the students and provided them with guidance on how to approach and succeed in Bank Exams.





STRESS MANAGEMENT WORKSHOP

On February 24, 2023, a stress management session was held, with Mrs. Namrita Kaushal from LPU as the guest speaker. Mrs. Kaushal guided the audience on how to manage stress and anxiety during exams and in general life situations. She shared her experience of travelling to more than 40 countries and discussed the challenges and positive aspects of her journeys. The session began with an explanation of what stress and anxiety mean and how they can be a roadblock. Mrs. Kaushal clarified that stress can be defined as a state of worry or mental tension caused by a difficult situation, whereas anxiety is persistent or excessive worry that doesn't go away even in the absence of a stressor. She gave examples of daily life situations to convey that stress is anything one knows, while anxiety is anything one feels, such as frustration, helplessness, disappointment, or irritation. Mrs. Kaushal also conducted various exercises to help students understand how the brain functions and to learn how to keep it calm in stressful situations. The students actively participated in these experiments and exercises, gaining a better understanding of how their brains work. Mrs. Kaushal then asked the students to imagine a good and bad old memory, demonstrating how one's environment and past experiences can affect one's behavior and cause stress during or before examinations.

At the end of the session, the students took an oath of self-love, which left a profound impact on everyone. The session made everyone feel more confident and self-assured. A question-and-answer session was also held, in which the students discussed their queries and Mrs. Kaushal answered them, clearing all doubts of the students.





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INTERNATIONAL SEMINAR ON “TRANSFORMATION OF INDIA@75”

ICSSR sponsored International Seminar on “Transformation of India@75” was organised from March 3-4,2023 in collaboration with Economics department.



ST. BEDE'S COLLEGE SHIMLA
NAAC RE-ACCREDITED A+ GRADE

ICSSR
sponsored
INTERNATIONAL SEMINAR
on
TRANSFORMATION OF INDIA @75
(Under the aegis of Azadi Ka Amrit Mahotsav)
MARCH 03 - 04, 2023
Jointly Organised By:
Department of Economics, Commerce and Management





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INTER DEPARTMENTAL ACTIVITY

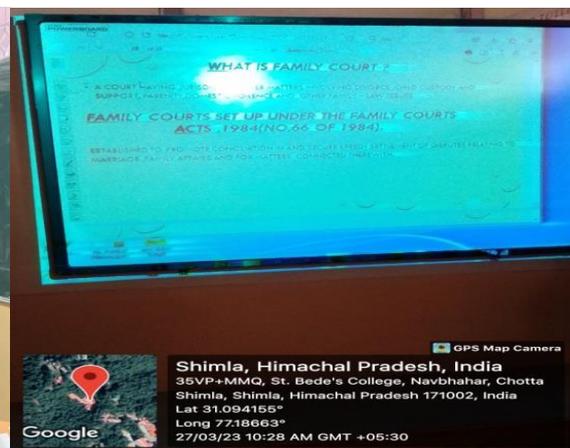
The Commerce and Management Department in collaboration with the Economics Department organized an inter-departmental activity on March 27, 2023, in which students from B.COM, BBA, and B.A. Honours in Economics participated.

The students prepared PowerPoint presentations on different topics. Group A, consisting of B.A. Honours in Economics 1st year students, presented their presentation on Consumer Rights and Responsibilities, highlighting the Consumer Protection Act of 2019. They also performed a small skit to raise awareness about consumer rights among the students.

Group B, comprising BBA 2nd year students, presented their PowerPoint presentation on Consumer Rights. They talked about certification marks issued for different products and ways to become a responsible consumer.

Group C, also consisting of BBA 2nd year students, presented their PowerPoint presentation on awareness against girl child marriage. They discussed the consequences and ill effects of child marriage and presented relevant statistics.

Finally, Group D, made up of B.COM 1st year students, presented their PowerPoint presentation on the Consumer Protection Act. They talked about the "Jago Grahak Jago" campaign and provided information on the Consumer Protection Act to the students.





INDUSTRIAL VISIT TO THE DIRECTORATE OF HORTICULTURE

On 28th April 2023, an industrial visit was conducted at the Directorate of Horticulture Navbahar in Shimla with the aim of providing students with practical knowledge of food product processing, packing, and marketing activities in an industrial setting. The visit began with an orientation session by Mr. Kuldeep, who provided insight into the history and main products of the company, including squashes, jams, pickles, and chutney. The students were then guided to the manufacturing unit, where they observed the production process of squash, demonstrated by Dr. Nardev Thakur, a food technologist.

During the demonstration, the students learned about the raw materials used in the production process, such as fiddlehead for pickles from Mandi, Karsog, and Rhododendron flowers for squash from Kullu Bhuntar. They also observed the use of instruments like the Defectometer to check sugar content in squashes, the addition of preservatives and flavours, and the use of machinery in various activities such as inception of raw materials, mixing process, covering the product, and converting it into finished products. The finished products were then packed and sealed with a production batch number for future verification.

The visit lasted for almost two hours, during which the students had the opportunity to ask questions, which were answered in detail by the staff members. This visit provided the students with practical exposure to the food product processing industry, helping them to understand the subject matter more clearly. The students appreciated the chance to see and experience the industry's working first-hand, and it will undoubtedly help them in their future careers.





Department of Commerce & Management
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