



St. Bede's College

2023 - 2024

ECHOES



Metanoia

"Exploring the journey of inner transformation"



Metanoia

Metanoia: the journey of changing one's mind, heart, self, or way of life.

A magazine dedicated to the exploration of inner transformation and personal growth. Derived from the Greek word meaning "change of mind," it delves deep into the process of self-discovery, evolution, and renewal.

Metanoia is a sanctuary for seekers, a guiding light for those navigating the twists and turns of the inner journey. Through thoughtful exploration, creative expression, and shared wisdom, we invite you to embark on a transformative voyage of self-discovery and renewal. Open your heart and mind to the possibilities that lie within, and let Metanoia be your companion on the path to inner transformation.



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Within the ranks of our National Cadet Corps (NCC) unit, there beats the heart of courage, discipline, and service. In this special feature of our college magazine, we proudly highlight the exceptional achievements of our NCC cadets, showcasing their dedication, valor, and contributions to our institution and society.

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Within the bustling halls of our college, there exists a wealth of talent, passion, and dedication among our student body. In our college magazine, we proudly shine a spotlight on the remarkable achievements of our students, showcasing their accomplishments.

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There exists a rich diversity of talent, passion, and achievement in the college. In this section of our college magazine, we proudly highlight the recipients of overall awards, individuals who have excelled across various domains and disciplines, leaving an indelible mark on our institution and beyond.

From the Principal's Desk



Heritage Status



With immense pride and gratitude, I am delighted to unveil another edition of Echoes, the cherished publication of St. Bede's College, Shimla. Within its pages lies a captivating journey through the myriad activities, both academic and non-academic, that have shaped our institution throughout the year. Echoes is more than a mere collection of words; it embodies the creativity, intellect, and spirit that define our esteemed institution.

The diverse array of voices showcased within each page of Echoes reflects the unique experiences, perspectives, and aspirations that unite our community at St. Bede's College. From thought-provoking essays to captivating artwork, from poignant poems to insightful interviews, every contribution encapsulates the essence of our institution - a dedication to excellence, a thirst for knowledge, and a drive for innovation.

In line with our commitment to preparing students for success in the ever-evolving job market, St. Bede's College has introduced skill courses aligned with the new education policy. These initiatives aim to equip our students with the necessary tools to compete and excel, fostering their growth and development.

Moreover, it is with great pride that I announce the prestigious recognition of the DBT Star College award, underscoring our unwavering commitment to academic excellence. Additionally, our successful implementation of the Curie project, named after the renowned scientist Marie Curie, further exemplifies our dedication to advancing research and innovation.

Together, these endeavours reflect our ongoing pursuit of excellence and our commitment to nurturing well-rounded individuals prepared to thrive in the modern world.

May Echoes continue to inspire and unite us, reflecting the vibrant spirit and achievements of St. Bede's College, both now and in the future.

I extend my heartfelt congratulations to the editorial team for their dedication and hard work in bringing Echoes to life. To all members of the St. Bede's family, I express my sincere gratitude. May Echoes serve as a source of pride and inspiration, reflecting the rich tapestry of experiences and achievements that define our journey at St. Bede's College, both now and in the future.

With warm regards,

Prof. Sr. Molly Abraham

Principal St. Bede's College, Shimla.

Editorial Team



MS.SNIGDHA BHATT
ASSISTANT PROFESSOR
DEPARTMENT OF ENGLISH

“Education is not the learning of the facts but the training of the mind to think”, said Albert Einstein.

St. Bede’s College, Shimla, is well known for its academic excellence and dedicated approach towards dissemination of knowledge in the academic world. We are delighted to bring out ECHOES 2023-24 issue compiled after rigorous efforts and hardwork of the magazine committee of St. Bede’s College, Shimla. This issue brings forth the creative side of the students and teaching fraternity. ECHOES provides a platform for the students to discover their inner creative talent. In my journey of being the Editorial head of the English section for ECHOES 2023-24, I have been amazed at the zeal and enthusiasm with which the students have worked tirelessly to bring forward this issue. They contributed to the magazine by writing articles, clicking photographs, submitting art work, writing poetry and many more things. All these things have helped them to cultivate interests and hobbies which are equally important and act as stress busters in today’s time.

We hope you enjoy reading this issue as much as we have enjoyed making it.



Editorial Team



Praneeta Kamal
BA Psychology Hons III Year
Student Editor (English)

Just as an eagle soars to heights unfathomable and ventures on journeys unknown to the mankind, I avowed to walk down a similar lane in the beginning of the year. Holding the position of the editor of this edition of St Bede's annual college magazine, has been quite a tumultuous yet a deeply insightful and enlightening journey filled with the best discussions, quality arguments and human bonds disguised as professional ties. I avowed to embody the spirit and heart of an eagle, one that flourishes in loyalty, fearlessness and unwithered focus.

As we near the end of this session and for the last time as I 'read' this year backwards, I see a team that was a magnificent amalgamation of creativity, novelty and enthusiasm. Young minds wanting to create and birth an envisioned output that was unique and carried its own sense of resplendence.

And as I close the last few chapters, I am filled with nothing but brimming gratitude and love towards Ma'am Snigdha, the most reliable junior ever, my co editor Harshita and my very capable team. Finally, signing off!



The mystique and introspective nature attributed to owls is what I bring forward in my work while working in the Magazine Committee. Being the co-editor, played a remarkable role in my educational journey along with the invaluable experience it gave me by contributing towards my personal growth. Collaborating with my editor who showed equal dedication, my amazing editorial team, receiving guidance from my mentor and engaging in the editing and designing of pages, all contributed to the enhancement of my skills and creativity to a new level.

The owl, my spirit animal, which is often associated with wisdom symbolizes the importance of paying attention to one's inner voice and intuition. Just like the owl's keen sight and need to perceive situations with clarity and discernment serves as a guide, similarly it has been a great learning experience for me to lead an incredible team to help incorporate the achievements and progress report of the students in the magazine.



Harshita Thakur
BA English Hons II Year
Student Co-Editor (English)

Editorial Team



It was really rewarding to be the part of Editorial Team, this journey has taught me a lot of patience . I got to work on various things each presenting unique challenges and opportunities for growth whether it was compiling comprehensive data or editing. Just like the armadillo symbolizes the need to be flexible and adapt to different situations, similarly working in the team taught me to open up and refine my skills.

Anchal
BA Eng Hons II Year



Nikita Thakur
BA Eng Hons II Year

I feel privileged and honoured to be a part of the editorial team this year. While working, I was able to unleash the hidden character traits deeply imbedded in me. Lion, as my spirit animal greatly resonates with my personality as throughout my journey with my beautiful editorial team I became even more decisive and confident working in a team.



It was my pleasure to be working with such an amazing team. We worked hard to make it an engaging and dynamic issue this year. The tiger is my spirit animal as i find myself to be flexible and adventurous by nature. Like the tiger i like to explore new paradigms of my life.

Shreya Thakur
BA Eng Hons II Year



Samriti
BA Eng Hons II Year

The power that thoughts hold, transcends through words and illustrations which I believe is the essence of ECHOES. It has been a pleasure to be a part of the editorial team this year as it gave me a chance to bring forth the vision and imagination of students. The horse for me reflects strength and working with the team helped me explore the strength of my mind for me.



In the world of editorial prowess, I navigate through deadlines and revisions with the grace of a cat, silently judging misplaced commas and pouncing on inconsistencies. With each stroke of the keyboard, I leave my mark, leaving paw prints on freshly printed pages. Meow-ver and shake off those writer's blocks, for this editor's claws are sharp and ready to refine your prose into purr-fect-ion!

Akshita Chauhan
BA Eng Hons II Year



The spiritual medicine of the squirrel encourages us to tap into our innate resourcefulness, to be creative in problem-solving, and to see opportunities where others might see limitations. Other than the mentioned qualities, the squirrel for me epitomizes preparation, trust, and foresight .It was a wholesome experience to work with the editorial board for the magazine and I'm filled with joy and will be forever grateful to get to work with such creative minds .

Shambhavi Sharma
BA Eng Hons II Year



A cluster of ideas , designs and themes - this editorial team sprang my spirit animal to life . The phoenix rose from its slumber to embark on a new journey. With a fire to push myself against all odds and creativity soaring high, this experience helped me bring out the best of my ability into action all the while transforming me into a better version of myself.

Divya Uniyal
BA Eco Hons II Year



Diksha Uniyal
BA Eco Hons II Year

Butterflies for me are a symbol of growth in all aspects. Like the butterfly spreads its wings to fly, similarly i got to unleash my wings of creativity and embrace a creative journey this year .Working with the editorial team has improved me in so many ways, it helped me discover the skills that would have otherwise remained inside the shell only.





Achint Mann
BA Eng Hons II Year

It has been an amazing experience to be part of a creative and passionate editorial team. Balance , harmony, and emotional well being, which are the foremost aspects for a team to accomplish any of the goals, are the salient characteristics of a flamingo. While working for the magazine the flamingo inside me taught me how to adapt to formidable situations with elegance and poise . I have learned to embrace the inner joy and creatively express myself in front of others.



I'm thrilled to be a part of such a fantastic team. I am thrilled to be a part of the Editorial Team this year. Together we have tried to make the magazine captivating and lively this year. My spirit animal, the dolphin, has taught me to coexist with those who are unlike me and with whom I may not feel a strong bond. The dolphin for me represents change, recovery, and rejuvenation.



Violet
BA Eng Hons II Year



Mansi
BA Eng Hons III Year

With the steady determination of a turtle, I navigated the currents of creativity and knowledge as a member of the editorial team. Grounded in patience and wisdom, I bring a steadfast commitment to quality and thoroughness to every project. Like my spirit animal, I am methodical in my approach, ensuring that each word and idea is carefully crafted for maximum impact.



The Deer as my spirit animal taught me how to be both, feminine and masculine. From gentle doe to mighty stag, the deer represents innocence, gentleness, intuition and unconditional love . The theme "Metanoia" symbolises change in one's life and the deer for me represents change, modification and adaptability. Working with the team helped me explore my inner talents which otherwise would have been unexplored.



Disha Bahukhandi
BA Eng Hons II Year



Suhani Pathak
BA Eng Hons III Year

Joining the editorial team has refined my instinctive insights and collaborative prowess. My journey has been marked by my inner growth . Navigating through the challenges, I've drawn on the qualities of my spirit animal that is, the adaptability and resilience of a wolf. This experience has deepened my understanding of collective strength and the importance of each voice. Together, we have crafted stories that resonate with each and every soul.



I am thrilled to share a bit about myself. I have always had a passion for working in teams, finding joy in collaboration and collective creativity. My journey in the editorial team of our college magazine has been transformative. From refining my writing skills to learning the intricacies of editing and publication layout. As a Nightingale spirit, I resonate with the confidence and melodious nature of this graceful creature. Much like the Nightingale's enchanting song, I aim to inspire and uplift through my words and actions and like to thrive in collaborative environments, harmonizing with others to create something beautiful.



Neesa Negi
BA Eng Hons III Year



Vasuki Thakur
BA Eng Hons III Year

Having had the privilege of working in the editorial team, I sharpened my skills in crafting compelling narratives and ensuring the seamless flow of content. The snake, as my spirit animal, guides me through periods of change, encouraging me to embrace the cycles of life. Even my name holds a symbolic significance to it. Vasuki, in Hindu mythology, is a powerful serpent deity often seen as a symbol of balance, coiling around Shiva's neck in perfect equilibrium, representing the delicate balance required for the preservation of the universe



Student Council 2023-2024

As I stand on the threshold of a new beginning, it seems like looking back in time, where a flood of memories bring forth a journey that showcases a transformation within me. Before entering the gates of the college, i was one amongst the crowd who believed in the outer beauty of the world, but slowly this journey of three years has transformed me into a young lady who looks beyond the outer shine. I now give importance to the inner beauty and qualities of a person which has helped me to transform myself as an individual. Being the Admiral of the college, I have learned the value of comradeship, art of accepting ones mistake and learning from them. I am no longer afraid of failures, as St.Bede's has taught me that those who try and fail achieve more than those who have never tried at all. As I bid adieu to embrace a new journey, I take with myself fearlessness, emotional strength and honesty that have been taught to me by my teachers. This institute has filled me with courage, given me confidence to follow my heart and to be myself no matter how hard the circumstances become. I will always be indebted to St.Bede's for accepting a girl and transforming her into a confident lady.



Admiral
Priyamvada Thakur



Vice Admiral
Mehak

Being the Vice Admiral of St.Bede's College has been an overwhelming experience for me. This journey has taught me many things which otherwise would not have been possible. Being a part of the Student Council this year helped me to inculcate leadership qualities, learning management skills and creating new bonds. From being a carefree girl to evolving as a responsible individual, there has been an immense transformation in my personality. Each and every moment spent as the office bearer has been wonderful. I don't think I will ever be able to repay to this college for the opportunities, love and respect that I have received here. I will forever remain grateful.

INS CHIRAG

It is with great pleasure and gratitude that we reflect on our journey as the Captain and Vice-captain of INS CHIRAG. Over the past year, we have faced numerous challenges, celebrated victories, and grown together as a team. As we pen down our thoughts for the college magazine, we are filled with a sense of pride for what we have accomplished together. Beyond the victories and accolades, it is the relationships and shared experiences that we will cherish for a lifetime.

Here's to the memories we have created and the legacy we will leave behind



Captain Anushka Dhalta



Vice Captain Mehvish Sautla

INS VIKAS

As we come to the end of this journey, we are filled with a blend of emotions- pride, gratitude and a hint of nostalgia. Serving as the Captain and Vice Captain of INS Vikas has been a privilege and an honour beyond words. It was an incredible journey, one filled with countless memories, challenges and triumphs. We would like to express our deepest gratitude to our teachers for their unwavering support and guidance.

It has been a privilege to work in the council and witness the incredible talent and dedication of students. As we embark on the next chapter, let's cherish the bond that unites us and the memories that we've created.

Here's to new beginnings, to chasing our dreams with unwavering determination and never forgetting the place that made us this capable and giving back as much as we can.



Captain Angelina Tel

Vice Captain Sudiksha Mehta

INS VIKRANT

"Leadership is not about being in charge. Leadership is about taking care of those in your charge." - Simon Sinek

As we bid adieu to our illustrious roles as Captain and Vice Captain of INS Vikrant, we want to take a moment to thank all the students of INS VIKRANT for being the wind beneath our sails. It has been a rollercoaster ride of laughter, chaos, and occasional moments of sheer panic. From inter-ship competitions to impromptu dance parties in the common room, we've shared memories that will surely make for great stories when we're old and wrinkly. Together, we have faced challenges head-on, celebrated victories, and supported each other through thick and thin. It is this spirit of camaraderie and teamwork that truly sets our ship apart.

Farewell and keep shining bright INS Vikrant, and remember, the secret ingredient to success is believing in yourself.



Captain Jiyaa Julka

Vice Captain Prapti Joseph Reddy

INS HIMMAT

As the academic year draws to a close, we are filled with a profound sense of gratitude and pride as we reflect on the journey that we have embarked together. As the Captain and Vice Captain of INS HIMMAT, it has been an honor and privilege to lead such a vibrant and dedicated community of individuals.

As we bid farewell to another chapter and prepare to embrace on new adventures, let us carry with us the lessons learned, the memories shared, and the friendships forged. Thank you my lovely Bedeians for an unforgettable year filled with laughter, learning, and growth!



Captain Aakshi Dharma

Vice Captain Yashika

Student Council 2023-2024

Cultural society

The experience of being a part of the Bedeian family has always been a source of pride and joy for us. Looking back at all the opportunities we were given and all the challenges we overcame, the experience of being the President and Secretary of the Cultural Society has helped us expand our horizons and widen our skills set to become more refined as a person. The joys and learnings of this journey are sure to stick around with us throughout our lives as we delve into the real world.



President Dhaanya Thakur



Secretary Shreya Thakur

Media cell

"In the age of information, the media is the bridge between events and understanding, a conduit for enlightenment."

We encompassed our journey as the President and Secretary of Media Cell last year now looking back we learned with a tapestry of challenges and gained insights. This cell gave us the opportunity to explore ourselves behind the camera lens. The events we orchestrated became classrooms, acquaintances turned into valuable connections, and each experience honed our skills in social communication. We would also like to thank our convenors, Ms. Anjana Devi and Ms. Punam Chauhan for creating a welcoming and friendly work environment and guiding us through this journey.



President Tamanna



Secretary Akshita Chauthan

Fine arts society

Art has always been a way of expressing emotions, being the President and Secretary of Fine Arts Society, we got an opportunity to showcase our capabilities. From making flowers out of tissue paper to making craft out of recycled paper this year's experiences taught us alot. For our members and Bedeians we leave our legacy behind for you to showcase best of your talents!!



President Sudhvyambshi Nadda



Secretary Dhanoor Aulakh

Dance society

Being the President and Secretary of Dance Society, the auditorium and stage has always been like our second home. Ranging from the enthusiastic beats of Bhangra and Nati, to performing Garba and Kalbeliya, we got opportunity to perform many more different dance forms. This year we not only worked as a society but also formed a beautiful family, which we will forever cherish as we move forward with our lives. At last we would just like to say that Just Dance and leave all your worries away, let nothing be your barrier.



President Anushka Singla



Secretary Jahnvi Wall

Electoral literacy Club

Gratitude fills our hearts as we reflect on this transformative journey, made possible by the unwavering team effort, dedication, and active participation of our incredible students. This stage has not only groomed our personalities but has also instilled optimism in our hearts.

We encourage each one of you: to embrace every opportunity to lead, whether as president, secretary, or in any role within clubs and societies. This phase is a precious canvas for developing your charisma and leaving an indelible mark on your college life.

A sincere thank you to The Electoral Literacy Club and St. Bede's for providing us with this wonderful experience that will forever be etched in our memories.



President Palak Sharma



Secretary Priya Bhaskar

Theater Club



President Diya Bansal



Secretary Nikita Thakur

This year we found our place on the stage, where we performed, we learnt and we grew together to be much better. Being the President and Secretary of the Theatre Club has been a fruitful journey. Throughout this year we got multiple opportunities to showcase our best of capabilities. From learning the art of working as a team, to watching the participants pour their hearts out on the stage indeed, it was an experience that we will cherish forever. We would like to take a moment to thank our Convener Ms. Annette James who guided us in making this journey memorable. We are and will always be forever grateful for this opportunity !!

NSO

Being designated as the President and Secretary of NSO, together, we worked relentlessly in shaping the future of the college sports by prioritizing the well-being and success of our students, promoting diversity and inclusion, upholding the highest standards of sportsmanship and integrity.

We not only enjoyed being the council members but also learned to lead. It was a very lovely experience, and will stay with us forever.



President Divyanshi Desta



Secretary Ritul Chaudhan

Yuva Tourism Club



President Shruti



Secretary Mehak Tanwar

As the President and the Secretary of Yuva Tourism Club, we did our best to unfold the potential of students. We appreciate the way students participated, and we admire the way we were encouraged by their commendable performances. It is rightly said that we learn from each other, as we learnt a lot from each other throughout the year. We would like to extend our earnest gratitude to our worthy principal, teachers and everybody who helped us to keep going.

Energy Club

The experiences in the college, year-long, has taught us the spirit of 'Non Nobis Solum' i.e. 'Not for ourselves alone' which is the very motto of our college.

Through the activities of our club, we were able to spread awareness regarding the judicious use of resources and got to explore new perspectives in technological advances.

This note is an extension of our gratitude and reverence we hold towards our institution.



President Mrinal Gautam



Secretary: Samriti Sharma

Community Outreach



President Mannat Verma



Secretary Sanyogita Chauhan

...Through our work with council, we have learned to plan events and delegate tasks. Working as President and Secretary was a very fruitful experience as we have sincere interest in welfare of others and believe in importance of fun. So with this motto we organised various activities both inside and outside the college. We express our deep sense of gratitude to the teachers and our fellow students for giving us this opportunity.

Women's Cell

As the President and Secretary of the Women's Cell at St. Bede's College, it has been both a privilege and a source of immense pride to serve this esteemed institution and contribute to its rich legacy.

Throughout this academic year, we have been fortunate to experience a journey marked by growth, resilience, and countless opportunities for personal and collective development. Our time has been filled with moments of joy, learning, transformation, and the excitement of engaging in various competitions and events.

We extend our heartfelt gratitude to our Principal, esteemed faculty members, and fellow Bedeians for their unwavering support and belief in our leadership capabilities. Their guidance and encouragement has been instrumental in our efforts in *empowering voices and inspiring change.*



President Abhiramy Biju



Secretary: Samaira Sharma

Disaster Management



President Ishita Modi



Secretary: Parul Mehta

As Bedeians, we never hesitate to tell someone that we are proud to be affiliated with St. Bedes College. Serving as the Disaster Management Cell's President and Secretary has taught us a great deal of skills, from organising evacuation plans to collaborating with others in Student Council. Being a Council member taught us the values of sincerity, diligence, and punctuality, which have left a lasting impression on our lives. We are so appreciative of this delightful encounter.

Environment Cell

Being the President and Secretary of Environment Awareness Cell was a journey filled with emotions and new experiences. Starting from an awareness program in the government school, to making posters, writing poetry and having fun during the Nukkad Natak was just amazing and a journey filled with whole lot of memories which we'll cherish forever. We're thankful to all our teachers, mentors and batchmates, who believed in us and supported us throughout.

It was a lovely experience, we will definitely miss this .
Finally signing off.



President Arshita Chauhan

Secretary Shambhavi Sharma

Debates and Dramatics

If we have to accentuate everything that we did as the Debates and Dramatics cell in a picture it would honestly be a strenuous task. From selecting students to represent the college in other fests to holding debates within the ships , the audience always enjoyed and found the cell's activities insightful. We're thankful to our teachers, mentors, batchmates and everyone who stood by us and supported us throughout. It was a lovely experience and we hope the cell continues working in this way in the years to come so that the banner of the college keeps flying higher.



President Alish Chauhan

Secretary Janhavi Bhatiya

Photography Society

As the President and Secretary of the Photography Society at St. Bede's College, our journey was marked by creative exploration, organizational challenges, and a deep passion for capturing moments. Through collaboration, dedication, and a shared love for photography, we were able to create memorable experiences. Our time as leaders of the Photography Society at St. Bede's College was not just about taking pictures; it was about creating a community of passionate individuals united by a common interest. It was an experience that taught us valuable lessons in leadership, teamwork, and the power of creativity to bring people together.



President Shweta Chauhan

Secretary Niharika

Poetry Society

Being the president and secretary of poetry society of the college was such an amazing experience! Poetry society was formed to wonderfully encourage artistic expression, foster a sense of community, and ignite a love for poetry among students. We got to organize activities where students could showcase their talents and express themselves through words. Plus, it added a touch of magic and inspiration to our college experience. It was a role that allowed us to celebrate the beauty of language and the art of self-expression. It was truly a magical journey.



President Yashasvi Sharma

Secretary Devanshi Moudgil

Music Club

As a Bedeian and the Music Club President and Secretary at St Bede's College, we had an awesome time bringing music to our campus. We want to express our deepest gratitude to all the club members, faculty and fellow students who supported and embraced our musical endeavours. It was such an honor to lead a talented team and create memorable events for our college community. Let the music keep playing and inspiring others at St Bede's College.



President Kashish Kashyap



Secretary Simran Jhagla

Heritage Club

The leadership roles as President and Secretary of the Heritage Club 'Mirassa' were not just titles, but gateways to a profound journey. In steering the club, we orchestrated events that delved into the essence of heritage, fostering a deeper connection with our roots. Our initiatives aimed not merely at preserving the past, but at kindling a flame that illuminates the cultural interplay defining our nation's narrative. It was more than an experience; it was a testament to the power of heritage in shaping our identity for a meaningful future.



President Chahat Sood



Secretary Ridhima Thakur

Placement cell

The Placement and Career Guidance Cell of the college plays a vital role in helping students to get campus placements. It acts as a bridge between the academic world and the job market, ensuring that students have the best opportunities to secure jobs in their chosen fields. In this session we made sure to provide students with best internship and placement opportunities.



President Arushi Awasthi



Secretary Sneha

Red Ribbon club

Being selected as The President and secretary of the Red ribbon club was not just a title, it was a responsibility and a privilege. We are grateful for the trust placed upon us by our teammates, teachers and mentors which helped us to lead our team with both excitement and dedication. Through this journey We've learnt a lot about teamwork, humility and leading by example and for this we're forever grateful to St. Bede's.



President Aditi Thakur



Secretary Palak Thakur

MUN

There is not much to be said of responsibilities as they are more or less an innate part of the human character. What matters the most is how those responsibilities take form into fruitful results, all with the dedication of not one, not two, but all those involved. As the President and Secretary of the MUN Society, we've learned to grow into individuals who extract and execute from the environment around them because there is always so much to learn. We will forever be grateful to St. Bede's College, and the MUN Society for granting us this opportunity to grow into better individuals and competent leaders.



President Dipti Sood



Secretary Riya Sharma

NSS



President Aarshita

Secretary Tamanna

.... Joining NSS wasn't just about volunteering, it was about igniting a fire within ourself and others to make a tangible difference. Stepping into the role of President and secretary was both daunting and exhilarating. We knew the responsibility was immense, but the prospect of leading a team passionate about service fueled our determination. Our NSS presidency wasn't just about leading a club; it was about leading a movement, fostering a community, and discovering our own potential. This experience will forever remain etched in my memory.

NCC Representative

Being the Senior Under Officer of the National Cadet Corps (NCC) unit at St. Bede's College, has been great and then further representing the NCC unit in the College Council has been a privilege for me. I would like to thank the college principal and staff for giving me this opportunity. NCC has been a very important part of the college. It was introduced a few years ago but stands as the unit with the most achievements in a very short span of time making our college the only college with such achievements in the state of Himachal Pradesh. The NCC unit of our college itself holds national and even international level achievements. The students who are a part of NCC are not just students but cadets who are trained physically as well as mentally. It was a proud moment for me to be a part of NCC as it is the largest youth uniformed organization in the world. The motto of NCC is "Unity and Discipline" and this is very strictly adhered to and taught to us during our training period. NCC has created a legacy at St. Bede's College and I would further want this legacy to be continued at this institution.



Ivy Bhettan

Health Club

Being a Bedeian as well as President and Secretary of Health Club, has been great and amazing experience. I would genuinely like to thank our principle, teachers and students who have always shown their faith in us. We feel proud to say that we have enjoyed this journey and got to learn many new things. It was a very beautiful experience which will endlessly stay with us. After all good health is essential to human happiness and well-being.



President Pallavi Seralk

Secretary Niharika Rai Chauhan

English Editors

Seeing the entire year just fly past us and having the passionate urge to conserve each moment so as to one day amalgamate everything into a 'flashbook' has been one of the best rides ever. Being the editors of college magazine was not just a responsibility, but a beautiful opportunity of preserving the year as a legacy for: those who will be gone, those who will be here and for those who would come. As we sat to put everything together right from the beginning of the session there is one thing that we learnt and that is 'ATPA - ALL THINGS PASS AWAY', the grand events, the resourceful talks, the cultural vibrance, the debatable discussions, the laughter shared with the walls, it all came a full circle and now remain as nothing but memories that we desperately tried to imprint on the paper with the ink of emotion and words from the heart



Editor Praneeta Kamal



Co-editor Harshita Thakur

Hindi Editors

We are blessed to hold these positions as Hindi Editor and co-Editor of college magazine. We were astonished with the creative writing skills of the students of our college. We learnt a lot from this wonderful session.

Juggling tight deadlines taught us valuable time management and collaborating with contributors enhanced our coordination and communication skills.

It was a rewarding journey that left a lasting impact on us.



Editor Meenakshi Sharma



Co-editor Akriti Bhardwaj

Hostel Representative

Reflecting on my tenure as the hostel representative this year, it has been a journey marked by collaboration and camaraderie. Working closely with the administration, I strived to enhance the living experience for my fellow residents. The success of the year lies not only in the challenges we overcame but in the unity forged within our community. Witnessing the involvement and enthusiasm of my juniors has been particularly gratifying. Their active participation in hostel events, support for initiatives, and the seamless integration into the hostel life have truly made this a wonderful year. It's heartening to see the baton of responsibility passed on to capable hands, ensuring the continuity of a positive and vibrant hostel environment for years to come.



Nandini Nandan Singh



June

DEPARTMENTAL

Date	Activity's Report	Department
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19-21 The Department of Physical Education, St. Bede's College, Shimla and Physical Education Foundation of India jointly organised 03 Day National Workshop. The theme of International Yoga Day this year was "YOGA FOR HUMANITY". More than 100 students and delegates participated online and offline in this workshop

Physical Education

26 The Department of Physical Education, St. Bede's College, Shimla organised an INTERNATIONAL WORKSHOP under the theme of (International Olympic Day): "Let's Move": "For Daily Physical Activity". Dr. Ashwani Kumar was the workshop convener. The College Principal Prof. (Sr.) Molly Abraham welcomed the speakers. After the two sessions, the moderator concluded the session.

Physical Education

CELLS AND SOCIETIES

19 The NCC cadets of St. Bede's College under 7 HP (I) COY NCC SHIMLA conducted a Rally on Drug Abuse from St. Bede's college, Naubahar to Sanjauli. The cadets participated very enthusiastically in the rally and motivated the people to quit drugs. A total of 13 cadets participated in the rally. The cadets made slogans and posters on drug abuse. The basic objective of the rally was to create awareness among the youth. The rally served as a catalyst for community engagement and collaboration to address and combat drug abuse issues.

NCC

21 The primary objective of International Yoga Day was to promote and raise awareness about the physical, mental, and spiritual benefits of practicing yoga. The NCC Unit at St. Bede's College under 7HP (I) Coy NCC Shimla celebrated the International Yoga Day. A total of 43 cadets participated and performed yoga with full enthusiasm and determination. It contributed to the ongoing promotion of mindfulness and stress reduction on a global scale.

NCC

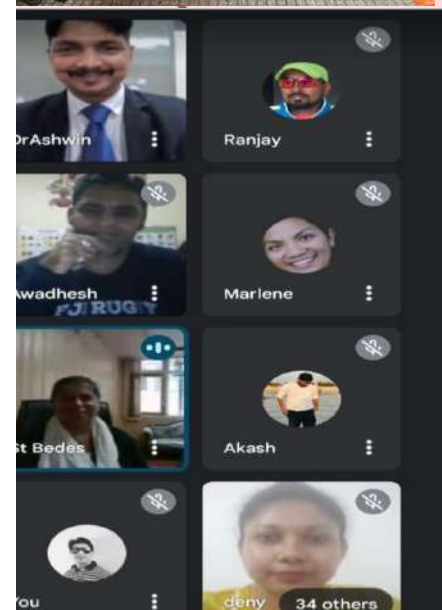


July

CELLS AND SOCIETIES

Date	Activity's Report	Department
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30 The college celebrated "Akhil Bhartiya Siksha Samagam" coinciding with the third anniversary of National Education Policy 2020. Prime Minister Sh. Narendra Modi inaugurates "Akhil Bhartiya Shiksha Samagam", highlights importance of mother tongue as the medium of instruction in schools.





August DEPARTMENTAL

12

St.Bede's college Shimla organised an activity to celebrate international youth day . The theme of the event was "Green Skills For Youth Towards a Sustainable World".It showcased the resilience, creativity, and determination of young minds

The faculty along with the second and third year students had taken the initiative to organise an orientation cum interactive session for the students of first year for the session 2023-24. An esteemed alumni of our college, Ms. Vamika Darhel graced the occasion with her presence as the resource person for the day.

The History Department of St. Bede's College, orchestrated a series of engaging activities to commemorate the 76th Independence Day of India, as part of the nationwide "Azadi Ka Amrit Mahotsav" celebration to celebrate the "Har Ghar Tiranga Campaign".Under the guidance of the department's convener,Mrs. Punam Chauhan, the activities took place over a span of three days, from 13th to 15th August 2023.

The main objective of the National Sports Day was to promote awareness about the significance of sports and being physically active in the day to day life. The college Principal stressed, that the aim of the Fit India Movement, is to motivate everyone to become more physically active.

An ambitious tree plantation drive took place in Municipal Ward 21 Dhalli Mashobra. The initiative was jointly organised by the Geography Department of the college and the Municipal Corporation. The event witnessed the active participation of esteemed dignitaries, including the Mayor - Surinder Chauhan, Deputy mayor - Uma Kaushal. The objective of this drive was to enhance green cover, promote environmental consciousness, and foster community engagement in sustainable practices.

CELLS AND SOCIETIES

5

A Mock Drill on Mitigating Disaster Risk was organised under the theme "Yuva Manthan Model G20." The Guest of the event was our principal Prof.(Sr.) Molly Abraham and THE THIRD BATTALION HOME GUARD FORCES, SHIMLA.The objectives of a disaster safety mock drill are to ensure the preparedness, response, and coordination of students, staff, and faculty in the event of a real disaster.

9

To contribute significantly to environmental sustainability and community wellbeing by fostering a sense of responsibility among our volunteers.The volunteers of NSS Unit of St. Bede's College conducted a Tree Plantation in the surrounding areas in Naubaharionn and college campus. The activity helped students connect with nature and promoted ecological balance. It aimed to combat deforestation by planting a diverse range of native trees, enhancing biodiversity, and mitigating the impacts of climate change.

12

Rangoli Competition was organised under the guidance of Miss Jagriti and Professor Sister Molly Abraham and Mrs Sangeeta . The students participated with great enthusiasm drew beautiful Rangoli patterns using coloured chalk, rice powder, crushed limestone and candles. All the winners were awarded with a certificate.

The NCC Unit, St. Bede's College Shimla organized an event to recognize the exemplary performance and outstanding achievements of cadets during the CATC Camp. The primary objective of the felicitation ceremony was to acknowledge the hard work and dedication of the NCC cadets who participated in the camp. This ceremony aimed to appreciate their accomplishments, boost their morale and motivate them to continue their journey in the NCC with passion and determination.

29

National Sports Organization (NSO), St. Bede's College Shimla, celebrated National Sports day to commemorate the birth anniversary of legendary hockey player Major Dhyan Chand. The various sports activities were conducted like: Table tennis, Badminton, Yoga, Skipping, Running and Basketball .

History

Economics

History

Physical
Education

Geography

Disaster
Management
Cell

NSS

NCC

NSO





September DEPARTMENTAL

Date	Activity's Report	Department
------	-------------------	------------

4

Webinar on nutrition: Students enrolled in B.Sc (Hons) Microbiology participated in a special online lecture titled "Food Relation to Nutrition and Health". The event was organized to mark National Nutrition Month and was aimed at promoting healthy living and nutritional awareness.

Microbiology

6

Illuminating the atomic world: A captivating presentation on atomic theory and models took place, providing a comprehensive exploration of the understanding of the fundamental building blocks of matter. The presentation aimed to educate and inspire students and faculty about the historical development of atomic theory and the modern models that underpin our understanding of the atomic world.

Physics

8

Literacy Day: On the occasion of World Literacy Day, the Economics Department of St. Bede's College Shimla organized a commendable excursion activity to promote literacy and educational awareness among young minds. The department, comprising both faculty and students, ventured to the Government School in Sanjauli, Himachal Pradesh.

Economics

12

Career Counselling Session: The English department organised a career counselling session on 12th September 2023 at 2 pm. It included "Preparation of competitive examination" under the resource person, Ms. Chitwan Jamwal. It was an interactive session joined by teachers and students of English Department.

English

13

Chandrayaan Mission: A captivating presentation on the Chandrayaan missions was held at the college, providing a comprehensive insight into India's remarkable lunar exploration endeavors.

Physics

17

Celebration of World Microorganism Day: On this day Neetika, B.Sc (Hons) Microbiology 2nd year gave a powerpoint presentation on the topic 'Gut Microbiome in Modern Biology'. She highlighted the importance of gut microbiota in the health and disease management in humans and animals.

Microbiology

19

Inter department quiz competition: The department of geography organized an inter-departmental quiz competition under the theme "Fixing the ozone layer and climate change". A total of 8 teams from various departments enthusiastically participated in the competition.

Geography

21

International Day Of Peace with the theme 'End Racism And Build Peace' organised by history and political science department aimed to create awareness among the youth to end racism and help to create peace.

History and Political science



21

Reading Week: Organised by English department in collaboration with the library committee. A book was selected by each one taking part which was to be read on a daily basis and at the end of the day a review was to be given along with the number of pages read with the purpose of encouragement of reading as a daily habit.

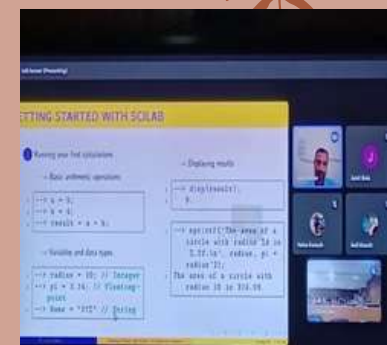
English



22

Exploring physics with scilab: Mr. Lalit Kumar [assistant professor in physics G. B. Pant Memorial Govt. College – Rampur Bushahar – Dist. Shimla] graced the college. Sir gave a captivating talk on the topic. This talk was designed to inspire students and faculty alike to harness the power of Scilab in their pursuit of understanding and advancing the field of physics.

Physics



25

Field visit to explore local flora (Jakhu Hills): The department of Botany organized a local field visit for M.Sc. students At 11:00 am, 33 students along with faculty members Dr. Kusum and Dr. Sangeeta Sharma went from college premises to Jakhu Hills to explore the local vegetation growing in and around the areas.

Botany



26

Hiroshima Remembrance Day: The history department of St. Bede's college orchestrated Hiroshima remembrance day . The event was supervised under the proficient guidance of the department's convener Mrs. Punam Chauhan . The event took place on 6th August 2023 .

History



27

National Seminar On Tribal Society, Linguistic Landscape and Their Traditional Knowledge System
The event was held at state museum Shimla in which 15 students from history department of St. Bede's college participated 7 students from second year and 8 students from third year.

Physics

Presentations on gradient ,divergence and curl of a vector: The aim of this activity was to make suggestions and clear out the doubts that the children are finding difficult to understand and build confidence among them. Also there was a question answering session regarding the topics which helped the students to gain a detailed insight into their respective topics

29

Quantum Physics Simulations Using Spreadsheets: A workshop was organized by Physics department on 29th September, 2023. The event aimed to introduce students, faculty, and science enthusiasts to the concept of quantum physics and demonstrate how to create quantum physics simulations using common spreadsheet software.

Physics



CELLS AND SOCIETIES

1

Cleanliness drive: On 1 September, 2023 NSS unit of the college conducted a cleanliness drive which aimed to foster a sense of civic responsibility and environmental stewardship among the community.

NSS

7

NCC Enrollment Day: On 7 September, 2023 the enrollment process for the first year students took place. Students engaged in physical challenges, introduction and interview to become the new batch of NCC cadets.

NCC

9

International Webinar on Health: The Health Club of St. Bede's College, Shimla Organized International Webinar in collaboration with ministry of youth affairs and sports on "Complete well-being Physical Mental Health through Traditional Medicine and Yoga"

Health Club



17

Rhymes and verse Poetic Mosaic: On 17th September, 2023 Rhymes and Verses Poetic Mosaic held at Brews and books café was an open event where more than 12 girls of our college were present.

All the 12 participants of our college shared their poetries with the resources persons, they received valuable input on the creative aspects of writing.

Poetry Society

18

Rally On Suicide Prevention: On 18 September, 2023 the NCC Cadets of St. Bede's College under 7HP (I) Coy NCC Shimla conducted a rally on 'Suicide Prevention' from St. Bede's College, Naubahar to Sanjauli. The primary objective of the rally on suicide prevention was to raise awareness about the importance of mental health, promote understanding of the signs of suicide, and encourage support for individuals struggling with mental health issues.

NCC

19

Discussion Forum On Electoral Insights: On the 19th of September, 2023, St. Bede's College in Shimla, India, organized an orientation event aimed at introducing the Electoral Literacy Club (ELC) to the college community, with a particular focus on the new first-year students. It achieved its primary goal of introducing the club to new students and educating them about the importance of electoral literacy.

Electoral Literacy Club

23

Health Club Check Up Camp: On 23, September organized a Health Checkup for School children. The checkup was done for the students of Gout. Primary School, Sanjauli, Shimla. The purpose of the camp was to make students aware about their health and about the importance of the routine checkups.

Health Club

25

Nanhe Sanrakshak: Environment Awareness Cell of St. Bedes college Shimla on 25 September, visited a government primary school- RAJKIYA PRATHMIK PATHSHALA ENGINE GHAR, SANJAULI SHIMLA and organized an awareness program on the occasion of WORLD RIVERS DAY and ENVIRONMENTAL POLLUTION under the theme of NANHE SANRAKSHAK

Environment Awareness Cell

NSS Day: To commemorate the founding of the NSS and to highlight the significance of community service, social responsibility, and volunteerism EVs NSS Unit of St. Bede's College celebrated the NSS Day.

26

Article Writing Competition: On the occasion of World Tourism Day, September 27, 2023, the Yuva Tourism Club organised an Article writing Competition. The topics were— 'Explore Tourism as a Medium of Green India', and 'Tourism is a reflection of History' based on the theme "Tourism and Green Investment".

NSS

27

Inter-Ship Debate Competition: On 27th September 2023, an Inter-ship Debate competition was organised which aimed to enhance student participation and help develop communication and public speaking skills in students.

Debate and Dramatics Cell

Inter – School Declamation Competition: On 27th September, 2023 St. Bede's College Community Outreach cell organized an inter- school declamation competition on the topic "Youth in Legislature Policy making and Governance" (Y20).

Objective: The objective of the event was to polish the speaking and competitive skills of students and provide them platforms to showcase their talents.

Community Outreach Cell





October

DEPARTMENTAL

Date	Activity's Report	Department
3	World habitat day: The Science Department of St. Bedes College conducted an inter-class quiz competition in celebration of World Habitat Day on October 3rd. The event aimed to raise awareness about habitat conservation and its significance in preserving our planet's biodiversity.	Science
5-10	Mental Health Week: St Bedes College in Shimla organized a week-long celebration under the theme Mental Health Week. A survey was conducted on students and teachers to examine the different types of emotions that are being expressed by them. The most common emotion among the population was happiness, while surprise was the least expressed emotion. On October 10th with the theme "Mental Health as a Universal Human Right." The event was organized by the Psychology Department and aimed to educate and advocate for the universal right to mental health care.	Psychology
6	Interactive Session In Collaboration with Olivet University: On October 6th, 2023, St. Bedes College hosted a visit from Daniel Green, special assistant to the University, who came to introduce Olivet University.	
7	Inter Department Debate Competition: The Psychology department conducted an inter department debate competition on the topic, "juvenile justice and mental health". First place: the Department of History; Second place: Department of Economics	Psychology
7-9	Amrit Kalash Yatra under the " Meri Maati Mera Desh" Campaign: The Department of History of St.Bede's college organized a series of activities to celebrate the Meri Maati Mera Desh campaign, a grassroots initiative promoting patriotism and fostering a deeper connection between Indians and their land.	History
11-17	Poverty Eradication Week: Donation Drive, Poster/Sketching Competition: The Economics Department celebrated Poverty Eradication Week from 11-17 October 2023, involving student activities like poster making, film screening, and sensitization programs. The week aimed to raise awareness about poverty and evoke empathy among the public. October 14th, a poster/sketching/cartoon making competition was organized, challenging students to create artwork expressing their opinions on poverty. The winners were Shrooti Sharma and Megha Antil, both BA students. The Department launched a donation drive on October 16th, 2023, encouraging students to donate essential items to the less fortunate. The goal was to provide them with necessities and teach them the art of giving.	Economics
13	Awareness Rally: A poster-making competition and awareness rally were organized by the Department of Geography in collaboration with the Disaster Management Cell on the occasion of International Disaster Risk Reduction Day on October 13, 2023. The theme of the event was "Fighting Inequality for a Resilient Future."	Geography and Disaster Management Cell
15	Global Handwashing Day: Global Handwashing Day is a global advocacy day dedicated to celebrating and advocating for handwashing with soap as an effective and affordable way to prevent diseases.	Microbiology



17

World Food Day: The Botany Department at St. Bede's College organized a Nutritional Food Carnival on October 17, 2023, to raise awareness about healthy eating habits and the nutritional value of various foods. The event, which attracted a diverse audience, provided an interactive platform for students and faculty to engage with nutrition and food science.

Botany



19

Webinar on Cancer Cell Research: The students from the Department of Microbiology attended a webinar entitled "Advances in Cancer Stem Cell Research" on October 19, 2023. This webinar, which was organized by Learn to Upgrade, was a highly informative and engaging event that discussed the latest developments in the field of cancer stem cell research.

Microbiology

19-20

Student and Staff Exchange and Field Survey: A student and staff exchange program was established between St. Bede's College Shimla and Sophia Girl's College Ajmer on October 19 and 20, 2023. The program began with a welcome speech by Principal Prof. Sr. Pearl, followed by an introduction by Dr. Monika Kannan, Dr. Sr. P. Mary Santhi, and a virtual tour of Sophia Girl's College. Lectures were given by Dr. Shilpi Yadev and Mr. Kumar Gaurav, while Mr. Anoop Diltia, Assistant Professor, gave lectures on "Periglacial Landforms" to Sophia Girl's College students.

Geography



30

Savings Day: The Department of Economics organized a Savings Day event to educate students about the importance of saving money and encourage prudent financial habits. Students, pursuing BA Economics Hons 3rd year, organized a morning assembly and a campus-wide donation drive, emphasizing the role of savings in personal finance management and investment. The event was a success, inspiring students to take action towards financial prudence and charitable giving.

Economics

31

Mehendi Competition: Department of Economics of St. Bede's College organized a culturally enriching Mehendi competition on October 31st to celebrate the Karva Chauth festival. The event brought together students and teachers to showcase their creativity and artistic talents through mehndi application.

Economics



CELLS AND SOCIETIES

1

Cleanliness Drive under the theme "Garbage Free India : Swachhta Hi Sewa" GDC Kotshera and St. Bede's College, Shimla, under the guidance of 7HP(1) COY NCC, Shimla, conducted a cleanliness drive on October 1, 2023, aiming to raise awareness about sanitation and cleanliness. The drive, under the guidance of Col. Desh Raj Gargi, aimed to contribute to the betterment of the community and environment by actively participating in cleaning and maintaining public areas.

NCC



Nukkad Natak: Nukkad Natak, a state-level event, was held on October 1, 2023, at The Ridge, Shimla, aimed at raising awareness about HIV/AIDS among the youth. Students from NSS, NCC, and RRC participated with enthusiasm, delivering a powerful message through street play performances.

Red Ribbon, NCC and NSS

4

Book review competition: The event aimed to encourage students to read and enhance their analytical and summarising skills. Judges Dr. Sapna Sharma and Dr. Gitanjali Mahendra welcomed the students and set the ground rules for the competition. Each ship represented three students, each given three minutes to present a review of a book from various genres.

RESULTS :

First:- INS Himmat - Gauri Sharma(BA Pass Course 1st year)

Second :- INS Vikrant - Jiyaa Julka (BA Pass Course 3rd year)

Third:- INS Chirag - Aadrija (BA English Honours 1st year)

Book Club and Library Department



7

Declamation Competition: The Electoral Literacy Club, led by Sister Mary Shanti, organized an event on October 7th, 2023, at St. Bede's College. The event focused on the influence of fake news on elections, presenting an unconventional approach to equip educators. The event was attended by students from various academic disciplines, including Shruti, who won the competition, and Medhavi, who was a runner-up.

Electoral Literacy Club

10-14

Self Defence Training: On October 10th, 2023, the Women cell organized a Self Defence Training for girls, focusing on teaching confidence and strength. The event was attended by 64 girls, including Ct. Kamal and LC Rajni Sharma, and conveners Dr. Kanu Mehta and Ms. Nivedita Bhardwaj. Taekwondo, a Korean martial art, was introduced, followed by warm-up exercises and a series of attack moves.

Women Cell

METANOIA FOR ECHOES/23

12

Inter Department Folk Singing Competition: Competition was organized by the music club on 12 October 2023 by the music and heritage dept. The event was filled with captivating performances each representing a different region's heritage.

2nd position- Tanvi Hetta(1st year Eng hons.)

3rd position- Priyana(1st year)

1st position- Muskan Negi (Geog hons 2nd year)

Inter Ship Poetry Writing Competition: On October 12th, a poetry competition was held in India to celebrate India's presidency in G20 under Y20. The theme was "Celebrating differences, Cultivating Unity," aiming to educate students about inclusivity, understanding, and respect.

The winners were Ritvika Sharma (Chirag) in English, Ananya Ranta (Vikrant), Shruti (Chirag), and Samridhi Pathak (Himmat).

Music & Heritage



Poetry Society



13-14

Health Fitness Camp: The health club of St. Bede's College organized a health check up for first-year students. The check-up was done for the students on the college campus. There were five parameters for the check up: weight, height, blood pressure, pulse rate, and the Harvard Step Test. A total of 16 students have been tested for the above parameters.

Health Club



14-18

E-Waste Collection Cum Awareness Drive: The Environment Cell of St. Bede's College, Shimla, organized an E-Waste Collection Drive from October 14th-18th, 2023. The objective of the drive was to ensure the scientific management of e-waste. The students brought any electronic or electric device that is no longer in use; further, the e-waste was deposited at the Chotta Shimla H.P. Secretariat on October 18, 2023, with the desired authorities.

Environment Cell



16

Khadi Mahotsav: Khadi Mahotsav, organized by NCC Cadets of St. Bede's College, showcased the significance of hand-woven fabric, khadi, in preserving traditional craftsmanship and supporting rural livelihoods. The event included Slogan Writing, Essay Writing, Short Film Making, and E-Pledge activities, all uploaded on My Gov's website.

NCC

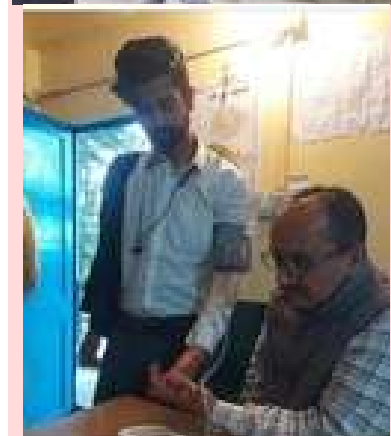
Inter College MUN Competition, Carnival: St. Bede's College in Shimla hosted an inter-college Model United Nations (MUN) event on October 16, 2023, to discuss India's Permanent Membership in the United Nations Security Council. The event aimed to foster diplomatic skills and global awareness among participants, becoming the first college in Shimla to host an inter-college MUN.

MUN, NSS

20

Organization of National Webinar on "Promotion of Indigenous Sports" under the theme of "Y20 Yuvaamathan Model G20" The National Sports Organization (NSO) of St. Bede's College, Shimla, organized a national webinar on "Promotion of Indigenous Sports" under the theme of "Y20 Yuvaamathan Model G20" on October 20, 2023. Prof. K. Jothi Dayanandan from YMCA, College of Physical Education, Chennai, was the keynote speaker of the webinar. The moderator of the webinar was Dr. Gurtej Singh, RIMT, University, Gouindgarh, Punjab. The program started with an introductory speech about Y20 and the G20, followed by a welcome speech for the speakers by the organizers.

NSO



21

Slogan Writing Competition: St. Bede's College organized a Slogan Writing Competition on October 21, 2023, to promote awareness and understanding of electoral literacy among students. The event, organized by the Electoral Literacy Club, involved six participants, including Anandita, who created a slogan expressing the theme of "Informed minds, engaged citizens: Electoral literacy for a vibrant democracy."

ELECTORAL LIT. CLUB

30

Unity Day, Poster and Slogan Writing, Run For Unity, Pledge: St. Bedes College hosted a vibrant Unity Day event on October 30th, 2023, marked by a poster-making and slogan-writing competition. The competition showcased a diverse array of ideas and perspectives through the medium of art, providing students with a platform to express their views on unity.



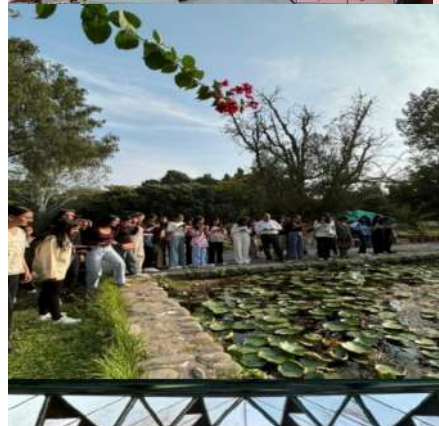


November

DEPARTMENTAL

Date	Activity's Report	Department
3	Compost Sale: The department of Biotechnology and Microbiology of St. Bede's College, Shimla organized a sale of compost on November 3, 2023. The compost was prepared in the composting unit of the college using the food waste material collected from the college mess and canteen.	Biotechnology and microbiology
4	Extension activity: Students visited an old age home in Sanjauli as a part of our commitment to community service. The purpose of this activity was to promote social responsibility among students and create a sense of empathy towards the elderly members of our society.	Political science
4-9	Technology week: The Technology Week organized by the Department of Computer Science, spanning from November 4th to November 9th, proved to be a multifaceted and enriching experience for both participants and attendees	Computer Science
8	Educational visit to Panjab University, Chandigarh: The Department of Botany, St. Bede's College organized an educational visit to Panjab University, Chandigarh for the students of MSc. I and III semester. A group of 32 students along with two faculty members had a goal to enhance the understanding about the significance of Herbarium and Botanical gardens.	Botany
	The Economics Department of St. Bede's College had organized an exuberant carnival to celebrate the festival of lights – Diwali, on November 8th, 2023. It was held in the spacious courtyard of the college. It was inaugurated by the college principal, Prof. Sr. Molly Abraham at 10:40 a.m.	Economics
	Exploring creativity of student :Moving beyond the known The event was organised to focus on fostering students' creativity and improvisational skills. The goal was to encourage spontaneous thinking and boost confidence in expressing ideas on the spot.	Zoology
23	Career counseling and guest lecture on "Biotechnological advancements and career opportunities " The resource person was Dr. Vikas Mangal, Scientist, CPRI Shimla. Dr. Vikas Mangal enlightened the students on the recent developments in the field of molecular breeding and genetic engineering and their benefits to the society.	Biotechnology
24	Seeds of Change: On November 24, 2023 the Department of Economics conducted a community outreach activity in Indira Gandhi Medical College, Shimla where they donated various essential grocery items. These food items were procured with funds generated through diverse departmental events such as the world Savings Day Donation Drive, Mehndi Competition, and the Diwali Carnival.	Economics
29	Guest Lecture on "Traditional Ethnobotanical Knowledge of Native Plant Diversity from Himachal" : The Department of Botany, St. Bede's College organized a guest lecture on "Traditional Ethnobotanical Knowledge of Native Plant Diversity from Himachal" on 29 November, 2023 for Post Graduate and Under Graduate students in the auditorium. The resource person for the guest lecture was Dr. Vaneet Jishtu, Scientist E, ICFRE, HFRI, Panthaghathi, Shim	Botany
6-12	St. Bede's College organized a FITNESS WEEK under the banner of Fit India Movement for college students. Running, Cycling, Muscular Exercise and Poster making on fitness related components were the part of activity	NSO

CELLS AND SOCIETIES



7

Industry connect session: The placement and career guidance cell of St. Bede's College organized an Industry connect session for all the students of the college. The resource person for the day was Mr. Sanjeev Sharma.

Placement and Career Guidance Cell



18

Internship Singing Competition : The internship singing competition was organised by the music club on 18 Nov 2023 and the students from all the ships participated. It was a remarkable event that showcased the immense talent of students from different ships. Competition was based on two categories i.e Indian and Western (solo as well as duet).

Music Club



19

World Heritage Day: St. Bede's College Shimla organized a remarkable World Heritage Week, celebrating the rich cultural and historical treasures that contribute to our global heritage. The week-long event showcased diverse activities aimed at raising awareness and fostering appreciation for the world's heritage sites. Engaging quiz, documentary watching and cultural displays created a vibrant atmosphere, emphasizing the importance of preserving our shared heritage for future generations

Heritage Club



20

Training Programme: The students of Red Ribbon Club of St. Bede's College, attended a one day training program on HIV/AIDS organised by District AIDS protection office, at RKMV Shimla on 20th November 2023. The event was hosted by the ICTC counsellor, Deendayal Upadhyay zonal hospital Shimla.

Red Ribbon Club

22

Nukkad Natak- Transition to sustainable Living: Environment Cell of St. Bede's College organized a Nukkad Natak on the theme, 'TRANSITION TO SUSTAINABLE LIVING' to raise the awareness among the people about the importance of sustainability and its advantages to the future generations. The Nukkad Natak emphasized the concept of 3R's of Sustainable Development that is Reduce, Reuse and Recycle.

Environment Awareness Cell



25

Rangoli Competition: The Red Ribbon Club of St. Bede's College organized On spot Rangoli making competition on November 25, 2023 to create awareness about HIV/AIDS on the theme for year 2023 "Let Communities Lead", promotion of HIV testing, No stigma & discrimination, Routes of transmission and Anti-Retroviral Therapy (ART).

Red Ribbon Club



28

Inter Ship Monologue Competition

The Red Ribbon Club of St. Bede's College organized On spot poster making competition on November 28, 2023 to create awareness about HIV/AIDS on the theme for year 2023 "Let Communities Lead", promotion of HIV testing, No stigma & discrimination, Routes of transmission and Anti-Retroviral Therapy (ART).

Red Ribbon Club

30

Inter Ship Dance Competition: On 30th November, 2023 an Inter-ship Dance Competition was organised by the Dance Society of St. Bede's College on the theme "Women Empowerment". The competition was held under two categories- Solo Dance and Group Dance. The dances were adjudged by Mrs. Sangeeta Sharma (Department of Music) and Ms. Oshen Sharma (Department of English).

Dance Society



December

DEPARTMENTAL

Date

Activity's Report

Department

4

Economics of Art and Culture: A photography competition was organised on the theme of 'Economics of Art and Culture'. The primary aim of the competition was to promote the Indian diaspora and provide an opportunity for students to unleash their creative side. Arts and culture is a representation of a country's past, present and future but it can also be a major economic booster.

Economics



4

Workshop: On December 4, 2023, five students from the Department of Chemistry (Shreya Sharma, Khusboo, Chanshel Chandel, Sanyogita, and Riya Chauhan) attended the Inter-College Lecture Cum Workshop On "Diversity In Chemistry" organised by the Department of Chemistry, Govt. College Sanjauli, Shimla-6 Himachal Pradesh. The main aim of participating in this activity is to educate students about the diversity of chemistry. Students will gain experience for upcoming exams through quizzes, debates, and lectures.

Mocktest for competitive exams: The Department of Commerce & Management in collaboration with the IBS, ICFAI Business School organised a Mock test for competitive exam aspirants. The IBSAT Mock test was a one-hour offline test for third year students. All the students from various departments appeared in the test. It was a great learning experience for all the students as with the help of the test they can analyse their performance and make necessary changes to avoid the same mistakes in the actual examination.

7

Hands On Training: The department of Biotechnology and Microbiology of St. Bede's College in collaboration with Jaypee University of Information Technology conducted a one day workshop on Hands on Training in Molecular Biology. Professor Sudhir Sayal and his team from Jaypee University of Information Technology demonstrated several laboratory techniques of molecular biology and bioinformatics such as DNA isolation and sequence analysis to the undergraduate students.

13

Lecture: Dr. Madhu Thakur, an Assistant Professor in the Department of Chemistry, delivered a lecture to the students of M.Sc. Botany 1st Semester. The lecture covered various topics related to basic principles of thermodynamics, enthalpy and entropy, redox potential, and enzyme kinetics, specifically the Michaelis-Menten equation.

22

National Mathematic Day: The mathematics department celebrated National Mathematics Day on the occasion of the birth anniversary of renowned Indian mathematician S.Ramanujan. Students of all years of the Bsc course participated in various activities like Quiz competition, Video making competition and presentations on the the topic ' Life and Works of Ramanujan'. At the end of the event, as students and mathematics enthusiasts we appreciated S Ramanujan and his contributions to the world of mathematics.

CELLS AND SOCIETIES

1

Workshop on World's AIDS Day: Students of St. Bede's College, attended a workshop on the occasion of World AIDS Day at Peterhoff Shimla. The event was graced by the presence of Chief minister Mr. Sukhwinder Singh Sukhu as the guest of honour. The workshop was organized to commemorate World AIDS Day and raise awareness about HIV/AIDS prevention, treatment, and support services available in the communities.

2

Flash Mob: The Red Ribbon Club of St. Bede's College in collaboration with Himachal Pradesh State AIDS Control Society (HPSACS) organized Flash Mob at Sanjauli Chowk, Shimla to create awareness about HIV/AIDS. Twenty-one Students performed in Flash Mob Awareness Program on the Theme "Let Communities Lead".

4

NCC Carnival: On 04 December, 2023 the NCC Unit, St. Bede's College Shimla organized a carnival on the occasion of NCC Day. The carnival recognized the exemplary performance and outstanding stalls by the Cadets. For the entertainment of the college students, game stalls were also put up. The carnival provided an opportunity for cadets to showcase their abilities while fostering a sense of pride and community within the NCC.

6

Session on Substance Use: NCC Unit, St. Bede's College under 7 HP (I) COY NCC SHIMLA in collaboration with the Health Club organised a session on substance use (drug) prevention.

9

Interactive session: St. Bede's College organised an interactive session for the students under the theme of "Structure and Functioning of NDMA" and to increase awareness amongst the students regarding the apex body responsible for regulating and managing disasters. Around thirty students attended the session. The session commenced with a brief awareness speech about disasters delivered by Mr. Anoop Dilla, the Cell Convenor.

Chemistry

Commerce and Management

Biotechnology

Botany

Mathematics

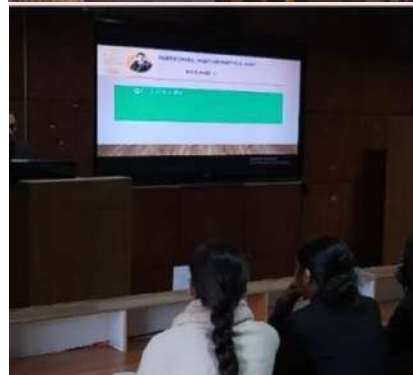
Red ribbon club

Red ribbon club

NCC

NCC AND HEALTH CLUB

Disaster management cell



11

Bhartiya Bhasha Divas: The College celebrated the launch of "75-day Bharatiya Bhasha Utsav". On this occasion poetry society organised a panel discussion. There were total four panellists. The discussion briefed about the poets, their content and style of writing which was an opportunity for everyone to learn. The hard work of the panellists paid off as by the end of the event the real message of what exactly a free nation was that the poets dreamt of and the relevance of the poetry reached out to the audience.

POETRY SOCIETY

Language through Art: The three societies along with NSO, Yuva Tourism Club collaborated for a language art exhibition "Language Through Art". The Disaster Management Cell hosted a slogan writing competition and many more. The Poetry Society organized a panel discussion, and the celebration included numerous dance performances representing different regions of India. The event succeeded in engaging every student, fostering a vibrant and inclusive atmosphere.

Women cell, electoral club & MUN society.
Photography society

Culture, regionalism and linguistic diversity of India: St. Bede's college to celebrate the Bharatiya bhasha divas on culture, regionalism and linguistic diversity of India. The event was graced by the Principal of the college. The event started with the lighting of the Panchdeep, followed by the classical dance and various other activities like folk music, musical play, open mic, ramp walk, nukkad natak which showcased the diversity of cultures and languages of our country.

Musical Play: St Bede's college celebrated its cultural function "Bhartiya Bhasha Divas". The Cultural society had put forward a mesmerizing musical play performance under the guidelines of Mrs. Sangeeta. The crowd was also thrilled by the grooving tunes played by the various participants.

Cultural society

12

Quiz competition and Career guidance session: The Placement and Career Guidance Cell in collaboration with Raj Malhotra IAS Study Hub organized a Quiz competition and Career guidance session. The resource person, Mr. Harshit Bahmani, began the session with a PowerPoint presentation on Earth's geographic features, issues such as global warming and climate change. After the ppt, an IAS aspirant - Mr. Sumit Interacted with Hetalked about the exam pattern, syllabus, optional subject, etc. and instilled students with great enthusiasm and motivation. Lastly, a quiz competition was conducted by Mr. Ravi Aryan and students were given prizes for every correct answer. It was a very engrossing and knowledgeable session as students learnt many new things.

Career guidance cell

16

Electoral Echoes: Stories That Count: The Electoral Literacy Club (ELC) at St. Bede's College Shimla orchestrated a remarkable event titled "Electoral Echoes: Stories That Count." it served as a testament to the ELC's dedication to nurturing informed and responsible citizens, and making a positive impact on the college community. The event concluded with a renewed sense of purpose, among the students.

Electoral literacy club

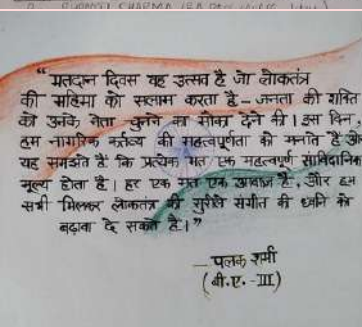
18

Christmas Celebration: Community Outreach Cell organized a heartwarming Christmas celebration at the Namgyal Monastery Old Age Home, Sanjauli. The main aim of organizing this event was to bring joy, warmth, and festive spirit to the elderly. Students also served Christmas treats and distributed gifts to the elderly attendees. Event created a festive and joyful atmosphere and fostered a sense of community services. Event served the immediate objective of bringing joy to the elderly residents and also fostered a sense of community service and building connections, among students.

Community outreach cell

24

Donation Drive: On the occasion of Christmas the students of St Bede's college donated ratio to the almighty blessings, a selfless service which provided valuable opportunities for students to grow, learn and develop important life skills.



January

DEPARTMENTAL

Date

Activity's Report

Department

25

National Voters Day: To celebrate and sensitize students and society, the Department of Political Science organized multifarious activities on National Voters' Day. The objective for celebrating this day was to ensure that students understand their right as voters and exercise that right with full knowledge and responsibility. Description: Activities such as poster making, reel making, essay, poetry and slogan writing were performed by students while enjoying their winter vacations at their home.

Political Science



February

DEPARTMENTAL

Date	Activity's Report	Department
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17 Economics Documentary Screening: Economics department had organised a screening of an economic documentary on February 17, 2024. The documentary was based upon the ambitious project of Mr. Ratan Tata to build an efficient and affordable car – Tata Nano, which would meet the needs of the common Indian people. The students of Economics honours as well as GE economics actively participated in the activity and were thrilled to gain insights into the real-life economic applications of the basic concepts of Economics.

ECONOMICS

23 Cyber Security and Awareness: The Department of Computer Science of St. Bede's College, Shimla under the guidance of Principal Prof. Sr. Molly Abraham organized a talk on "Cyber Security and Awareness" on February 23, 2024, for the faculty and the students at the college. The resource person for the event was Mr. Mohit Chawla DIG Cyber Crime. Mr. Yashwant Thakur, Ms. Manu, Ms. Diksha Sharma and Mr. Kamlesh from the department of police were also present. The students were made aware of potential cyber threats and how to deal with the situation.

COMPUTER SCIENCE

27 Be Colourful Be You: A T Shirt Designing activity was organized by the Department of English to bring out the creative talents of students.

ENGLISH

CELLS AND SOCIETIES

13 National Women's Day: The occasion of National Women's Day was celebrated by Women Cell of St. Bede's College on 13th February under the guidance of conveners of women cell Dr. Kanu Mehta and Ms Nivedita Bhardwaj. Ms Saumya Pareek was the speaker of the day, she is IT head at Grazitti Interactive initiative and Cofounder of Jaipur moms, she included various topics in her speech such as empowerment, essence of being a woman, social issues like patriarchy and inequality etc. she also talked about skill development courses. It was an interesting and interactive session.

WOMEN CELL

20 Hometown Pride Photography Competition: The Hometown Pride Photography Competition was organized by the Photography Society to celebrate the beauty and uniqueness of our hometown. The competition aimed to showcase the talent of student photographers and highlight the charm of our community through captivating images.

PHOTOGRAPHY SOCIETY

22 Fine Arts Exhibition: The Fine Arts Society of St. Bede's College organized an 'Art Exhibition' on 22nd February 2024. The exhibition was organized in the college courtyard. The exhibition was majorly divided into three sections, i.e. display section, selling section, and recycle waste activity section. The display section was a space where students got a chance to showcase their talents. The selling section of the exhibition allowed students to sell or retail their handmade goods. The exhibition also included a recycle paper activity section. The members of the society have been constantly utilizing the recycled paper, which is manufactured in the Paper Recycling Unit in the college itself.

FINE ARTS SOCIETY

23-29

NSS Camp: The 7-day NSS Camp was commenced with an assembly that sets the tone for the day. Volunteers began with a prayer, followed by a 'Thought of the Day' and news updates shared by fellow volunteer. Under this the meditation sessions were conducted by Heartfulness trainers, promoting mental well-being and focus. Volunteers engaged in service activities such as organizing the magazines in the archives section of the college library, contributing to the upkeep and organization of educational resources within the college premises, cleaning the vicinity of the college to promote environmental stewardship, etc. This camp proved to be fruitful for not just the members of NSS but also for the entire college as it indicated 'unity in diversity.'

NSS



28

Miss Jyoti Rana, ADM (Additional District Magistrate, Shimla), was the guest speaker for the day. She gave valuable insights on the theme "Importance of voting in elections". In the afternoon, the archives section of the library was cleaned and books were rearranged.

NSS



March

DEPARTMENTAL



Date

Activity's Report

Department

4

Literary Meet: An Inter College Economics Literary Meet was organised by the Department of Economics, St. Bede's College, Shimla on March 10, 2024. The event was a resounding success as it saw the successful participation of students from various colleges in and around Shimla like Government PG College for Centre of Excellence, Sanjauli, Rajiv Gandhi Government Degree College and Government Degree College Sunni.

ECONOMICS



5

Annual Day: Prize Distribution and Office Laying Down Ceremony was held on 5 March beginning from 10:30 am marked by the presence of Ms. Rupali Thakur (IAS) as the chief guest. The Ceremony included council members handing over their flags along with signing off from their position followed by prize distribution to both academic and non-academic achievers.

13

NCC Raising Day: On 13th March, 2024 the NCC Unit at St. Bede's College under 7 HP (I) COY NCC Shimla celebrated its Raising Day. The event started off with Drill, in which there were total of 13 cadets. Drill was followed by the Felicitation Ceremony in which the accomplishments of the Cadets were recognized.

NCC



16

Graduation Day: On March 16, 2024 the college auditorium bid a farewell to the outgoing students of 2021-2024 batch. The programme commenced with the formal welcome of the Chief Guest, IPS Satwant Atwal Trivedi. This was followed by lighting of the lamp by the Chief Guest Mrs. Satwant Atwal, Principal, Sr. Prof Molly Abraham, and Ms. Punam Chauhan, Dr. Savita Rana and the Judges for the event.

18

'Lit Fiesta': The Department of English organised Lit Fiesta, an intercollege celebration of literature, art, and culture, on March 18, 2024 at St. Bede's College Shimla. This event aimed at celebrating creativity, talent, and passion for literature of the students.

ENGLISH



CELLS AND SOCIETIES

12

Nukkad Natak: The Debates and Dramatics society in collaboration with the Department of Hindi organised a Nukkad Natak titled "Mujhe Kaato Mat, Mujhe Roko Mat" at Amphie Theatre to celebrate International Women's Day.

DEBATES AND
DRAMATICS AND
HINDI

19

Placement Drive: On March 19, 2024 the Placement and Career Guidance Cell of St. Bede's College Shimla organized a State level career carnival inviting aspiring students from all over Himachal Pradesh.

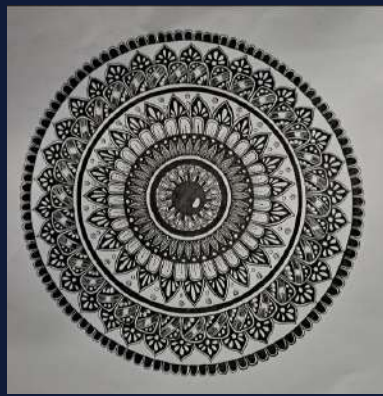
PLACEMENT
CELL

*Art
and
Photography
Section*

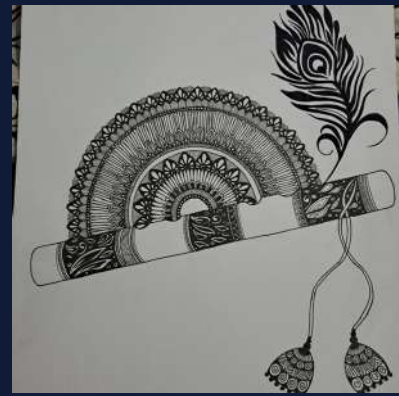




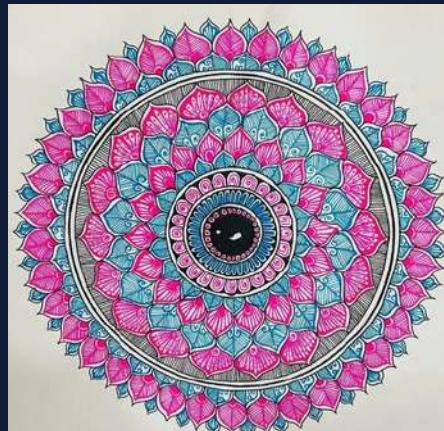
NANDINI THAKUR
BCOM II YEAR



SUDIVYA
PSYCHOLOGY HONS III
YEAR



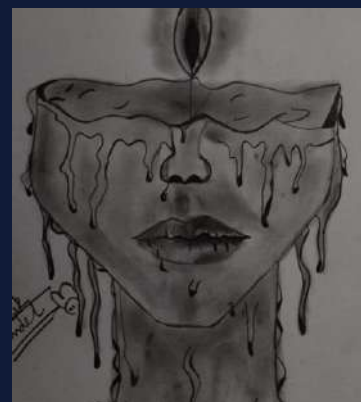
MAMTA MEHRA
BSC BIOTECH HONS I YEAR



RIYA VERMA
BA ENGLISH HONS II
YEAR



PRAPTI JOSEPH REDDY
BA PASS COURSE II YEAR

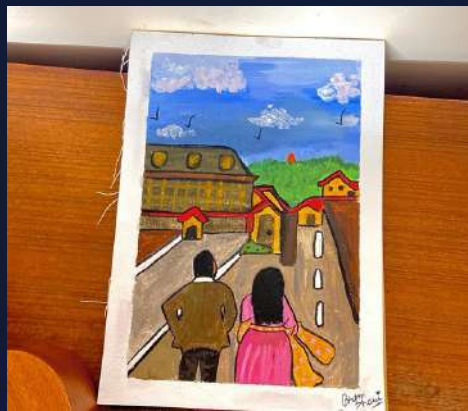


PALLAK CHANDEL
BBA I YEAR





SHAMBHAVI
BA ENG HONS II YEAR



SAMRITI
BA ENG HONS II YEAR



DIVYA UNIYAL
BA ECO HONS II YEAR





ADITI SHARMA
BSC MED II YEAR



MITTALI CHAUHAN
BA PASS COURSE II YEAR



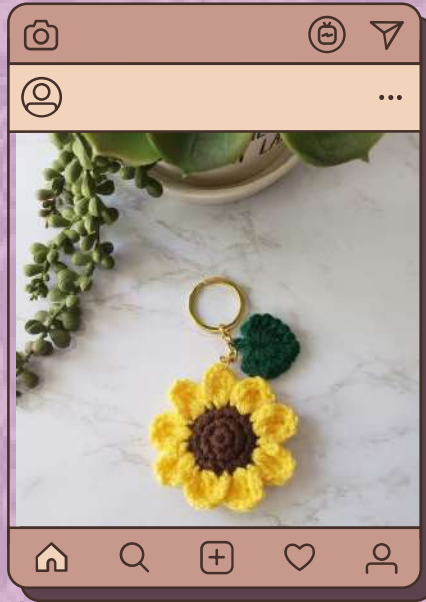
APURVA CHAUHAN
BA ENG HONS III YEAR



warmly_woven

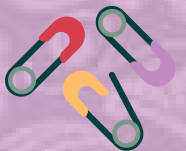


*Crochet to
warm up the soul*



*With every
loop,
weave a
little piece
of my soul
into my
creations*




ARTWORK



Happiness is handmade



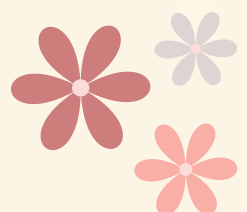
VASUKI THAKUR
BA ENGLISH HONOURS III YEAR



DIVYANSHI
BA ENGLISH HONOURS II YEAR



RAVINDER PREET KAUR
MASTERS ENGLISH LITERATURE (2ND SEMESTER)



**DIKSHA UNIYAL
BA ECO HONS II YEAR**



**MANSI
BA ENG HONS III YEAR**



**APURVA
BA ENG HONS III YEAR**



Poetry AND Book Reviews



A Dawn Of Wander-Samriti



The awakening-Shruti



A vistor -Harshita



Brida -Shreya



And There Were None -Aadrija



The Woman Within- Shambhavi



The Book Of Everlasting Things -
Ridhima



The Fault In Our Dtars- Saizal



A DAWN OF WANDER

*The time passes me by,
as here I stand, with the soft mountain wind splashing
against my tresses,
wondering, about the reality of it all!*

*The dreadful events past me that have profoundly scared
me, the uncontemplable fancies I hold for the
incomprehensible future
and the spectrum of anxious actions that I indulge myself
in during the present.*

*Pounding over all this,
a profane torment lingers in my veins.
My hazel eyes can hardly reflect upon the inscriptions of
Godly splendour;
when memory has stamped on it, the witnesses to bare-
bellies starving for a touch of affection!
All through sleepless nights, death-like, I lay awake,
listening to the empty laughter of riches taunted by the
playful screeching of penniless happiness.
I wonder, if the matter of impartiality have any
implications in the natural order of survival.*

Samriti
BA English hons II year

The Awakening

*Far was the distance between us,
As is the sun from the Earth
So crestfallen was I
Until I was blessed.
Like a dry, pale leaf of a tree,
I fell, not once,
Over and over
Before we met.*

*Fraild by the pain of longingness
Broke down, I became soil,
Yet your life-giving light,
Made me rejoice,
You embraced me each dawn.
I bloomed like a bashful woman.*

*After yearning for years
I sensed sense in disguise,
Since your rays suffused me with life
I gushed with meaning and voice.*

*Is fall akin to death?
A fallen leaf
Dead and Decayed
Gifted a new life.*

*Eager to stand and pose
Like the sun you shined,
Like a sunflower, I bloomed.
Silently drinking your warmth and shine,
I became an albedo*

*Of your goodness
You showered me with light,
I bowed before you every twilight.*

*I sought and found
A message so deep,
Like a sunflower is inane
Without the Sun,
Such is my connection with you,*

*Your eternal love,
Remains embedded
In my heart and soul,
Nourishing me each day, each moment
In the subtle yet vivid paradigm of life,
With your every caress, I Rise.
Drinking ecstasy from your serene eyes.*

Shruti

BA Pass course III year

A visitor

*Smeared prayers on all four walls,
Still it crept its way inside,*

*The prayers didn't work in forbidding his arrival,
And there he saw her, wreathed in dust,
Drowning in the bed,
Her frail body still didn't respond,*

*One step he took forward,
His presence filled the void, the room had preserved all this
time,
Sauntered his way to her, just to get a glimpse of her pale face,
Decrepit with age or loneliness, he wondered,*

*In search of her soul with his desperate eyes,
All there was a morose room with frayed walls
Conscious of his own touch, he amassed all the courage to caress
her head,
Only to realise how lifeless the body was,*

*He too drowned beside her,
The prayers once written on those walls,
Failed to keep her alive,
But something in them kept her in the same place,*

*The prayers whose effect was fading with the exhausted walls,
Didn't hesitate to greet a visitor after all these years.*

**Harshita Thakur
BA English Hons II Year**

Brida

Brida is the main character who wants to learn the art of magic and goes from her reincarnation to her present understanding what lies within her, the true magic spice of life is to let yourself realise you and your insight without a fear of losing and gaining. It also talks about finding a soul mate and love, true one.

This book has an amazing plot, and is an incarnation of creativity!

It's a great book with a lot of wise thoughtful ideas, it's filled with metaphors that you can impose to your life and experience in general.

There are so many lessons to learn from this book...

- 1) When you find your path, you must not be afraid.
- 2) Nothing in the world is ever completely wrong. Even a stopped clock is right twice a day.
- 3) When you find your path, you must not be afraid. You need to have sufficient courage to make mistakes. Disappointment, defeat, and despair are the tools God uses to show us the way.
- 4) Accept what life offers you and try to drink from every cup. All wines should be tasted; some should only be sipped, but with others, drink the whole bottle.

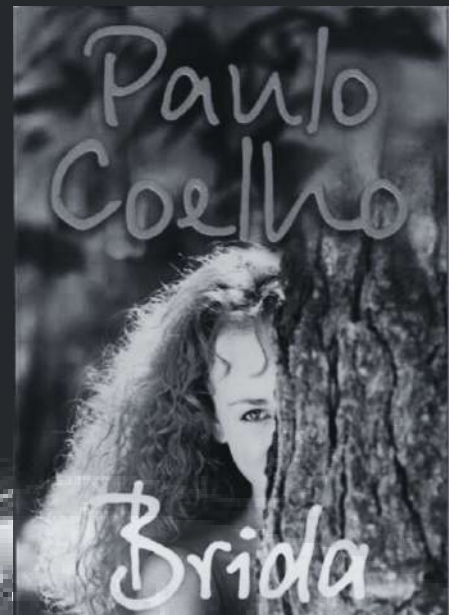
There are many lines which will hit you inside hard but my favourite line from the book is – "Don't bother trying to explain your emotions. Live everything as intensely as you can and keep whatever you felt as a gift from God. The best way to destroy the bridge between the visible and invisible is by trying to explain your emotions "

This book was totally amazing, about the tradition of the moon and the sun, concepts of loneliness and soul mates were explained well.

This is a book which I will suggest you to read when you have an imagination and fantasy for a magical world.

Shreya Thakur

BA English Hons II Year



The Woman Within

-Nitya Ravi (A PSYCHOLOGICAL THRILLER)

Fiction is beautiful because it allows you to escape to a place where everything isn't exactly as it is in your current life .When you read fiction you're able to escape from where you are without ever leaving your couch and that's pretty spectacular. "Reality has a place In fiction." You tend to see the world from a broader perspective and somehow it manages to leave you awestruck.

I love getting lost in a story and live it as if it's happening in front of me and this is exactly what happened to me while reading "The Women Within."

From the beginning, it gets you entangled in its plot. There are many shocking moments and cliffhangers that are nail biting. The plot twist and the ending will leave you as surprised as it has left me .A book that kept me on the edge right from the page 1 and didn't allow me to lend my thought to anything else but its story. I just couldn't stay sane until I reached the end and absorbed the truth .It is an incredible thriller that exposes us to the darker shades of grief and trauma .The sinister plot coupled with the psychological impact of trauma and brings us a story that leaves us confused,shocked ,and maybe a bit heart broken .

The brilliant narrative has got the support of equally amazing narration that shook us and gives us goosebumps.The writing is lucid and the overall appeal of this thriller is too good to miss.

If you are a reader looking for some dark gripping plot that plays with your mind ,do pick this one up!

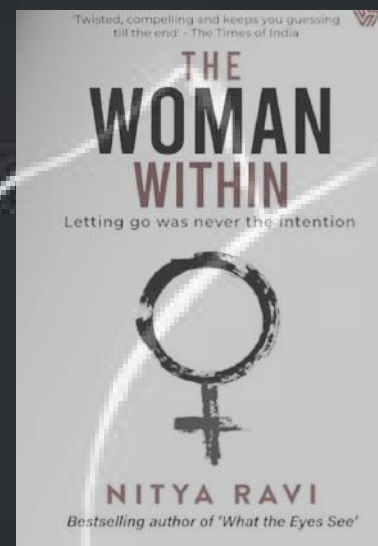
This piece by "Nitya Ravi" keeps you guessing ,manages to creep you out and give you goosebumps, this has it all- thrill, a hint of romance ,the ability to scare you and increase your curiosity to read more and also leaves you emotional for a while. It has it all that you'd never expect it to have and for sure can never disappoint you .

The instances of trauma and its subsequent impacts might not fit well to some.

" IT IS NOT EASY TO LET GO,THIS BOOK SHOWS YOU HOW!"

Shambhavi Sharma

BA English Hons II year



And There Were None

“From now on, it is our task to suspect each and everyone amongst us. Forewarned is forearmed. Take no risks and be alert to danger. That is all.”

This is one of many mysterious quotes found in Agatha Christie’s best selling novel, “And Then There Were None”

Born in Torquay in 1890, Agatha Christie became and still remains the best selling novelist of all time. Best known for her 66 detective novels and 14 short story collection, as well as world’s longest running play- The Mousetrap.

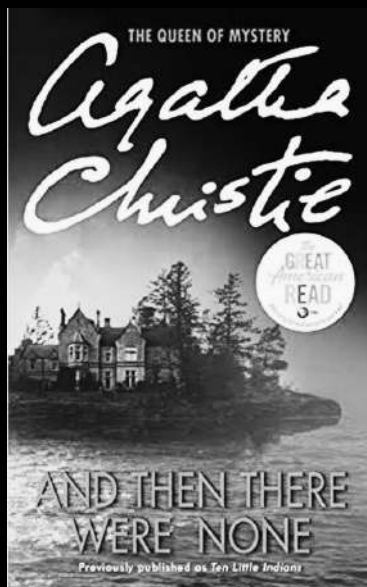
The novel revolves around the stories of ten strangers, all with wide variety of occupation and backstories but all these ten characters have one thing in common i.e. they were invited to an isolated island and following their arrival, people began to die one by one and one thing is very clear that the killer is one among them.

It became my favorite mystery novel of all time. I consider myself to be an avid mystery novel fanatic and this novel made me view mystery from an another dimension. Christie has the ability to trick you into guessing and guessing again, until you feel who the killer is but then comes the plot twist. I have read this novel three times, nonetheless each twist and turn still gives me chills.

One of the lines from her book is “One of us in this very room is in fact the murderer.”

She did an great job differentiating and developing each character with the perfect amount of depth. I don’t think Christie’s intent was for us to particularly like any of characters but to understand each of them piece by piece.

Overall, “And Then There Were None” is a must read for any mystery book fanatic.



Aadrija Chaudhury
BA English Hons / Year

The Book Of Everlasting Things

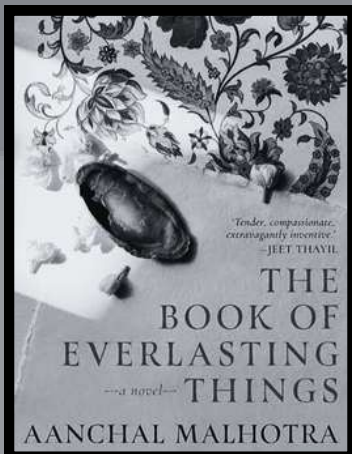
Of Love, Loss and Lahore : The Book Of Everlasting Things by Aanchal Malhotra

“The present had never been enough until it became the past” – Aanchal Malhotra

The Book Of Everlasting Things by Aanchal Malhotra is an illuminating and fascinating historical novel set against the burning backdrop of Lahore in 1947. The story revolves around ten-year-old Samir Vij, who is bequeathed with the gift of smell by his uncle Vivek. Initiated into the art of perfumery, he spends his days among the evocative scents of his family's ittar shop in Anarkali Bazar. Vivek Vij, once a soldier, has a concealed past that no one can enquire into, and any news of war agitates him. One day, a calligrapher walks into their shop with his nine-year-old daughter, Firdaus Khan. Under the able apprenticeship of her father, she is drawn into the shimmering world of calligraphy, and is gifted in her delicate craft.

A tender and gentle love begins to blossom between Samir Vij and Firdaus Khan. Their love story is permeated with the shy fragrance of rose petals throughout the fabric of time. However, as childhood recedes, and they step into a new world of sensibility, around them history is in the making. The end of British rule is just around the threshold but something more tragic rips apart the nation : the Partition. In the ongoing violence, Samir Vij loses his family, legacy and love, tearing him apart from the soil that he once called his home. He is forced to leave behind his homeland, and set his sail to faraway coasts, in order to build a new life for himself. He finds that chance in Paris, where he does find a family to call his own. But, soon Samir finds himself drawn to his Uncle's life, leading him to piece together a hidden past, and also his own unfinished love story in Lahore.

The Book Of Everlasting Things is spread over a vast canvas of time periods and places : from the eighteenth to the twentieth centuries, and from Lahore to Paris. The narrative shifts and morphs, just like fragments of memories in our minds. The book is a rewarding read for everyone who wants to read about the wounds of Partition, and how they still bleed even when they are touched after years.



Ridhima Munjal
BA English Hons / year

The Fault In Our Stars

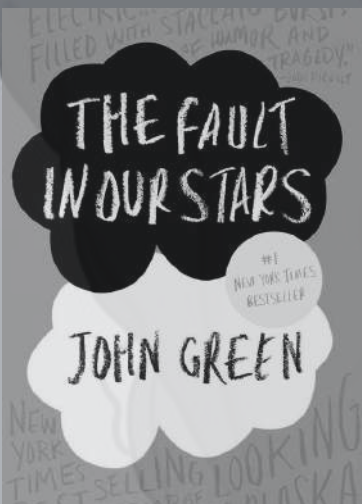
The Fault in Our Stars" by John Green is a beautiful and touching story about loss, and the complexities of life. It follows the journey of Hazel and Augustus, two teenagers who meet in a cancer support group and form a deep bond. Hazel has thyroid cancer that has spread to her lungs, and Augustus is in remission after losing a leg to osteosarcoma.

Despite their circumstances, Hazel and Augustus form a deep connection and share a love for literature. They bond over their favorite book and the author, Peter Van Houten. Their relationship grows as they navigate the challenges of their illnesses together, and they embark on a life-changing journey to meet the author. As we follow Hazel and Augustus through their story we are reminded of the fragility of life, but also Hazel and Augustus remind us to cherish the simple, everyday experiences and to create lasting memories, emphasizing that the briefness of life does not diminish its value.

The characters felt genuine and relatable, and I found myself deeply invested in their story. It's a book that lingers in your thoughts long after you've turned the final page and serves as a gentle reminder to cherish the moments that matter most in life.

John Green's writing style is like a rollercoaster. Sometimes you're laughing out loud at the characters' charming banter, and moments later, you're reaching for the tissues. It's a book that captures the essence of life in its rawest form.

It's the perfect read for you if you're in search of a novel that will stir your emotions, challenge your perspectives and ultimately remind you of the resilience of the human soul.



Saizal
BA Pass Course / year

Articles

and

Special writeups

The Torn Fabric Of
Verses By Ridhima

Pradhan Pati System
By Akshita

Russia-Ukraine War
By Dipti

World of K-Drama
By Neesa Negi

Breaking Barriers
by Saizal

Israel-Hamas War
By Nikita

The Torn Fabric of Verses: Women Poets Forgotten By The Threads Of Time

"For most of history, anonymous was a woman" – Virginia Woolf

Poetry has been used as a form of expression and revolution throughout the years. It takes the reader on an enriching journey from witnessing the golden daffodils beside a glistening lake on a distant mountain, to the burning red of blood on a battlefield. I stumbled upon numerous stories of female poets whose names in history were clouded with a veil of repression who dared to free themselves from the clutches of patriarchal traditions. I compiled a list of six poets here, who inspired me in today's age and showed the power of the word. This list is endless several names are still buried under the burden of time, waiting to be tugged out and heard by us.

1.Sughra Humayun Mirza : Sughra Humayun Mirza was a well-my known writer, poet, and a social reformer who questioned deeply engrained traditions and wanted to bring about social change through her work. She wrote poetry under her pseudonym 'Haya', and also authored novels, essays, and travelogues. Her legacy lives on through the Safdaria Girls High School in Hyderabad, Telangana.

The following is an excerpt from her Nazm 'Tarana-e-Watan', translated from the Urdu.

"Mulki hain hum watan hai mulk-e-dakan hamara
ye hai zamin hamari ye hai watan hamara"

2.Prabhjot Kaur : Prabhjot Kaur was a Punjabi poet who was awarded the Sahitya Akademi Award for her poetry book 'Pabbi' in 1964. Influenced by the freedom struggle, she penned patriotic poems. Her oeuvre includes 24 anthologies of poems and four collections of short stories.

This is an excerpt from her poem 'Turi Jawani Kalli', translated from the Punjabi.

"Who awakened the sleeping memories
how can they awake up from silent childhood,
these pains cry? "

3. Parveen Shakir : Parveen Shakir was a Pakistani poet, teacher, and a civil servant. She is best known for her poems, which brought a distinctive feminine voice to Urdu literature. She was not afraid to confront taboo topics, encouraging other women to express themselves freely. She carved her own path in the literary world, inspiring others who dared to dream.

"We ought to have met,
in another time,
in pursuit of attainable dreams,
below a different sky,
upon a different earth."

4.Fadwa Tuqan : Fadwa Tuqan was a Palestinian poet known for her representations of resistance to Israeli occupation. She has been referred to as the 'Poet of Palestine'. Her poems explore several themes including feminine strength, human suffering, resilience, and the Palestinian people's struggle for freedom.

One of her most well-known poems 'Hamza' , draws in feminine qualities and the distress about the fight against the Israeli occupation:.

"My sister, our land has a throbbing heart,
it doesn't cease to beat, and it endures
the unendurable. It keeps the secrets
of hills and wombs. This land sprouting
with spikes and palms is also the land
that gives birth to a freedom-fighter.
This land, my sister, is a woman."

5.Nadia Anjuman : Nadia Anjuman was born in Herat in Northwestern Afghanistan in 1980. In September 1995, the Taliban captured Herat, and imposed several restrictions on women which severely curtailed their freedom. Anjuman was 21 when the Taliban regime was ousted in 2001. Now free to pursue a formal education, she was accepted to Herat University to study literature and graduated in 2002. While earning her degree, she published her first volume of poetry in 2005, titled 'Dark Flower'. Nadia's fierce tale of courage and determination kindles the reader with a spark for chasing their dreams till the end.

"Music makes no sense anymore—why should I compose,
I am abandoned by time whether I sing or am still".

6.Nazik Al-Malaika : Born in Baghdad, in 1923, to a literary family, Nazik Al-Malaika was an Iraqi poet. She was among the first Arabic poets to use the free verse. She also wrote on the constraints imposed on Arab women, and questioned the male-dominated structure that deprived women to make their own choices in marriage and career. Al-Malaika's work as a poet stands as a testament of Iraq's cultural renaissance in the mid 20th century.

" Why do we fear words
when among them are words like unseen bells,
whose echo announces in our troubled lives
the coming of a period of enchanted dawn,
drenched in love, and life? "

- Ridhima Munjal
BA English Hons I year

RUSSIA - UKRAINE WAR

The Russian invasion of Ukraine on February 2022 shocked the world and sparked the largest military conflict in Europe since World War II. Over the past year, this war has brought devastation to Ukraine, altered European security, strained global food and energy markets, and pitted Western powers firmly against Russia.

As the war stretched into its second year in 2023, much was still in flux. Russia has illegally annexed four partially-occupied regions of Ukraine, but has lost significant territory after failing to capture the capital Kyiv. Ukraine continues pursuing counter offensives aided by Western weapons. Neither side appears close to military victory or compromise at the negotiating table.

To get a clear hold over this international matter of vitality, we need to adopt a neutral stance where factors like national interest, security, and nationality become key players. Based on past rifts, and present circumstances it is possible to critically assess possible future trajectories and wider impacts moving forward. As in any complex geopolitical crisis, the truth does not fit neatly into binary narratives of heroes and villains. Rather, a clear-eyed view requires acknowledging difficult realities on all sides.

Path to War: History and Geopolitical Tensions :

Contemporary tensions between Russia and Ukraine trace back centuries, amplified since Ukraine gained independence in 1991. Ukraine has since swayed between pro-Western and pro-Russian governments, pulled between linguistic and cultural ties with Russia and a desire for self-determination outside Russia's shadow.

Russia views Ukraine as part of its sphere of influence, closely linked due to linguistic, familial, and economic connections. Moscow saw Ukraine's potential integration with Western institutions like NATO as threatening its security and regional dominance. This sparked Russia's armed support for separatists in eastern Ukraine's Donbas after the 2014 Maidan revolution overthrew Ukraine's pro-Russian leader.

That year marked a major inflection point, with Russia's annexation of Crimea rupturing its relationship with Kyiv irrevocably. It also spurred NATO to boost Eastern European defenses, feeding Russian fears of encirclement. Over 14,000 died in eight years of grinding war in the Donbas preceding 2022.

Moscow's stance: Preventing NATO expansion:

The Kremlin claims NATO expansion towards its borders drove its 2022 invasion. Russia demands Ukraine pledge neutrality and recognize Crimea and the Donbas as Russian lands. It sees toppling Ukraine's pro-Western government as necessary to prevent NATO bases on its doorstep, framing this as an existential security threat.

Russia also claims legitimacy via Eastern Ukraine's large ethnic Russian population. President Vladimir Putin promoted an irredentist nationalism aiming to regain territories once held by the Russian Empire and Soviet Union. Putin denies Ukraine's nationhood, once claiming "Ukraine never had a tradition of genuine statehood."

Kyiv's stance: Defending sovereignty

Ukraine refutes arguments that it is not a distinct nation or that it poses a threat to Russia. Kyiv insists it has the right as an independent state to chart its foreign policy course, including potentially joining NATO one day. Ukraine sees Russia's demands to bar NATO membership, recognize breakaway republics, and relinquish claims to Crimea as violating its territorial integrity. Complying would forfeit Ukraine's hard-fought sovereignty to Moscow.

Kyiv also frames the invasion as blatant imperialist aggression from a former colonial power, not self-defense against NATO. Officials claim giving Russia concessions would only encourage further expansionism.

Invasion and Early Months

After extensive military buildup on Ukraine's borders, Russia launched a full-scale invasion on February 24, 2022, across northern, eastern, and southern fronts. Satellite imagery exposed a 64-kilometer mechanized convoy headed towards Kyiv, showing Russia's initial goal of quickly capturing Ukraine's capital and toppling President Volodymyr Zelenskyy's Western-aligned government.

This failed catastrophically. Ukrainian resistance proved much fiercer than Moscow anticipated, bogging down Russian units. Poor planning, logistics and morale also crippled invading forces. Russia's campaign shifted eastward in April after a month of shelling cities like Kharkiv and Mariupol into rubble. By May, Russian offensives secured control of coastal areas along the Sea of Azov and Black Sea, creating a land bridge from Russia to Crimea. But Kyiv dealt Moscow painful losses around Kharkiv in northeastern and central Ukraine.

Summer Counteroffensives

Ukraine spent early summer acquiring longer-range Western artillery and rocket systems, enabling more precision strikes on Russian ammunition depots and command posts. This helped weaken Russia's combat advantage ahead of Ukrainian counterattacks.

In late August Kyiv launched a surprise northeastern counteroffensive, rapidly liberating over 3,000 square miles in the Kharkiv region. Russia's front completely collapsed as Ukraine pushed to the Oskil River. A second southern counteroffensive also made gains retaking Kherson Oblast. These victories demonstrated reinvigorated Ukrainian assault capability, along with continued Russian weaknesses.

Moscow Retrenches

Stung by battlefield setbacks, Putin announced a "partial mobilization" of 300,000 reservists in September to reinforce crumbling lines. He also ominously declared willingness to use nuclear weapons to defend occupied lands, sharply escalating war rhetoric.

With newly mobilized men thrown into battle with minimal training, Russia solidified control of eastern territories after intense fighting over Bakhmut and Russian shelling leveled Ukrainian power facilities as winter approached. Frustrated by NATO weapons enabling Ukrainian victories, Moscow began striking civilian infrastructure far from the frontlines, aiming to freeze Ukrainians into submission.

Current Situation

Frontlines have been largely frozen through fall 2022 into winter 2023, though daily exchanges of artillery fire continue causing military and civilian casualties. Russia now occupies around 18% of Ukraine, including the Donbas and Southern coastal areas. Moscow illegally annexed four Ukrainian regions in September, though it only partly controls them.

Both sides are positioned for victory sometime soon. Ukraine may be open to negotiated settlement if it can reclaim pre-February borders, while Russia remains unwilling to fully withdraw amid sunken-cost fallacy. Bitter fighting over Bakhmut suggests Russia hopes pressuring key supply routes can yield incremental land grabs. But its forces seem too depleted for renewed broad offensives. Meanwhile Ukraine faces immense reconstruction costs around \$750 billion.

Conclusion and Wider Impacts

As the war continues, several wider impacts and uncertainties loom. Global food insecurity has spiked given slashed Black Sea grain exports. Energy and commodity prices also remain volatile. And ruptured Russia relations carry risks of wider escalation and authoritarian alliance between Moscow and Beijing. Peace still looks distant until agreements emerge around territorial control, Crimea, NATO expansion, or governance of breakaway regions. US support for Ukraine will also face growing political scrutiny amid domestic concerns.

More optimistically, Russian weaknesses exposed by the invasion could encourage democratic movements and limit Putin's wider regional clout long-term. And Russian attacks have unified Western alliances and reinvigorated NATO. But with both sides entrenched, Ukraine's stabilization and reconstruction may take decades, even after violence wanes.

Going forward, the fog of war obscures much. But in this conflict with few pure heroes or villains, the least bad outcome may be a pragmatic peace guaranteeing Ukraine's future sovereignty while balancing wider regional security concerns. That will require nuanced diplomacy appealing to fundamental interests over nationalistic rhetoric. Until more moderate voices prevail, civilians tragically bear the costs of leaders weaponizing identity across Eastern Europe's gray zones.

Dipti Sood

B.A. Pass Course III Year

Breaking Barriers: Women Leading the Way

Women empowerment, a term we all are familiar with, but do we exactly know what is women empowerment? Is it a concept confined only to big offices and political arenas? The answer is complex and brimming with potential. Women empowerment is about more than just equal rights, it's about realizing and unleashing the full potential of half of the world's population. It's about challenging outdated norms, dismantling barriers and providing the opportunities for women to thrive. But why is it important? What happens when women are empowered? According to the World Bank women make up nearly 40% of the global workforce, yet they earn on average 23% less than men. UNESCO reports that more than 130 million girls worldwide are out of school, highlighting the persistent barriers to education that many girls face. So when we empower women we witness the dismantling of these outdated stereotypes, the rise of new role models. When we envision a world where women are empowered, we see a future teeming with possibility, we see a world where every girl grows up believing in her potential, where every woman has the opportunity she deserves and where prosperity and progress knows no gender.

Our own country, India is home to numerous inspiring women who have made significant contributions in various fields serving as role models for empowerment and change. For example, Chanda Kochhar, she was the managing director and CEO of ICICI Bank, one of the largest private sector banks in India. Her leadership and success in the banking sector have been an example for women in the corporate world, demonstrating that women can excel in traditionally male-dominated industries. Mary Kom, also known as "Magnificent Mary," is a renowned Indian boxer and Olympic bronze medalist. She has paved the way for many aspiring female athletes in India.

The music industry and music itself also plays a crucial role in women empowerment. In a world where women's stories are often overshadowed or dismissed Taylor Swift's music has served as a powerful amplifier of women's voices. Her music isn't just about catchy hooks and toe tapping beats. For instance in her song "The Man" she addresses gender inequality and challenges double standards while in "Shake it off" she encourages self confidence and resilience in the face of criticism. Beyond her music, Taylor Swift has used her platform to support and uplift other women, speaking out on issues such as gender equality, body positivity, and the importance of women's voices being heard. So, the next time you find yourself screaming out "Shake it off" or strutting down the street to the beat of "The Man" remember that you're not just listening to music, you're embracing a message of empowerment and resilience.

– Saizal

BA Pass Course 1st year

Israel-Hamas War

A series of coordinated attacks, conducted by the Palestinian Islamist militant group Hamas, from the Gaza strip into bordering areas in Israel, commenced on Saturday, 7 October, 2023, a Sabbath day and date of several Jewish holidays. Hamas meticulously planned for a massacre of Israeli civilians with the goal of provoking Israel to invade Gaza. The attack initiated the 2023 Israel – Hamas war, almost exactly fifty years after the Yom Kippur war began on 6 October, 1973. Hamas and other Palestinian armed groups named the attacks operation Al-Aqsa Flood while they were referred to in Israel as Black Saturday and the 7/10 attacks or 7 October attacks.

Israel has occupied the Palestinian territories, including the Gaza strip, since the Six Day War in 1967. Hamas's objective is the establishment of a Palestinian state within the 1967 borders. Hamas had repeatedly called for the destruction of the state of Israel, to be replaced with an Islamic state, and its 1988 founding charter mandated the killing of Jews. Hamas replaced it with a new document in 2017 that removed antisemitic language and said Hamas's struggle was neither Zionists nor Jews. Prior to the attack, Saudi Arabia warned Israel of an "explosion" as a result of the continued occupation, Egypt had warned of a catastrophe unless there was political progress, and similar warnings were given by Palestinian Authority officials. Less than two months before the attack, King Abdullah II of Jordan lamented that Palestinians have "no civil rights, no freedom of mobility." Since 2006, the Gaza strip has been described as an "open-air prison," due to the ongoing blockade by Israel. Israel and Hamas have fought several wars since then, including in 2009, 2014 and 2021.

Over the course of 2023, before the attack, 247 Palestinians had been killed by Israeli forces, while 39 Israelis were killed by Palestinians. Increases in settler attacks and displaced hundreds of Palestinians, and there were clashes around the Al -Aqsa Mosque, a contested holy site in Jerusalem. On 13 September, five Palestinians were killed at the border. Israel stated that it found explosives hidden in a shipment and halted all exports from Gaza, Hamas denied this. Hamas allowed Palestinians to resume protest at the Israel-Gaza barrier. In response to the ban, Hamas put its forces on high alert and conducted military exercises with

other groups, including openly practicing storming Israeli settlements. On 29 September, Qatar, the UN, and Egypt mediated an argument between Israel and Hamas officials in the Gaza trip to reopen closed crossing points and deescalate tensions; the total number of Gazans with work permits in Israel stood 17,000.

At least 44 nations denounced the attack as terrorism, while Arab and Muslim countries including Qatar, Saudi Arabia, Kuwait, Syria, Iran and Iraq have blamed Israel for the attack. The day is considered the bloodiest in Israel's history and the deadliest for Jews since the Holocaust.

Around 1200 Israelis and foreigners were killed. The attack left over 3,400 wounded, and 247 soldiers and civilian taken hostage. On 19 October, 2023, Israeli officials reported an additional 100 to 200 missing. On October 7, 2023, over 100 civilians were killed in the Be'eri massacre, including women and children, and over 270 attendees were killed at a music festival in Re'im. The great number and geographical spread of the victims made locating all of their remains difficult. At least 247 Israelis were taken hostage by Hamas and transported to the Gaza strip. The bodies of the victims were found mutilated and tactics displayed were severe compared to past Hamas actions, with bodies showing signs of torture and extreme violence. Groups of children were reportedly found tied up and burned alive. Signs of rape and excessive violence on the bodies of women and girls from several sites. Doing all these atrocities onto the innocent people, Hamas denied killing any civilians, including children in it.

The big question remains as to how long will this conflict last and how many innocent lives will this war take in pursuit of personal agendas which are being veiled behind religious conflicts and their desire to take a befitting 'revenge'. This is high time that people stop misinterpreting this conflict as a conflict between Israel and Palestine and start viewing Hamas as it truly is – a terrorist group and not a Great O' Savior of Palestine.

NIKITA THAKUR
BA ENGLISH HONS II YEAR

PRADHAN PATI SYSTEM

The Sarpanch is the elected head of a Gram Panchayat in India, that's the primary unit of local self-authorities in rural regions. The Gram Panchayat is a village-stage administrative body that performs a crucial function in neighborhood governance.

When a “woman” is elected as a Sarpanch, it is considered a large step towards women's empowerment and gender equality in neighborhood governance. The woman Sarpanch plays a vital function in selection-making, improvement making plans, and addressing the wishes of the village community. Her leadership contributes to breaking gender stereotypes and promoting inclusivity within the political landscape at the grassroots stage.

However, challenges may additionally rise up because of prevailing gender biases or resistance to exchange in certain areas. Some groups may additionally absolutely guide and appreciate the leadership of a girl Sarpanch, even as others may also take time to alter to the concept of girls retaining prominent positions in local governance.

Sarpanch-patism is a time period used to explain the situation in which men act as “sarpanch-pati, pradhan-pati” and many others. Even as wielding the real political and choice-making strength at the back of ladies who are elected as sarpanchs or pradhans inside the panchayat device.

It undermines the spirit and reason of girls's reservation in panchayats, which turned into introduced by means of the 73rd Constitutional Amendment Act, 1992 to empower women on the grassroots degree and enhance their socio-monetary conditions via representative democracy. This also violates the constitutional rights and dignity of women, who are decreased to “faceless other halves and daughters-in-regulation” in grassroots of politics.

This can be because of the resistance based at the diversity of cultural and social attitudes across one of a kind areas in India. The attractiveness and fulfillment of a woman Sarpanch regularly depend upon her management abilities, the community's openness to gender equality, and the potential to cope with neighborhood troubles efficiently.

Akshita Chauhan
BA English Hons II year

The Captivating World of K-Drama: A Journey Through Romance, Intrigue, and Cultural Delights"

Korean dramas, affectionately known as K-dramas, have taken the world by storm with their compelling storytelling, breathtaking visuals, and irresistible charm. As a fervent enthusiast of K-dramas, I have been captivated by their ability to transport viewers into enchanting worlds filled with romance, intrigue, and cultural delights.

One of the most remarkable aspects of K-dramas is their diverse range of genres, catering to a wide spectrum of tastes and preferences. From heartwarming romantic comedies like "Weightlifting fairy Kim Bok -JOO" to gripping thrillers like "The Penthouse " and epic historical dramas like " MR. Queen" there is something for everyone in the world of K-dramas. Each genre offers its own unique blend of storytelling elements, character dynamics, and emotional resonance, ensuring that viewers are always entertained and engaged.

At the heart of every K-drama lies a compelling storyline that keeps viewers on the edge of their seats and leaves them eagerly anticipating each new episode. Whether it's the epic tale of star-crossed lovers overcoming impossible odds, the thrilling mystery of a crime-solving duo unraveling dark secrets, or the heartwarming journey of self-discovery and growth, K-dramas are renowned for their intricate plots, unexpected twists, and unforgettable characters. The meticulous attention to detail, nuanced character development, and expert pacing ensure that viewers are fully immersed in the story from beginning to end.

Beyond their entertainment value, K-dramas also serve as a window into Korean culture, traditions, and societal norms. From traditional hanbok attire and mouthwatering cuisine to age-old customs and rituals, K-dramas offer a glimpse into the rich tapestry of Korean heritage. Whether set in bustling Seoul streets or idyllic countryside villages, K-dramas beautifully showcase the scenic beauty and cultural diversity of South Korea, inviting viewers to embark on a virtual journey of discovery and exploration.

In recent years, K-dramas have transcended geographical boundaries and captured the hearts of viewers around the world, earning a dedicated fan following that spans continents. The global popularity of K-dramas has led to a flourishing fandom culture, with passionate fans coming together to celebrate their favorite dramas, exchange fan theories and recommendations, and connect with like-minded enthusiasts through online forums and social media platforms. The enthusiastic support of international fans has played a crucial role in propelling K-dramas to new heights of success and cementing their status as a global cultural phenomenon.

In conclusion, K-dramas continue to enchant audiences worldwide with their captivating storytelling, diverse genres, and rich cultural tapestry. As a fervent enthusiast of K-dramas, I am constantly amazed by their ability to evoke a wide range of emotions, spark meaningful conversations, and foster cross-cultural understanding and appreciation. Whether you're a seasoned fan or a newcomer to the world of K-dramas, there's never been a better time to embark on a journey of discovery and immerse yourself in the enchanting world of Korean television. So grab some popcorn, settle in for a marathon viewing session, and let the magic of K-dramas sweep you away on an unforgettable adventure.

Departmental Activities



Reading week



Secret Santa



DIWALI CELEBRATION

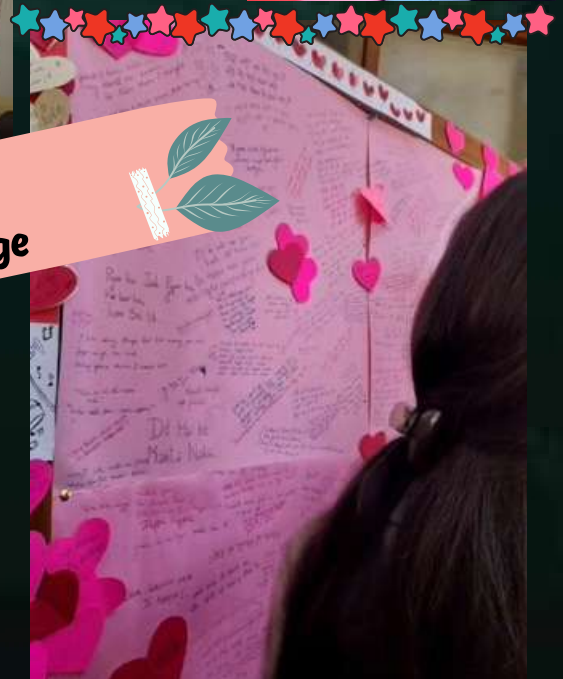
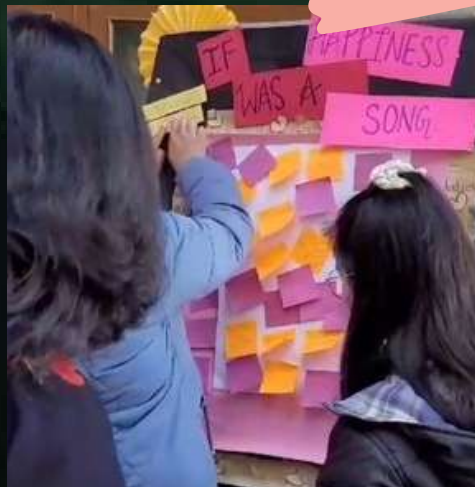


Tree Plantation Drive



Field Survey





Musical Exchange



PU visit





LIT FIESTA

'LIT FIESTA' a celebration of literature, art , and culture, took place on 18th March,2024 at St.Bede's College organised the Department of English. The event aimed to celebrate student's creativity,talent,and passion for literature. The event commenced with the Principal of the college Prof. Sr. Molly Abraham declaring the fest open, followed by a mesmerising semi-classical dance performance by the students. Participants showcased their literary prowess and artistic flair on the stage through activities like Open Mic, Book Cover Designing, Turncoat,and Calligraphy,Literary game quiz.



The students also gave mesmerizing performances on the stage which captivated the audience.The performances showcased the talents of the students and cultural heritage of the state.Students indulged in fun-filled games and savoured delicious treats from food stalls set up by their peers, adding to the festive atmosphere of the event.



NCC





**CADET CHARVEE KANWAR
WAS FELICITATED BY THE
COLLEGE FOR HER
EXTRAORDINARY
PERFORMANCE
AT THE REPUBLIC DAY
CAMP, DELHI 2024.**

**SHE PARTICIPATED IN THE
CULTURAL EVENTS AT
DELHI INCLUDING GROUP
DANCE, NIAP AT THE
BALLET. SHE WAS ALSO
SELECTED FOR BRIEFINGS
IN THE HALL OF FAME.**





Anushka Kalanta - Para Basic Course in Agra



Cadet Yamini - Under 7 HP(1) COY NCC - Army Attachment Camp, Pathankot



IGC - Held in Rupnagar, Punjab
Two Cadets - Cadet Charvee Kanwar
Cadet Aisha Kataria

Brig Roveen , Group Commander, Shimla
Group
Cadet Samriti and Cadet Mannat Sood as Pilots

Cadet Manasvi Singh and Cadet
Ayushi Thakur - RDP at the Ridge 26
Jan





SUO Ivy Bhattan embarked on her remarkable journey since the onset of her college years by participating in both the Basic Leadership Camp (BLC) and National Level Advanced Leadership Camp (ALC) during her second year.

In her third year, she seized even greater opportunities by representing India in the United Kingdom through the Youth Exchange Program (YEP). Being a part in the team of 10 cadets, she traversed Scotland and England, becoming the sole cadet to get selected from Himachal Pradesh, Punjab, Haryana, and Chandigarh for the UK expedition. Her selection for YEP marked a milestone not only for her but also for St. Bede's College, being the first cadet to achieve this feat in the institution's history.

Further demonstrating her dedication, Ivy participated in the Attachment Camp at the Officers Training Academy (OTA) in Chennai and the Republic Day Camp (RDC), becoming the first attendee from St. Bede's. Additionally. Showcasing her commitment, she contributed to the NCC All India Swachh Bharat Marching Contingent for the Prime Minister's Rally, which was organised for the first time in NCC.



These extraordinary achievements culminated in Ivy's recognition with the DG's Commendation Card by Lt Gen Gurbirpal Singh, AVSM, VSM, in acknowledgment of her selection for YEP in UK.

Underscoring her exceptional contributions in NCC, St. Bede's will always wish her the best in life ahead and forever be proud of her being a student of this esteemed institute.



**SUO IVY BHETTAN
BA ENGLISH HONS II YEAR**



METALIOIA FOR ECHOES63

TRIP TO DEHRADUN, RISHIKESH, HARIDWAR, NAINITAL AND JIM CORBET

Our recent trip to Uttarakhand was a beautiful amalgamation of nature, spirituality, adventure, and culture, taking us through some of the most picturesque and revered places in India. The journey began in Dehradun, the gateway to many of Uttarakhand's wonders, and took us through Rishikesh, Jim Corbett National Park, and Nainital, before concluding in the holy city of Haridwar.

Our adventure started in Dehradun, the state capital nestled in the Doon Valley. Our first stop was the Forest Research Institute (FRI), a premier institution in forestry research in India. The sprawling campus, with its Greco-Roman architecture amidst lush greenery, was a sight to behold. Walking through the corridors, we learned about the significant contributions made by the institute in the field of forestry and environmental conservation. Next, we visited the Tapkeshwar Mandir, a cave temple dedicated to Lord Shiva. Situated along a river, the temple has a unique feature where water droplets from the cave ceiling fall on the Shivling, creating a serene ambiance. The faith and devotion at this temple were palpable, offering a moment of reflection and peace.

Our journey then led us to Rishikesh, a city renowned for its spiritual significance and adventure sports. The Laxman Jhula, a suspension bridge across the River Ganga, offered panoramic views of the river and the city. Walking across this iconic bridge was a thrilling experience, with the cool breeze and the rhythmic sound of the river adding to the charm. Parmarth Niketan Ashram, our next destination, was a spiritual retreat. Parmarth Niketan Ashram, nestled on the holy banks of the Ganges in Rishikesh, is a spiritual haven renowned for its serene environment, extensive gardens, and a vast array of idols. Founded in the early 20th century, it hosts the International Yoga Festival and is famous for its daily Ganga Aarti, drawing pilgrims and seekers from around the globe to experience divine tranquility and participate in yoga, meditation, and spiritual discourses.



From the spiritual to the wild, our next destination was Jim Corbett National Park, India's oldest national park and a haven for wildlife enthusiasts. The excitement of going on a jungle safari the next morning was palpable. Venturing into the dense forest at dawn, we were eager to spot tigers, elephants, and other wildlife. The sightings of various birds, deer, and the majestic elephants were enthralling.

Our adventure continued to Nainital, a quaint hill station known for its beautiful lakes and colonial-era architecture. The Tibetan and Bhotia markets were a shopper's paradise, offering an array of handicrafts, woolens, and souvenirs. The vibrant colors, the hustle and bustle, and the aroma of street food made for a lively atmosphere.

Our trip concluded with a return to Jim Corbett for a night's stay before heading to Haridwar the next morning for the Ganga Aarti. Haridwar, one of the seven holiest places in Hinduism, was a fitting end to our journey. The Ganga Aarti at Har Ki Pauri was a soul-stirring experience. As the priests performed the aarti, the chants and the collective spirit of devotion filled the air. Watching the multitude of lamps float away on the Ganga was a reminder of the eternal flow of life and the timeless traditions of India.

Our journey through Uttarakhand was more than just a trip, it was a journey of discovery, spirituality, and connection with nature.

Each destination offered a unique experience, from the tranquility of Dehradun's FRI and the spirituality of Rishikesh's Ganga Aarti to the adventure of Jim Corbett's jungle safari and the charm of Nainital's markets. The concluding Ganga Aarti in Haridwar was a profound spiritual experience that left us with a sense of peace and fulfillment.

*-By Suhani Pathak
BA English Honours III Year*



Sports

CDD Sports Trust provided scholarships to the following 13 student players of St.Bede's College Rs. 5,000/- each

- Divya Uniyal (BA Eco Hons II Year)
- Akshita Chauhan (BA Eng Hons II Year)
- Yashika (BA II Year)
- Prapti Joseph Reddy (BA II Year)
- Roopanshi Gupta (BSc Non Med II Year)
- Sudiksha Mehta (BA Psy Hons II Year)
- Ritul Chauhan (BA Psy Hons II Year)

Basketball

- | | |
|--|-------------------------|
| • Muskan Thakur (BA Geo Hons III Year) | Table Tennis |
| • Archi (BA I Year) | Volleyball |
| • Nikita Thakur (BA II Year) | Judo |
| • Taniya Sharma (BA Eng Hons I Year) | Badminton |
| • Suhani Thakur (B.Com I Year) | Kho-Kho and Kabbadi |
| • Rakshita Chaturvedi (BA Eng Hons I Year) | Badminton and Taekwondo |



Lo and behold! Our college had won the essay writing competition and with that had cleared the Round-1 of the competition. The Round-2 of the competition was to be held in December, 2023 in New Delhi. Our college team prepared their presentation on the topic-“Financial Inclusion”.The team was accompanied by their faculty adviser, Ms. Charu Mukherjee. There were six teams representing the six regions of the North zone. All participants and the faculty advisors were given mementos. It was an enriching experience for the students.

METANOIA FOR ECHOES66

RBI POLICY CHALLENGE

In August a team of 3-4 students wrote an essay on the topic “Deglobalisation : Challenges and Opportunities for India”. This was to be submitted by October, 2023. This competition was a regional level competition wherein colleges from all over Himachal Pradesh had participated. Four students : Manya Pandey (BA Economics Honours 3rd year), Harshita Thakur (BA Economics Honours 2nd year), Diksha Uniyal (BA Economics Honours 2nd year), Nikita Thakur (BA English Honours 2nd year) represented St.bede's college.Subsequently, RBI conveyed the result of the Regional round through e-mail.



G20 inter-college declamation competition



On 12th September, 2023, an Inter-College G20 Declamation Contest was organized by Akashvani and Doordarshan In Rajiv Gandhi Government Degree College, Kotshera. The contest was adjudged by Mr. Jawarhar Kaul, Mr. Amrindar Kumar and Ms. Aarti Sood. Six colleges had participated and each college had sent two of its representatives. Nikita Thakur of BA- English Honors (2nd year) was the first one to present her views on the, "Inclusive Economic Growth and Sustainable Development." She spoke with utmost poise, conviction and confidence and she also bagged the third prize. While sharing her experience about the she said the most spectacular element of the entire contest was that all the participants were females which was highly appreciated by the host of the event. She the participation of girls cited a symbol of true women empowerment and female representation which was highly applauded. The judges commended the participants for their active participation and their performances.

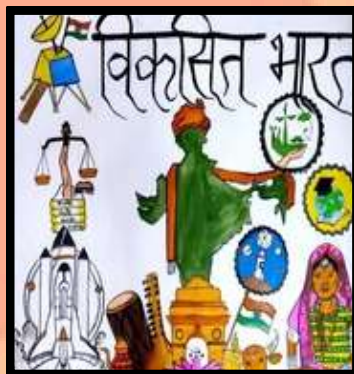
Dance Competition

In May, the students of St.Bede's College went to perform at SJVNL to celebrate it's foundation day. The SJVNL celebrates it's foundation day on 24th May every year. Students performed two dances: prayer dance and classical dance for which they received a cash prize. It was a great learning experience for the students as they were greatly appreciated by the students. In November 2023, the students went to the Governor's house to celebrate the State Hood day of 8 states and 5 union territories.

Four students- Praneeta Kamal of BA Psychology Honours 3rd year, Anushka Dhalta of BA Psychology Honours 3rd year, Vasundhra Kautiyal of BA Psychology Honours 3rd year and Aakshi Dharma of BA Psychology Honours 3rd year of St.Bede's college performed a dance representing Kerala and were appreciated and applauded by the Governor, Shiv Pratap Shukla as well as the audience. They were accompanied by the College Principal Dr. Sr. Molly Abraham, Ms. Titiksha Kamal, Ms. Annette and Ms. Neeta Khanna. The students won a cash prize worth 31,000.



NSS Annual Camp



Alumnae Meet (EBA)

The Ex Alumni Meet (EBA) at St. Bedes College was a memorable event where former students of the institution gathered to reminisce about their time at the college. The event was organized by Mrs. Punam Chauhan. Upon arrival, the ex-bedians were warmly welcomed by the current students of St. Bedes, initiating an engaging exchange of experiences between the past and present generations.

Various activities were meticulously organized to entertain and stir cherished memories. The ex-bedians participated in writing down their favorite memories of the college, fostering a sense of reflection and shared history. The event unfolded with a series of cultural performances, including a mesmerizing semi-classical dance, showcasing the diverse cultural heritage of the region, featuring dance forms such as Nati and Ghida.

A ramp walk was arranged, allowing the alumni to showcase their presence in the order of their respective batch years, adding a touch of elegance to the proceedings. To ensure an atmosphere filled with laughter and joy, a stand-up comedy segment was incorporated, enabling the alumni to share amusing and memorable anecdotes from their college years.

The culmination of the event saw all the alumni coming together to cut a cake, symbolizing another year of successful EBA meetings. This ritual marked the celebration of shared experiences and the enduring bond between the alumni and St. Bedes College.



FRESHERS' 2023

The Freshers' event at St. Bede's College was held on 20th September, 2023 in the college auditorium. It filled the entire college with excitement, talent, and enthusiasm. The event was graced by the presence of The Chief Guest Mrs. Pratibha Thakur and Principal Professor Sister Molly Abraham. The event showcased the incredible talents of the new students as they stepped into the college life with great zeal and vigor. The event started with the auspicious lighting of Panchdeep, following with different dance forms including classical, Western, Punjabi, Haryanvi which presented a diverse cultural view within our college.

The Freshers walked the ramp showcasing their style and confidence, leaving a lasting impression. The Ramp walk was divided into four parts and the selected participants went through a talent round. The esteemed judges Ms. Guneet Kaur and Ms. Sheetal Vyas evaluated all the rounds and selected Top 3 Contestants who faced a final question round.

The Results were announced where Mehak won the title of Ms. Freshers, Vidushi Gupta was the 'First runner up' and Vasundhra Sharma was the 'Second runner up'.

The College Freshers' event at St. Bede's College was an unforgettable day because of the diligence of the Convenor and members of the fresher's team Dr. Raman Bassi, Dr. Preeti Kaundal and Ms. Tania Chauhan respectively who not only celebrated the talents of the incoming students but also fostered a sense of community and camaraderie among the student body. It set the stage for a memorable college journey for all involved.



OLIVET UNIVERSITY

On October 6th, 2023, St. Bedes College hosted a visit from Daniel Green, Special Assistant to the University, who came to introduce Olivet University. The atmosphere was welcoming, with a warm audience eagerly anticipating the presentation. The event featured a vibrant showcase of cultural diversity, including lively performances such as Bhangra, Nati, and Kawali.

Daniel Green delivered a comprehensive presentation, offering crucial insights into Olivet University and its programs. Attendees gained valuable information on the application process for scholarships, enhancing their understanding of the opportunities available. The engagement between Mr. Green and the audience created a positive and interactive environment, fostering a sense of connection with Olivet University.

Bhartiya Bhasha Diwas

"LANGUAGE HARMONY"

St.Bede's College organised the "Bhartiya Bhasha Diwas" on December 11, 2023 under which it's different cells and societies organised various activities. The participants were working for many days to make it a fruitful event and spread the sense of "unity in diversity" among the students. The event began at 11:40 am with the brief introduction about the history of Bhartiya Bhasha Diwas and how by observing this day it helps all the citizens of the country to promote Indian languages. After this the members of the dance society performed a beautiful semi- classical dance which was commended by a huge round applause. This was followed by the performance from the members of the Music Club wherein the participants sang folk songs with the help of different instruments. A musical play was performed by the cultural society, in which they rightly showcased the language harmony prevailing in our country. Their amazing performance was followed by the open mic session organised by the Debates and Dramatics Club wherein the participants showcased their talent of speaking in their native languages. After this mesmerizing session it was time for a Ramp Walk and this was organised by the NSS. This was followed by a Nukkad Natak in which the members of the NCC unit performed and conveyed the message of language harmony beautifully. The Community Outreach cell of the college presented a video on the topic 'Language Diversity' which gave the audience an insight to the different languages spoken all over the country. To add more salt of interest into the entire event the members of the Dance Society staged Nati -the famous dance of Himachal Pradesh. This was followed by the ship representation of the diverse colours of the nation through traditional attires. All the participants were divinely dressed up and appropriately showed the rich diversity in our culture and heritage through their beautiful and charming attires. A skit was performed by the members of the Theatre club and through this they conveyed the message that the Indians truly enjoy and respect each other's language. After this it was time for the dancers of the college to represent the cultural diversity prevailing in the country and they showed that by their jaw-dropping performances which included- Bhangra, Lavni, and Garba. This was a performance which made everyone dance on their seats. Other than all these performance, there were also competitions organised by the different societies of the college. The Environmental cell, organised the poetry writing competition in local dialects in which the students enthusiastically took part. The Disaster Management cell conducted a Slogan Writing Competition under the theme ' Meri Bhasha Meri Pehchaan.' The Heritage club in collaboration with the Yuva Tourism Club organised the screening of a documentary based on linguistic diversity and cultural heritage in the seminar room of the college. The book club of the college conducted a book review competition which was in regional languages wherein the participation of the students was much applauded. The Women Cell organised a Regional Language Learning session for the students under which the students learnt the basics of different languages. The MUN Society, in collaboration with the electoral literacy club conducted the 'Artful Dialogue' competition. Other than these competitions there were fun games too organised for the students to engage in some fun activities. The NSO organised a game in which the players had to first burst the balloons and then eat jalebi as their reward and they named their game as 'Fun activity.' The NCC unit of the college conducted the game called the 'Knock The Tins' which was greatly enjoyed by the students. The Theatre Club also organised a game in which the participants had to guess the word written in regional language on the paper and earn a chocolate as their reward. With this the event came to an end and was appreciated by all the students and teachers.



Introducing Shefali Rapta, a lively second-year Bachelor of Commerce student whose journey from college to the stage is truly inspiring. She entered the world of modeling during her first year after participating in an inter-college competition. Since then, she has achieved prestigious titles such as WFF Miss Himachal 2023 and WFF Miss Shimla 2023.

Beyond her victories, Shefali remains actively engaged in both college and community events. She aspires to establish her own business one day and has ambitions to compete in the Miss India contest to nurture her passion for modeling. She lives by the motto "Simplicity is true wisdom."

Shefali's interests extend beyond beauty contests; she participates in various activities including singing, skits, debates, and speeches. She is a staunch advocate for women's empowerment and fearlessly advocates for herself and others in need of support.

In essence, Shefali Rapta transcends the role of a mere student; she is a determined, ambitious young woman poised to leave her mark on the world.



SHEFALI RAPTA
B.COM II YEAR



Not easy but always real

Sharrin has always believed in setting foot on multiple skills, excelling in them, and moving on to other skills to also transcend in them. For her, life is too short to stick to just one thing. Learning and jumping into everything and anything that came her way was her way of dealing with life. Starting from her schooling at Auckland House School, where it all began, laid the foundation for the bold and athletic girl who would later find herself in a world of music and pageants.

She became Miss Freshers 2022, Miss Glam 2022 and is a gymnast along with black belt in karate.

Life threw curveballs, sure, but being bold and speaking her mind became her way of dealing with it—not always easy but always real.

“ To anyone who shares a similar life story and looks for inspiration, Life's a mess, so be messier. Do whatever you can; it doesn't have to be perfect, but it's always better done. Create your own music, march your own runways, and go right through it.

”



Sharrin
BA Pass Course II year



teachers' day 2023

The Teacher's Day celebrations were held on 5th September, 2023 in the college auditorium. The event was graced by the presence of Principal Professor Sister Molly Abraham, the teaching and the non-teaching staff. The event showcased the incredible talents of the students from all the streams, filling the college auditorium with a huge wave of energy and excitement. The event started with a grand entry for all the teaching and non-teaching staff, followed by the auspicious lighting of Panchdeep. Then a prayer service was held, followed by the first performance of the day, i.e., welcome dance (classical).

Following the classical dance was the Bollywood dance, which was divided into 4 eras. The first Era, i.e., the 60s and Era 2, i.e., the 90s followed the welcome dance. The second era was followed by a group song.

Then came Era 3, i.e., the 2000s-2010s, followed by a game for the teachers. Then came the last era of the Bollywood performance, i.e., Era 4, the 2010s- current. It was followed by a musical play. Then followed the last performance of the evening, i.e., the Nati dance to end the event.





DR. DEVINA AUCHOYBUR

Department of Hindi



The award 'Himalaya Sahitya Srijan Samman', presented by the 'Himalaya Sahitya and Sanskriti Manch Shimla HP,' and received from the Hon'ble Governor, HP, Sh. Shiv Pratap Shukla.

Date of Achievement- 09th December 2023

Brief description: The 'Himalaya Sahitya Srijan Samman' was bestowed upon Dr. Devina Auchoybur, Assistant Professor, Hindi along with four women litterateurs by the Honourable Governor of Himachal Pradesh at a ceremony organized by the 'Himalaya Sahitya and Sanskriti Manch Shimla HP' at Gaiety, Shimla. The award has been presented to Dr. Devina Auchoybur in the recognition of her contribution to the field of Literature through literary writings, critique writings and translation works on women discourse. Her book titled 'Pravasi Sahitya aur Abhimanyu Unut' was recently released.

On September 14, 2023, Dr. Devina Auchoybur, Assistant Professor of St. Bede's College participated in a live interaction session on the topic Vartmaan Yuva Peedhi aur Hindi on occasion of Hindi Diwas on Doordarshan Shimla.



DR.KUSUM

Department of Botany

- Description of Achievement: Noble Indian Best Teacher Award 2024 in Plant Ecology & Biodiversity.
- Date of Achievement: 26th January, 2024.
- Brief Description: International Multidisciplinary Research Foundation Executive Council & IMRF's Awards Committee conferred the Noble Indian Best Teacher Award 2024 in Plant Ecology & Biodiversity. The award was given on 'India's 75th Republic Day & International Day of Education' Celebrations at IMRF Institute of Higher Education & Research Campus, Vijayawada, India on January, 26th 2024.





DR. JYOTIKA BRARI

Department of Zoology

DBT STAR COLLEGE PROGRAM

DBT Star college Program

In 2023, St. Bede's College submitted a proposal and was chosen for the Star College Program by the Department of Biotechnology (DBT), under the Government of India. Dr. Jyotika Brari serves as the project coordinator. The Star College Scheme, funded by the Department of Biotechnology (DBT), is a prestigious initiative aimed at enhancing the quality of science education in undergraduate colleges across India.



Under this scheme, DBT provides grants to educational institutions to support initiatives promoting research, education, and infrastructure development in biotechnology and related fields. The primary focus of the scheme is to strengthen infrastructure and academic resources in colleges to improve teaching and research in the field of sciences. And, to improve critical thinking and hands on experimental work at undergraduate level in sciences and encourage more students to take up higher education in science. As part of this program, a grant of 65 lakhs will be disbursed over a tenure of three years.

Submission of proposal for MOOCS

Dr. Jyotika Brari, from the Department of Zoology, submitted a proposal for the development of MOOCs (Massive Open Online Courses) centered on the six pillars of the Indian Arctic Policy (IAP) for the SWAYAM Platform. The University Grants Commission (UGC) received a total of 92 proposals from Higher Education Institutions, comprising 55 proposals for undergraduate-level courses and 36 for postgraduate-level courses. Following a thorough evaluation of the Expressions of Interest by the UGC Subject Matter Expert Committee, considering parameters such as sample video content, detailed course descriptions, and alignment with the core principles of Arctic Studies, 10 proposals were shortlisted, including St. Bede's College. Dr. Jyotika Brari presented her proposal and participated in face-to-face interactions with the UGC Subject Matter Expert Committee members, which took place at UGC, New Delhi.



DR. ANUPAMA TANDON TOMAR

Associate Professor and Head

Department of Economics

Shaping Tomorrow: Dr. Anupama Tandon's Quest to Combat Violence Against Women



In a significant milestone for academic and societal progress, Dr. Anupama Tandon, who serves as the Associate Professor and Head of the Department of Economics, has received a notable research grant. The Indian Council of Social Science Research, operating under the Ministry of Education, Government of India, has allocated 6.5 lakh rupees towards her research project, which spans a tenure of 2 years. Titled "Addressing Violence Against Women: Assessing the Efficiency and Impact of All Women Police Stations in Himachal Pradesh," this endeavour shows considerable potential in tackling the pressing issue of violence against women.

With an acute awareness of the pressing need to protect and advocate for women's rights and safety, Dr. Tandon's upcoming research is poised to make a substantial impact. By meticulously examining the efficiency and effectiveness of All Women Police Stations (AWPs) in Himachal Pradesh, her work promises to initiate vital conversations and inspire policy reforms aimed at better safeguarding women facing violence.

In a country where the incidence of violence against women remains a persistent challenge, the establishment of AWPs represented a significant step forward. However, as Dr. Tandon's project will underscore, the mere proliferation of such stations is insufficient without a rigorous assessment of their actual impact and effectiveness.

By championing evidence-based interventions and advocating for the rights and safety of women, Dr. Tandon will exemplify the transformative potential of academic research in addressing some of society's most pressing challenges. In anticipating Dr. Anupama Tandon's pioneering work, we celebrate not only her academic excellence but also her unwavering commitment to social justice and equality. Her research will serve as a guiding light, illuminating the path towards a future where every woman can live without the shackles of fear and violence.



DR. PREETI KAUNDAL

Department of Botany

CURIE GRANT DST

Department of Science and Technology (DST) is dedicated at enhancing the participation of women in the field of Science and Technology (S&T) with the ultimate goal of achieving gender parity. Consolidation of University Research for Innovation and Excellence (CURIE) is a special initiative by the DST under WISE-KIRAN division which aims at promoting and supporting research activities in women's institutions. The CURIE Programme provides support to women's institutions in establishing state-of-the-art infrastructure to improve research and development resources, ultimately fostering excellence in the Science & Technology domain. The main objective of CURIE is to enhance research facilities, building research capacity and promote a supportive atmosphere specifically within women's institutions throughout the country.

St. Bede's College submitted its proposal for CURIE grant in the February 2023 with Dr. Preeti Kaundal (Department of Botany) acting as Nodal Officer. A grant of ₹55 lakh has been approved to St. Bede's College with "CURIE Core Grant for Women PG Colleges". St. Bede's has become first college in Himachal Pradesh to be bestowed with CURIE grant by DST.

Dr. Preeti Kaundal
Nodal Officer CURIE Grant



FIVE DAY FACULTY DEVELOPMENT PROGRAMME ON ACADEMIC WRITING AND RESEARCH METHODOLOGY : MULTIDISCIPLINARY

Department of Computer Science organized a Five Day Faculty Development Programme on Academic Writing and Research Methodology: Multidisciplinary, from December 26-30, 2023 in the seminar Hall from 10:00 AM – 4:00 PM. Ms. Chesta Dhingra was the resource person Data Scientist and Analyst from Hero Vired, New Delhi. She interacted with the faculty members with an insightful hands-on training on the use of relevant software required to meet the research and data collection requirements in contemporary times. She emphasized on the method of Qualitative Data Collection, how to use 'Selenium' Library and web scraping to acquire data. Apart from the Python software, the Resource Person trained the attendees on how to download Chrome Driver, install Anaconda software etc. She also shed light on the motive behind using these updated software – to enhance our knowledge on various topics or domains we wish to explore and develop our know-how in order to collect required data efficiently.

Objectives:

The primary objective of the Faculty Development Programme is to provide a platform for the faculty to have deeper understanding of research and data analysis using various online open-source tools and its visualization which will help them in their research work. It typically aims to enhance the skills and knowledge of faculty members across various disciplines.



Grads Nite 2023-2024



The staff, management and the students of St Bede's college organised a farewell party on the theme "Indian Royalty" on March 16, 2024 in the college auditorium to bid a farewell to the outgoing students of 2021-2024 batch.

The programme commenced with the formal welcome of the Chief Guest, IPS Satwant Atwal Trivedi. This was followed by lighting of the lamp by the Chief Guest Md.Satwant Atwal, Prof Molly Abraham, and Ms.Punam Chauhan, Dr. Savita Rana and the Judges for the event. This was followed by a Sufi dance by the students of the college. The day progressed with video presentation on outgoing student and lovely dance performances. The highlight of the event was the "Ramp Walk" which was judged by Ms. Mahima Dutt and Dr. Deepali Dhawal

The contestants had to go through Ramp Walk followed by the Question cum Talent round and finally the Final Question round by the Principal. Following were the results

Miss Bede's - Ms. Apurva Chauhan

First runner up - Praneeta Kamal

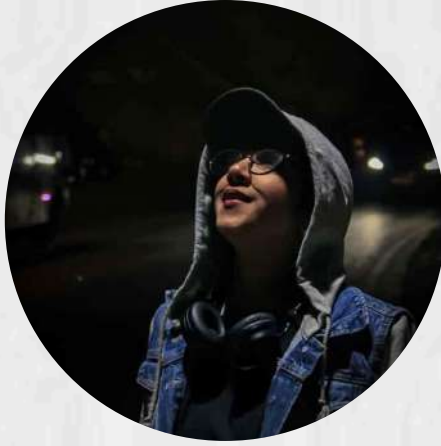
Second Runner up- Arushi Awasthi





WILDLIFE

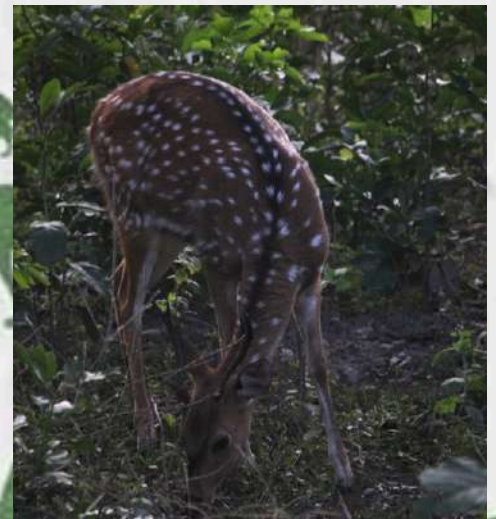
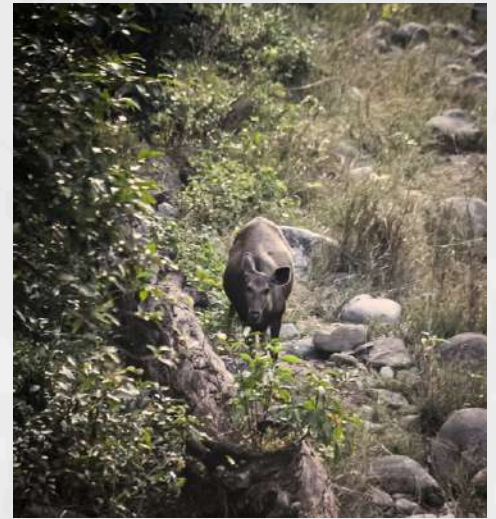
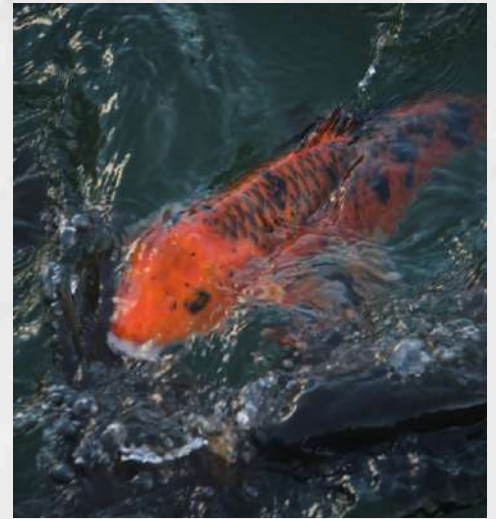
PHOTOGRAPHY



RIDHIMA GUPTA
BA PASS COURSE III YEAR



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The Annual Day celebration at St. Bede's on March 5th was graced by the presence of Ms. Rupali Thakur (IAS). Students who excelled in various competitions throughout the academic session were honored with awards, including the prestigious PTA Awards, Sr. Pascal Scholarship, and Library Award.



Best Ship of the year

INS CHIRAG

Best Ship Runner Up

INS VIKAS



P

D

BA III

Subject	Name of the Student	Position
Psychology	Samridhi Gupta	1st
	Aastha Rohta	2nd
Economics	Abhinandini Gupta	1st
	Mitali Mehta	2nd
Hindi	Shikha Shandil	1st
	Arushi Sharma	2nd
Geography	Pratiksha	1st
	Himani Sharma	2nd
English	Harshita Sharma	1st
	Stuti Sood	2nd
Physical Education	Pallavi Chauhan	1st
Health and Nutrition	Neha Thakur	1st
	Pallavi Seraik	2nd
Political Science	Ritisha Raj	1st
	Nihasa Sirkeck	2nd
History	Anjali Verma	1st
	Alisha Chandel	2nd
Computer Application	Aditi Jhamta	1st

Honours**BA III**

Subject	Name of the Student	Position
Psychology	Himanshi Sahni	1st
	Ananya and Vasundhra	2nd
Economics	Rumjhum	1st
	Shree	2nd
English	Akanksha Abrol	1st
	Muskan Thakur	2nd
Geography	Priyanshi Sharma	1st
	Jyoti Kumari	2nd

BA II

Subject	Name of the Student	Position
Psychology	Vibhooti Chauhan	1st
	Muskan Verma	2nd
Economics	Aastha Raitka	1st
	Yashaswi Mandyal	2nd
Hindi	Tamanna Thakur	1st
	Pranjal	2nd
Compulsory Hindi	Preeti, Shruti, Minakshi	1st
	Riya and Palak	2nd
English	Deepanji	1st
	Samridhi	2nd
Compulsory English	Palk	1st
	Deepanjali Anushka	2nd
Geography	Anushka	1st
	Sejal	2nd
Health and Nutrition	Neha Thakur	1st
	Pallavi Seraik	2nd
Political Science	Minakshi Sharma	1st
	Palk Sharma	2nd
History	Aditi Raj	1st
	Riya Mehta	2nd
Computer Application	Aarshita	1st

Honours BA II

Subject	Name of the Student	Position
Psychology	Yashika Sharma	1st
	Praneeta Kamal	2nd
Economics	Mannat Verma	1st
	Megha Antil	2nd
English	Neesa Negi	1st
	Tamanna	2nd
Geography	Abhiramy Biju	1st
	Tashika Chauhan	2nd

BA I

Subject	Name of the Student	Position
Psychology	Bhumika Verma	1st
	Akriti Bharadwaj	2nd
Economics	Jahnvi	1st
	Tamanna	2nd
Compulsory Hindi	Riya and Sumedha	1st
	Vanshika Sharma	2nd
English	Anushka Chauhan	1st
	Aisha Kataria	2nd
English AECC	Riya Sharma	1st
	Anushka Chauhan	2nd
Compulsory English	Kritika Chaudhary	1st
	Ashima	2nd
Geography	Megha Mahajan	
	Aanya Saroch	1st
Health and Nutrition	Kritika Chaudhary	2nd
	Pema Tashi	1st
Political Science	Fiza Shah	2nd
	Dianoor Aulakh	1st
Music	Riya Sharma	2nd
	Pema Tashi	1st
History	Anshika Singh	2nd
	Ritika Berry	1st
	Anushka Chauhan	2nd

Honours BA I

Subject	Name of the Student	Position
Psychology	Ishita Bharadwaj	1st
	Anushka Kainthla	2nd
Economics	Harshita Thakur	1st
	Shristi Gupta	2nd
English	Harshita Thakur	1st
	Akshita Chauhan	2nd
Geography	Devangi Sharma	1st
	Parul Mehta	2nd

Science B.Sc III

Subject	Name of the Student	Position
Botany	Roopali Diltia	1st
	Priksha Dogra	2nd
Zoology	Aditi	1st
	Muskan Sharma	2nd
Chemistry	Swati	1st
	Mannat	2nd
Physics	Isha Thakur	1st
	Manya Sharma	2nd
Mathematics	Nivedita Thakur	1st
	Aashi Rathaur and Praktiksha Sharma	2nd
Computer science	Navya Thakur	1st
	Deepanjali Thakur	2nd
Microbiology Hons.	Kavita	1st
	Nikita Pal	2nd
Biotechnology Hons.	Nivedita Sharma	1st
	Archana Mullick	2nd

B.Sc II

Subject	Name of the Student	Position
Botany	Riya Thakur	1st
	Swati Verma	2nd
Zoology	Khushboo Sharma	1st
	Samriti	2nd
Chemistry	Sadhna	1st
	Shreya Sharma	2nd
Physics	Aakriti	1st
	Shweta Chauhan & Tanya Dhiman	2nd
Mathematics	Divya	1st
	Divyanshi Desta & Mansi Verma	2nd
Computer science	Shreya Chadha	1st
	Bhawana Verma	1st
Microbiology Hons.	Srijan Chauhan	2nd
	Alisha	1st
Biotechnology Hons.	Aditi Thakur	2nd

M.Sc. Botany

Year	Name of the Student	Position
1st Year	Darika Awasthi	1st
	Akanksha Sharma	2nd
2nd Year	Gurmeet Sharma	1st
	Aakanksha	2nd

B.Sc I

Subject	Name of the Student	Position
Botany	Rishika	1st
	Harshita Banyal	2nd
Zoology	Ridhima Kashyap	1st
	Pranjal Azad	2nd
Chemistry	Shourya Sharma	1st
	Riya Chauhan	2nd
Physics	Aishani Kanwar	1st
	Kritika	2nd
Mathematics	Anushka Thakur	1st
	Himani	2nd
Microbiology Hons.	Neetika	1st
	Anchal Shyam	1st
Biotechnology Hons.	Isha Thakur	2nd

BEST USER OF THE LIBRARY 2023-2024

Ambika Sharma	BA I
Minakshi Sharma	BA III
Himani	M.COM IV
Meritorious student of the year	Ridhima Munjal : BA English Hons I

	Event Name	Name of the Student	Class	Position	Ship
Poetry Society	Inter Ship Poetry Writing Competition	Ritvika Sharma	BCOM II	1st	INS Chirag
		Ananya Ranta	BA Psy Hons III	2nd	INS Vikrant
		Shruti	BA III	1st	INS Chirag
		Samridhi Pathak	BA III	2nd	INS Himmat
Book Club	Inter Ship Book Review Competition	Gauri Negi	BA I	1st	INS Himmat
		Jiya Julka	BA III	2nd	INS Vikrant
	Essay Writing Competition	Saizal Sharma	BA I	1st	
		Shruti	BA III	2nd	
	Book Review Competition in Regional Languages	Gauri Negi	BA I	1st	
		Saizal Sharma	BA I	2nd	

Red Ribbon Club	Rangoli Competition on HIV & AIDS Awareness	Rozali Thapa	BA Eng Hons II	1st
		Aastha Nresht	B.SC Biotech Hons I	2nd
	On Spot Poster Making Competition	Vaishnavi Kashyap	B.SC Biotech Hons III	1st
		Ashana	BA I	2nd
	On Spot Painting Competition	Vaishnavi Kashyap	B.SC Biotech Hons III	1st
		Tamanna	B.SC Biotech Hons I	2nd
	Inter College MUN Session	Dipti Sood	BA III	Best Speaker
		Shruti	BA III	
		Riya Sharma	BA II	

ELC	Anecdote Narration Competition	Aanandita	BA I	1st
		Shruti	BA III	2nd
	Slogan Writing Competition	Aanandita	BA I	1st
	Discussion Forum on Electoral Rights	Prisha Rawal	BA I	1st
		Priya Bhaskar	BA II	2nd
	Declamation competition	Shruti	BA III	1st
		Medhavi	BA I	2nd
	Essay Writing Competition	Palak Sharma	BA III	1st
		Meenakshi Sharma	BA III	2nd

	Inter Ship Essay Writing	Shruti	BA III	1st	INS Chirag
		Meenakshi Kumari	BA III	2nd	INS Vikrant
		Riya Sharma	BA II		INS Vikas

Inter Ship Dance Competition (Group Dance)	Ivy Bhettan	BA Eng Hons III	1st	INS Himmat
	Medhavi Nautiyal	BA Psy Hons I		
	Jyotika Chandel	BA Eng Hons I		
	Shailja Sharma	BA II		
	Sanchi	B.COM I		
	Aakshi Dharma	BA Psy Hons III		
	Sneha Sharma	B.COM I		
	Nandini Sharma	B.COM III		
	Ananya Khoond	B.Sc I		
	Yashika	BA II		

RBI Policy Challenge 2023 (Essay Writing Competition)	Manya Pandey	BA Eco Hons III	1st Regional Round Cash Prize-15,000		
	Harshita Thakur	BA Eco Hons II			
	Nikita Thakur	BA Eng Hons II			
	Diksha Uniyal	BA Eco Hons II			

	Anushka Dhalta	BA Psy Hons III	2nd	INS Chirag
	Mehvish Sauhta	BA Eng Hons II		
	Harmanpreet Kaur	BA Psy Hons I		
	Samaira Sharma	BA Eco Hons II		
	Tamanna	BA Eco Hons II		
	Vasundhara Sharma	B.COM I		
	Akshita Chauhan	BA Eng Hons II		
	Anshul	B.COM I		
Inter Ship Dance Competition (Solo Dance)	Praneeta Kamal	BA Psy Hons III Year	1st	INS Vikas
	Simran Jhaglaik	BA II	2nd	INS Himmat

Debates and Dramatics	Inter Ship Debate Competition	Saizal Sharma	BA I	1st	INS Vikas
		Shreya	BBA II		
		Dipti Sood	BA III	2nd	INS Himmat
		Pushpangi Sud	BBA I		
	Inter Ship Debate Competition Best Speaker	Saizal Sharma	BA I	1st	INS Vikas
		Dipti Sood	BA III	2nd	INS Himmat
	Inter College G20 Declamation Contest	Nikita Thakur	BA Eng Hons II	3rd	

Heritage Club Miraasa	Essay Writing Competition	Shruti	BA III	1st	
		Ridhima Thakur	BA II	2nd	
	Poetry Writing Competition	Abharika Badhwar	B.COM I	1st	
		Shagun Thakur		2nd	
	Short Story Writing Competition	Neesa Negi	BA Eng Hons III	1st	
		Annandita Sharma	BA I	2nd	
	Folk Singing Competition	Muskan Negi	BA Geo Hons II	1st	
		Tanvi Hetta	BA Eng Hons I	2nd	
Yuva Tourism Club	Essay Writing Competition	Mittali Chauhan	BA II	1st	
		Palk Sharma	BA III	2nd	

Theatre Club	Inter Ship Monologue Competition	Akshita Chauhan	BA Eng Hons II	1st	INS Chirag
		Saizal Sharma	BA I	2nd	INS Vikas
		Bhumika Verma	BA II	1st	INS Vikrant
		Aakriti	BA II	2nd	INS Vikas
Music Club	Inter Ship Singing Competition (Solo)	Gunjan	BA III	1st	INS Vikrant
		Simran Jhaglaik	BA II	2nd	INS Himmat
	Inter Ship Singing Competition (Duet)	Nandini & Abhirami		1st	INS Vikas
		Vasundhara & Ridhima		2nd	INS Chirag
	Solo Singing Western	Dhaanya Thakur	BA Eng Hons III	1st	INS Chirag
		Deepanjali	BA III	2nd	INS Vikrant
	Duet Singing Western	Dhaanya & Akshita	BA Eng Hons III & II	1st	INS Chirag
		Shelfali & Shambhavi	B.com II & Eng Hons I	2nd	INS Vikas

Cultural Society	Inter Ship Rangoli Competition	Rozali and Ritul	BA II Year	1st	INS Vikrant
		Aastha and Aditi	BA III Year	2nd	INS Himmat
Environment Cell	Poetry Writing in Local Dialects	Shruti	BA III Year	1st	
		Palak Sharma	BA III Year	2nd	
Fine Arts Society	Poster Making Competition	Samriti	BSC III	1st	
		Aditi	BSC III	2nd	
	Poster Making on Theme - Meri Bhasha Meri Pehchan	Samriti	BSC III	1st	
		Shrooti	BA I	2nd	

Disaster Management Cell	Poster Making Competition	Muskan Negi	BA Geo Hons II	1st	
		Aarti Kumari	BA Geo Hons I	2nd	
		Shreya Thakur	BA Geo Hons II	3rd	
	Slogan Making Competition	Sunidhi Paul	BA Geo Hons I	1st	
		Surabhi Rajpoot	BA Geo Hons III	2nd	
		Ishita Modi	BA Geo Hons III	3rd	

Youth Festival 2023-2024

Certificate of Participation

Cartooning	Garbeeta Ray	BA Eco Hons I
Debates	Harshita Thakur	BA Eco Hons II
Debates	Medhavi Nautiyal	BA Psy Hons I
On Spot Painting	Nandini Singh	BA Eng Hons I
Poster Making	Aditi	BA III
Elocution	Nikita Thakur	BA Eng Hons II

Economics

<i>Event Name</i>	<i>Name of the Student</i>	<i>Class</i>	<i>Position</i>
Poster Making Competition	Shrooti Sharma	BA I	1st
	Megha Antil	BA Eco Hons I	2nd
Short Film Review	Saizal Sharma	BA I	1st
	Medhavi Nautiyal	BA II	2nd
Mehndi Competition	Mantasha Ansari	BA Eng Hons II	1st
	Sarita Sharma	BA Eco Hons II	2nd
Best Outfit Contest	Saijal	BA III	1st
	Yashaswi Mandyal	BA III	2nd
Photography Competition	Harshita Thakur	BA Eco Hons II	1st
	Diksha Uniyal	BA Eco Hons II	2nd

Hindi

<i>Event Name</i>	<i>Name of the Student</i>	<i>Class</i>	<i>Position</i>	<i>Ship</i>
Inter Ship Essay Writing Competition	Riya Sharma	BA III	1st	INS Vikas
	Sejal Verma	BA II	2nd	INS Chirag
Poetry Writing Competition	Sehar	BA II	1st	
	Minakshi Sharma	BA III	2nd	
Psychology and History				
Interdepartmental Debate	Palk	BA III	1st	
	Aastha Bharadwaj	BA I		
Psychology and Economics	Saizal	BA I	2nd	
	Jahnvi Singh	BA III		

Geography

Inter Department Quiz Competition	Anushka Thakur	BA III (Geo)	1st
	Sejal Verma		
	Minakshi Sharma		
	Dipti Sood	BA III	2nd
	Shruti		
	Palk Thakur		

Nutrition and Health Education

Poster Making Competition	Indu Chauhan	BA III	1st
	Neha Thakur	BA III	2nd
Rangoli Competition	Fiza Shah	BA II	1st
	Pema Tsomo	BA II	2nd

	Political Science		
Anecdote Narration	Shruti	BA III	1st
	Palk Sharma	BA III	2nd
Quiz Competition	Meenakshi Kumari and Priya Bhaskar	BA III and BA II	1st
	Annandita Sharma and Diana Kaith	BA I	2nd

SR. PASCAL SCHOLARSHIP FOR 100% ATTENDANCE

Sl. No	Name	Class	Subject
1	MITALI KAISTHA	B.A. I	ENG HONS
2	TANVI HETTA	B.A. I	ENG HONS
3	SHAYONTIKA CHAKROBARTY	B.A. I	ENG HONS
4	NIKITA THAKUR	B.A. II	ENG HONS
5	HARSHITA THAKUR	B.A. II	ENG HONS
6	AMISHA KAINTHLA	B.A. II	ENG HONS
7	SR. MADHUSHREE	B.A. I	ENGLISH
8	SHROOTI	B.A. I	ECONOMICS
9	JAHNVI	B.A. II	ECONOMICS
10	TAMANNA	B.A. II	ECONOMICS
11	DEEPANJALI SHARMA	B.A. III	HISTORY
12	NISHKRITI	BCA-I	BCA
13	PALAK THAKUR	BCA-II	BCA
14	ROOPANSHI GUPTA	BSC- II	PHYSICS
15	HIMANI	BSC- II	PHYSICS
16	ADITI SHARMA	BSC- I	PHYSICS
17	PAYAL MEHTA	BSC- I	PHYSICS
18	SR. RESHMA	BSC-I	PHYSICS
19	KRITIKA	BSC- II	MATHS
20	HIMANI	BSC- II	MATHS
21	PAYAL	BSC- II	MATHS
22	ADITI SHARMA	BSC-I	MATHS
23	ABHIRAMY BIJU	B.A.-III	GEOG HONS
24	TASHIKA CHAUHAN	B.A.-III	GEOG HONS
25	SEJAL VERMA	B.A.-III	GEOG
26	SHRUTI THAKUR	B.A.-III	GEOG
27	SHREYA CHAUHAN	B.A.-II	GEOG HONS
28	DEWANGI SHARMA	B.A.-II	GEOG HONS
29	PARUL MEHTA	B.A.-II	GEOG HONS
30	KRITIKA CHOUDHARY	B.A.-II	GEOG
31	SARGAM SHARMA	BCOM -II	BCOM
32	PRERNA	BCOM -II	BCOM
33	SNEHA	BCOM-I	BCOM
34	SIMRAN DOGRA	BBA-SEM -V	MANAGEMENT
35	DIKSHA	MCOM-I	COMMERCE
36	KHUSBOO SHARMA	BSC- III	ZOOLOGY
37	SAMRITI	BSC- III	ZOOLOGY
38	LAKSHAYA	BSC- III	ZOOLOGY

Award Sponsored By Parent Teacher Association for All Rounder Student

1	Tamanna	BA-III	English Hons
2	Praneeta Kamal	BA-III	Psychology Hons
3	Sejal Verma	BA-III(Pass)	Geography Hons
4	Mannat Verma	BA-III	Economics Hons
5	Dipanjali Sharma	BA-III	English
6	Indu Chaihan	BA-III	Hindi
7	Palk Sharma	BA-III	History
8	Aditi Sankhyan	BA-III	Music
9	Dipti Sood	BA-III	Political Science
10	Arushi Awasthi	B.COM-III	Commerce and Management
11	Ishita Modi	BA-II	Geography Hons
12	Kashish Kashyap	B.COM-III	Cultural Activities
13	Shweta Chauhan	BSC-III	Physics
14	Shreya Sharma	BSC-III	Chemistry
15	Khushboo Sharma	BSC-III	Zoology
16	Swati Sharma	BSC-III	Maths
17	Aashita Sharma	BSC-III	Botany
18	Aditi Thakur	BIOTECH-III	Biotechnology
19	Priyamvada	BCA-III	BCA
20	Divya Uniyal	BA-II	Economics Hons

39	DEEYA BALI	BSC- I	BOTANY
40	KRITIKA PUNDIR	B.A.-II	HINDI
41	RITIKA BERRY	B.A.-II	HINDI
42	YASHIKA SHARMA	B.A.-III	PSYCHOLOG
43	PRIYAL SHARMA	B.A.-III	PSYCHOLOG
44	AASHMEEN KOHRI	B.A.-III	PSYCHOLOG
45	POONAM BHENGRA	B.A.-II	PSYCHOLOG
46	DIVYA VERONICA BAGE	B.A.-II	PSYCHOLOG
47	ANUKSHA KAINTHLA	B.A.-I	PSYCHOLOG
48	VEDANSHI SHARMA	M.A	ENGLISH
49	ANANDITA	B.A-I	HISTORY
50	SEJAL VERMA	B.A-I	HISTORY
51	VIOLET	B.A-II	ENG HONS

Sr.Pascal Memorial Scholarship For Academic excellence			
Sno.	Name of Student	Class	Subject
1	Darika Awasthi	MSc	Botany
2	Jaisai Shekhawat	MA	English
3	Ambika	MCOM- IV	Commerce And management
4	Shruti	BA III	Political Science
5	Meenakshi Kumari	BA III	Political Science
6	Arushi Awasthi	BCOM III	Commerce and Management
7	Deepanjali Sharma	BA III	History
8	Vasuki Thakur	BA III	English Hons
9	Alisha	Biotech III	Biotechnology
10	Samriti	BSC III	Zoology
11	Abhiramy Biju	BA III	Geography Hons
12	Tashika Chauhan	BA III	Geography Hons
13	Yashika Sharma	BA III	Psychology Hons
14	Tamanna Thakur	BA III	Hindi
15	Vibhooti Chauhan	BA III P.C	Psychology
16	Tanya Dhiman	BSC III	Physics
17	Shreya Chadda	BSC III	Computer science
18	Minakshi Sharma	BA III	Hindi
19	Priya Bhaskar	BA II	Political Science
20	Ritika Berry	BA II	History
21	Shefali Rapta	BCOM II	Commerce and Management
22	Roopanshi Gupta	BSC II	Maths
23	Shreya Thakur	BA II	English Hons
24	Nikita Thakur	BA II	English Hons
25	Sayogita Chauhan	BSC II	Chemistry
26	Shourya Sharma	BSC II	Chemistry
27	Abha	BSC II	Chemistry
28	Aditi Sharma	BSC II	Zoology
29	Vrinda Sharma	BA II	Psychology Hons
30	Roopanshi Gupta	BSC II	Physics
31	Payal Mehta	BSC II	Physics
32	Harshita Thakur	BA II	Economics Hons
33	Shrishti Gupta	BA II	Economics Hons
34	Diksha Uniyal	BA II	Economics Hons
35	Dianoor Aulakh	BA II	Economics
Name of the student			
	Year	Subject	
36	Deeya Bali	BSC I	Zoology

हिन्दी

विभाग

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दो शब्द

हर वर्ष की तरह इस वर्ष भी सेंट वीड्स महाविद्यालय 'इकोज' पत्रिका का नवीन संस्करण आप पाठकों के समक्ष प्रस्तुत कर रहा है। इसमें हिंदी विभाग की ओर से सम्पादित अनुभाग हमारी छात्राओं की कड़ी मेहनत, अथक प्रयासों और सम्पादन-कौशल की झलकियाँ प्रस्तुत करता है। किसी भी शैक्षणिक संस्था की ओर से प्रकाशित पत्रिका उन समस्त प्रतिभाओं और योग्यताओं की निधि होती है जिसका प्रस्तुतीकरण संस्था की अकादमिक रूढ़ता को दर्शाता है। 'इकोज' पत्रिका का सम्पादन मंडल इस कार्य का निर्वाह भली-भाँति करता आ रहा है। इसके साथ ही छात्राओं के सर्जनात्मक लेखन, सम्पादन, सामूहिक-कार्य आदि कौशलों को निखारने का यह एक अति सहायक मंच भी है,



जिसका उपयोग करने का प्रोत्साहन हम छात्राओं को निरंतर देते हैं। छात्राओं के व्यक्तित्व और कृतित्व को निखारने में हिंदी विभाग यँ ही सतत प्रयासरत है और रहेगा। प्रधान सम्पादिका की ओर से यह आश्वासन है। समसामयिक वैश्विक ज्वलंत मुद्दों को प्रोत्साहित करती यह पत्रिका आप सुधि पाठकों को समर्पित है।

बन्धवाद !

डॉ देविना अक्षयवर,
प्रधान सम्पादिका,
हिंदी विभाग



सम्पादिका की कलम से

सेंट बीड्स महाविद्यालय की वार्षिक पत्रिका 'इकोज' के 2023-24 संस्करण के हिंदी अनुभाग की सम्पादिका के रूप में मुझे काम करने का सौभाग्य मिला। इसके लिए सबसे पहले मैं ईश्वर का, अपने माता-पिता, अपने दादा जी का और अपने गुरुजनों का आभार मानती हूँ।

प्रिय पाठको ! जब आप इस पत्रिका के पन्ने पलटेंगे तब आप पाएँगे कि हमारे महाविद्यालय की छात्राएँ कितनी प्रतिभाशाली और सर्जनात्मक लेखन में उनकी कितनी रुचि है। यदि एक ओर कविताओं में छात्राओं का प्रकृति-प्रेम, बचपन की यादें, अपने देश की संस्कृति - मानव मूल्य, शिक्षा के प्रति आस्था, आदि विभिन्न विषयों पर उनके अद्भुत विचार झलकते हैं, तो दूसरी ओर उन्होंने ऐसी संदेशवाहक और सामाजिक मुद्दों पर प्रकाश डालने वाली कहानियाँ और समीक्षात्मक लेख भी लिखे हैं जिससे न सिर्फ उनकी प्रतिभा झलकती है, बल्कि एक बेहतर समाज के निर्माण में उनकी वैचारिक सुध-बुध का भी परिचय मिलता है।

छात्र सम्पादिका का पद सँभालते हुए मैंने बहुत कुछ सीखा जो मुझे जीवन भर याद रहेगा। हिंदी भाषा में टंकण और सम्पादन से लेकर नेतृत्व, सामूहिक कार्य - कुशलता और आपसी सहयोग की भावना, इन सब का अनुभव हमारा महाविद्यालय और विशेष रूप से हिंदी विभाग हमें प्रदान करता है।

इसके लिए मैं हिंदी विभाग की अपनी प्राध्यापिकाओं, डॉ. देविना अक्षयवर और सुश्री अंजना देवी का हार्दिक आभार मानती हूँ, जिन्होंने मुझे इस चुनौतीपूर्ण कार्य को पूर्ण करने का अनवरत प्रोत्साहन दिया और मार्गदर्शन किया।

मैं उन सभी छात्राओं को भी धन्यवाद ज्ञापित करती हूँ, जिन्होंने अपनी रचनाओं से इस पत्रिका को समृद्ध किया।

भवदीया
मीनाक्षी शर्मा
बी. ए. तृतीय वर्ष

मन के झरोखे से

आइना

तुम्हारा चेहरा जानता हूँ,
तुम्हें मैं पहचानता हूँ।
असलियत दिखाना खासियत है मेरी—
आइना मैं कहलाता हूँ।
मेरे सामने खड़े होकर,
कभी हसकर, कभी रोकर,
बुद को जो तुम दिखाते हो,
लेकिन सच क्यों छिपाते हो?
खुश में ही तुम चेहरे पर खुशी दिखाते हो
खुश में ही तुम अपना दिल बहलाते हो।
कभी करते बातें, कभी गुनगुनाते हो,
कभी खुद से ही तुम शर्माते हो।
क्यों? कभी सोचता हूँ —
जब तुम खुद से सपने बुनते हो,
बुद को अलग चुनते हो,
तो दुनिया भर की बातें क्यों सुनते हो ?
क्या खुद पर कोई विश्वास नहीं?
ओह! ठोकरों से डर लगता है? !
या लड़ने का साहस नहीं?
ही दो मैं ही हूँ, जो तुम्हें उड़ता देखता हूँ।
ही दो मैं ही हूँ, जो तुम्हें गिरता देखता हूँ।
जीतके आना — खुशी के आँसू देखने हैं।
ही मैं आइना, तुम से ही तुमको देखता हूँ।

सुश्री वृत्ति शर्मा
बी.ए. प्रथम वर्ष

जग वाला मेला

जग वाला मेला ओ लोकों थोड़ी देर दा !
हंस देया रात मूक गयी पता नी सबेर दा !
आजकल दे बच्चेया ने फैशन बना लिया
अम्मीं दियांन रोटियां छड़ के पिज्जा अपना लेया,
दूध प्यू छड़ के चिड़ा अपना लेया।
खेलां दे मैदान छड़ के फोन अपना लेया,
आज कल दे पुत्रां ने जुल्म कमा लेया
स्याण्यो नू तंग करके घरा ते निकाल दिया
आजकल दी बहुआं ने बहाना ये बना लिया,
घरा देया कामा छड़ के मनरेगा ला लेया।
पढाइयो दा भी देखो लोकों नया दौर आ गया,
गुरुओं दी लोड घट गयी, ऑनलाइन आ गया।
ओम् नाम जप ले जे ता पार लंगना
स्याण्यो दी कदर कर ले जे ता पार लंगना
गुरुआ दा कहना मान ले जे ता पार लंगना ।।

सुश्री मीनाक्षी शर्मा
बी.ए. तृतीय वर्ष

प्रकृति सन्देश

पर्वत कहता है—शीश उठाकर, तुम भी ऊँचे बन जाओ।
सागर कहता है लहराकर—मन की गहराई लाओ।
समझ रहे हो क्या कहती हैं
उठ—उठ गिर—गिर तरल तरंग ?
भरलो, भरलो अपने दिल में मीठी—मीठी मृदुल उमंग!
पृथ्वी कहती—धैर्य न छोड़ो।
कितना भी हो सिर पर भार, नम कहता है—फैलो इतना, ढक
लो तुम सारा संसार।

सुश्री आयुषी मेहता
बी.ए. प्रथम वर्ष

नया समय

आज समय की माँग पर आगाज इक नया होगा।
निरंतर योग्यता के आधार पर,
परिणाम का आकलन होगा।
परिवर्तन नियम जीवन का, नियम अब नया बनेगा।
अब परिणामों के भय से, नहीं बालक कोई डरेगा।
निरंतर योग्यता के आधार पर,
परिणाम का आकलन होगा।
बदले शिक्षा का स्वरूप, खिले नयी आशा की धूप।
अब किसी के मन पर न कोई भोज होगा।
निरंतर योग्यता के आधार पर
परिणाम का अब आकलन होगा।
नयी राह पर चलकर मंजिल को हमें पाना है,
इस नए प्रयास को हमें सफल बनाना है।
बेहतर शिक्षा से बदले देश,
बस आगे बढ़ते जाए देश,
बस आगे बढ़ते जाए देश।

सुश्री श्रिया
बी.ए. प्रथम वर्ष

बचपन

एक बचपन का जमाना था,
जिसमें खुशियों का खजाना था।
चाहत घोंद को पाने की थी,
पर दिल तितली का दीवाना था।
खबर न थी सुबह की, ना शाम का कुछ ठिकाना था।
थक कर आना स्कूल से, पर खेलने भी जाना था।
माँ की कहानी थी, परियों का फसाना था,
बारिश में कागज की नाव थी, हर मौसम सुहाना था।
हर खेल में साथी थे, हर रिश्ता निभाना था,
न कोई हँसने का बहाना था।
क्यों हो गए हम इतने बड़े ? इससे अच्छा तो वो बचपन
का जमाना था,
वो बचपन का जमाना था...।

सुश्री यशिका नरेट
बी.ए. प्रथम वर्ष

बारिश के अलफाज

एक शाम बैठकर,
बारिश के अलफाज सुन रही थी।
उन अल्फाजों में अपने लिए
छुपे हुए राज ढूँढ रही थी।
कहानी थी उसकी और मेरी जानी पहचानी,
दूर का सफर तय करके आयी थी मैं, और वो भी
अनजानी।
आसमान से उतरकर आना न था उसके लिए आसान,
पर बिना डरे लिया था उसने भी ठान —
'खुद को करके न्योछावर, बसाऊँगी औरों का जहाँ,
आसमान से गिरकर, धरती से मिलकर, महकाऊँगी
औरों के लिए समां।
उगाऊँगी सब के दिलों में उम्मीदों की फसल,
बनूँगी औरों के लिए खुशियों की मेहर।
खुद के लिए जीना भी कोई जीना होता है भला?
दूसरे के लिए जो जीए, जिन्दगी वही तो है!
सही मायने में खुदा का सबसे प्यारा नगीना वही तो है!
सब में नहीं होता हुनर, खुद को त्यागकर दूसरों को
आबाद करने का,
बारिश जैसा आत्मत्यागी बनना भी कहाँ आसान होता
है?

सुश्री लावण्या

मुझे सीखना है

रोज उठकर एक नई उमंग के साथ अपनी आदतों को
सीखना है,
मुझे सीखना है।
बीती बात भुलाकर, उन वेदनाओं को छिपाकर,
अपने सफर को एक नई उड़ान से सीखना है,
मुझे सीखना है।
इस प्रयास में असफल हूँ,
पर सच मानो — मैं इन असफलताओं से ही एक कदम
अग्रसर हूँ।
प्रतिद्वंद्वियों से एतराज न जताकर, उनसे प्रेरणा लेकर,
मुझे सीखना है।
संत कबीर कह गए — चिता ऐसी डाकिनी, काट कलेजा
खाये।
वेद विचारा क्या करें, कहाँ तक दया लगाए।
अर्थात्— सफलता— असफलता की चिता न करते हुए
मुझे सीखना है...।

सुश्री आरुषि कौशल
बी.ए. प्रथम वर्ष

विश्व एक घर और विश्व बंधुत्व हमारा धर्म

एक ही धरा पर खेलकर,
बड़े हुए हैं हम।
नादानी में हंसकर — लड़कर भी
साथ खिले फूल हैं हम।
एक ही पेड़ की छाया पर आश्रित हुए हैं हम।
भिन्न है रंग-रूप सबके,
फिर भी एक ही बगीचे के पौधे हैं हम।
मासूमियत को होता नहीं
दुनिया के जंजालों से मतलब,
बिछाए जाल क्षीण हैं,
बच्चों की मासूमियत के आगे,
फिर ज्यों बड़े पेड़ हम बने,
जड़ों से न जाने क्यों कटने हम लगे?
औखों में रुखापन आ गया,
प्रेम भी समुद्र का समतल लौंघ गया,
भूलकर हम यथार्थ, पर्दे में केंद्र कहीं हो गए...।
धिराग हम तराशते-तराशते
अन्धकार में ही कहीं डूब गए,
हम भूल गए—
मिट्टी से बने, मिट्टी ही तो फिर बन गए!
इतिहास प्रेम का रचने की घड़ी अब आई है,
माथे की उलझनों से हो रिहा!
नफरत के धुएँ से बाहर निकल!
आबाद अब होने का समय आया है।
मंदिर हो, चाहे हो मस्जिद,
उदारता हर धर्म की धरोहर है।
बौटना क्यों धर्म के नाम पर
जब विश्वबन्धुत्व का धिराग दिशा दिखा रही है...!
तुम बोलो हिंदी, मैं लिखूँ चाहे उर्दू,
भाषाएँ हों भिन्न भले ही,
भाषाओं से ही प्रेम की माला
अब पिरोने की घड़ी आई है...।

सुश्री श्रुति
बी.ए. तृतीय वर्ष

मेरो हिमाचल

शोभी का शोभलो मारो देशा स
बांकज हिमाचल पोरदेशा सस
होरे भोरे हो सीओ रे बाकीचे
नाशपाती नारोगी सस
खोरी शांगती, काकडी मीठी
चीजऐ रोगवा रोगी सस
शोभी का शोभलो मारो देशा।
बांकज हिमाचल पोरदेशा सस
घूमी आए अरसा देश विदेश
कुती नहीं मिलीया ऐसा भेस सस
जीतू जाना जाओ, खूब कमाओ
भूली ना अपना हिमाचल प्रदेश ॥
शोभी का शोभलो मारो देशा।
बांकज हिमाचल पोरदेशा सस

कागड़े दी धाम कने, हमीरपुर दा
बेसन
चायल लगे जिया कश्मीर आला केंसर सस
चाय पतिया दे बाग, तुआ दिखने पालमपुर
दिखने बफीले नजारे ओ ॥
शोभी का शोभलो मारो देशा।
बांकज हिमाचल पोरदेशा सस

भोले दे दर्शन कुती मानी मिलने
जय मानी होना उत्तराचल ओ ॥
जीतू जाना जाओ, खूब कमाओ
भूली ना अपना हिमाचल प्रदेश ॥
शोभी का शोभलो मारो देशा।
बांकज हिमाचल पोरदेशा सस

सहर शर्मा
बी.ए. द्वितीय वर्ष

किस्सागोई

गरीब

मैं थक गई थी, गरीब के प्रति स्कूल की टीचर का भाषण सुन-सुन कर। घर में माता हो या पिता? हर एक का वही भ्रम। गरीब का मतलब होता है, बहुत कम या बिल्कुल भी धन न होना। स्कूल की टीचर तो गरीब के पर्यायवाची भी बता देती थीं— 'भिखारी', 'बेसहारा', 'दीन-हीन', 'निर्धन', 'दरिद्र', 'जरूरतमंद', 'गरीबी से त्रस्त'....।

यूँ तो मैंने कृष्ण और सुदामा की कहानी भी पढ़ रखी थी कहीं। सुदामा और कृष्ण की कहानी प्रेम और मित्रता के बारे में एक सीख देती है। सुदामा का जन्म एक निम्न आय वाले परिवार में हुआ। दूसरी ओर, कृष्ण राज घराने से थे। हालाँकि, उनकी स्थिति के बीच का अंतर, उनकी सच्ची दोस्ती या बंधन में बाधा नहीं बना। यह एक अलग बात है कि कृष्ण तो अवतारी पुरुष थे, लेकिन सुदामा तो आम आदमी ही थे और गरीब भी थे। खैर, उन दोनों की कथा किसी अन्य देशकाल की। हमारी दुनिया उससे बिल्कुल अलग है।

अब मैं कॉलेज में पढ़ने लगी हूँ। कहने को तो अमीर घर की लड़कियाँ ही इस कॉलेज में दाखिला लेती हैं, लेकिन एक बार कॉन्फ्रेंस हॉल में एक पाठ पढ़ाया गया कि 'सामान्यतः गरीबी से आशय लोगों के जीवन निर्वाह-स्तर से लगाया जाता है। जीवन निर्वाह की न्यूनतम आवश्यकताओं के पूरा न होने से व्यक्ति का जीवन कष्टमय हो जाता है। उसके स्वास्थ्य तथा कार्यकुशलता को हानि पहुँचती है, जिससे उत्पादन में वृद्धि करना तथा निर्धनता से छुटकारा पाना कठिन हो जाता है।' मुझे याद है उस दिन, जब कॉलेज की हिंदी टीचर उस कार्यक्रम का संचालन कर रही थीं। दरअसल हिंदी दिवस के अवसर पर कक्षा में आयोजित डिबेट के दौरान एक छात्रा बता रही थी कि 'बीपीएल' का फुल फॉर्म होता है 'बिलो पावर्टी लाइन', जिसे हिंदी में गरीबी रेखा से नीचे जीवन यापन करना बताया जाता है।

टीचर बता रही थी कि गरीब व्यक्ति वह व्यक्ति होता है, जिसके पास जीवन की न्यूनतम अनिवार्य आवश्यकताओं को पूरा करने के लिए वित्तीय क्षमता नहीं होती है। एक दूसरी छात्रा अपनी डिबेट में बोल रही थी कि 'एपीएल' का फुल फॉर्म 'एबव पावर्टी लाइन' होता है। हिंदी में 'एपीएल' का फुल फॉर्म गरीबी रेखा से ऊपर होता है।

कार्यक्रम के अध्यक्ष अपने अध्यक्षीय भाषण में कह रहे थे कि बीपीएल एक बेंचमार्क है जिसका उपयोग भारत सरकार द्वारा किया जाता है ताकि उन परिवारों को चिह्नित कर आर्थिक मदद पहुंचाई जा सके जो रोजगार के क्षेत्र में पिछड़े रह जाते हैं या फिर जिनकी आय उनके दैनिक आर्थिक जरूरतों को पूरा नहीं कर पाती। अन्य लाभों के अलावा सरकार की ओर से उन्हें राशन कार्ड भी मिलता है जिसके आधार पर उन्हें न्यूनतम दामों में राशन सामग्री उपलब्ध कराई जाती है। यह सब सुनकर मैंने मानो एक नयी दुनिया का अन्वेषण किया। मुझे ये सभी जानकारियाँ अद्भुत लग रही थीं। इससे पहले मैं कहीं थी? अपने समाज का एक बहुत बड़ा हिस्सा आर्थिक तंगी से इस प्रकार जूझता है, लेकिन मुझे इस बात से कोई परेशानी क्यों नहीं हुई? ऐसे बहुत सारे सवाल थे जो छुट्टियों के दिनों में मैं अपने मन में दबाए घर वापस गयी।

घर की दुनिया अलग थी। मेरे पिता जी हीरे के व्यापारी थे। मकान दो मजिला, था यानि डुप्लेक्स। एक दिन, सीढ़ियों पर बैठी, मैं अपने घर को गौर से देखने लगी। नीचे ड्राइंग रूम था, ऊपर बेड-रूम। ड्राइंग-रूम में एक बड़ी सी स्मार्ट टी.वी. लगी हुई थी। मेरा एक भाई भी था, जो ऑस्ट्रेलिया में पढ़ता था। पढ़ाई के लिए पिता जी उसे हर महीने दो लाख रुपए भेजते थे।

मेरे मन में चूँकि 'गरीबी' शब्द बैठ गया था, इसलिए मैं बार-बार कॉलेज के उस कॉन्फेंस हॉल में हुई सारी बातों को भुल नहीं पा रही थी। सोच रही थी — मेरे घर में भी एपीएल राशन कार्ड बना था, यानि हमारे घर में इतना सब कुछ होते हुए भी हम एबव पावर्टी लाइन थे? मुझे एक जोरदार झटका सा महसूस हुआ। क्या मेरे पिताजी झूठ -- ओहो...! यह क्या? रात की सोते समय जो सपना देखा, उससे मैं और भी बेचैन हो उठी। मैंने देखा — मैंने एक मैली-कुचैली रजाई ओढ़ रखी है। छत से पानी टपक रहा है। ओह! मैं तो एक गरीब घर की लड़की हूँ। मेरे पिता जी सब्जी का ठेला लगाते हैं। कितना बड़ा वह था वह सपना!

मेरे चाचा ने कभी मुझे एक पेन तथा मात्र दस-बीस रुपये वाली नोट-बुक तोहफे के रूप में दी थी। पेन कीमती था या नहीं, मुझे नहीं मालूम, परंतु मेरे चाचा ने बताया था कि वह पेन बहुत ही कीमती है। फिर चाचा ने मुझे साधारण सी नोटबुक ही क्यों दी? मैं कुछ और सोच पाती, इससे पहले ही मुझे फिर नींद आ गयी।

तिथार का दिन था, मैं घर पर अकेली बैठी थी। शाम का वक्त हो रहा था और काम करने का मन नहीं कर रहा था। अचानक मैंने सोचा कि चलो थोड़ा बाहर घूम आते हैं। वैसे भी रोज कॉलेज और घर के अलावा और कुछ सोच नहीं पाते हैं। ऐसे में जब मैं घर से निकली तो देखा कि बहुत सारे लोग अपनी मंजिल तक पहुंचने के लिए बस और टैपों का इंतजार कर रहे थे।

तभी मुझे अचानक एक छोटा सा लड़का दिखा जो फटे-पुराने कपड़े पहने हुए था। उसकी उम्र 12 साल होगी। भूख से बेहाल, वह लड़का लोगों से खाने के लिए कुछ मांग रहा था, पर कोई कुछ भी देने को तैयार नहीं था। फिर वह लड़का आगे बढ़ा गया। मैंने देखा कि वह एक व्यक्ति से पानी मांग रहा था। ऐसा लग रहा था कि वह बहुत प्यासा था लेकिन उस व्यक्ति ने उसे पानी पिलाने से इनकार कर दिया। अचानक एक कार वहां पर आकर रुकी। उस लड़के ने उम्मीद भरी नजरों से कार वाले से कुछ मांगा। उस कार वाले ने अंदर से एक लिफाफा बाहर फेंक दिया और वह लड़का लिफाफे की ओर भागा। किन्तु वह खाली था। उस लड़के ने लिफाफा फेंक दिया और निराश मन से आगे बढ़ा और तभी उसकी नजर पेड़ के नीचे बैठे एक बूढ़े आदमी पर पड़ी। वह लड़का थककर उस पेड़ के नीचे उस बूढ़े आदमी के पास जाकर बैठ गया। लड़के ने देखा कि वह बूढ़ा भी उसकी तरह गरीब आदमी है। तब लड़के ने उस से बातचीत की और उसे अपनी व्यथा सुनाई। बूढ़े आदमी ने अपने खाने के हिस्से में से कुछ उस लड़के को दिया और दोनों खाने लगे। दो निर्धन व्यक्तियों के बीच के आपसी सौहार्द को देखकर सच में मेरी टांगें हिल नहीं रही थीं। हाथ चल नहीं रहे थे।

उस दिन के दृश्य ने मुझे अनगिनत प्रश्नों के घेरे में डाल दिया। जीवन की सच्चाई ने यह बोध करा दिया, कौन अमीर... कौन गरीब... क्या अमीरी क्या गरीबी...? कहने को तो मनुष्य का सामाजिक अस्तित्व उसके पैसे, उसके रुतबे से आँका जाता है, पर असली मानवता तो वह है जब मनुष्य कठिन समय में दूसरों के काम आ सके, उनकी सहायता कर सके...

उस दिन मुझे अपने चाचा याद आए। उनके द्वारा दिया गया गिफ्ट याद आ गया — वह 'कीमती' पेन और मात्र दस-बीस रुपये वाली नोट-बुक। मैंने झट से रजाई को परे फेंका और उठ गई। मैंने रखे हुए कीमती पेन और नोट-बुक निकाल ली। नोट-बुक पर मैंने कीमती पेन से लिखा कि अगर मनुष्य अमीर होने के बावजूद किसी की मदद नहीं करता तो वह गरीब है!

मुश्री मोनालिका हंस

बी.ए. द्वितीय वर्ष

परिवार

बारिश का मौसम कितना अच्छा होता है न। बारिश के पानी की रिमझिम आवाज सुनकर दिल को सुकून मिल जाता है। बारिश में भीग कर मन भी भीग जाता है। मन करता है बारिश ऐसे ही पड़ती रहे। परन्तु बारिश सभी के लिए खुशियाँ नहीं लाती है।

पारसवि अपने माता-पिता और छोटी बहन के साथ कुल्लू में रहती थी। उसके पिताजी राजेश एक छोटी सी कंपनी में काम करते थे और उसकी माँ रीमा कपड़े सिलने का काम करती थी। वह और उसकी छोटी बहन लता ग्याहरवी और छठी कक्षा में थीं। राजेश और रीमा ने अपने जीवन भर की कमाई अपना घर बनाने में लगा दी थी। वे ज्यादा अमीर भी नहीं थे और न ही ज्यादा गरीब। परन्तु उनके पास जो कुछ भी था उसमें संतुष्ट थे। उन्हें कुल्लू में रहना बहुत पसंद था, और हो भी क्यों नहीं, कितनी सुन्दर जगह है कुल्लू, चारों ओर हरयाली ही हरयाली! पूरे परिवार में बेहद प्रेम था।

जुलाई का महीना शुरू हो गया था। उस दिन मौसम बहुत खराब था तो पारसवि के पिता ने उसे और लता को स्कूल जाने के लिए मना कर दिया। पारसवि यह सुनकर बहुत दुखी हुई, क्योंकि उसे अपने दोस्तों के साथ रहना, पढ़ाई करना एवं नृत्य का बहुत शौक था। वहीं दूसरी ओर लता यह सुनकर बहुत खुश हुई जो अपनी बहन के बिल्कुल विपरीत थी। राजेश अपने काम से छुट्टी नहीं ले सकता था क्योंकि अगर वह ऐसा करता तो वह अपने सेठ से डाँट खाता। इसलिए वह अपने दफ्तर के लिए निकल पड़ा।

बारिश भी शुरू हो गयी और धीरे धीरे बहुत तेज होने लगी। नदियाँ उमड़ आयीं और पानी ऊपर सड़क पर आने लगा। रीमा बहुत घबरा गयी और उसने अपने पति राजेश को तुरंत घर लौटने को कहा। बारिश इतनी तेज हो रही थी मानो बादलफट रहे हों! घर में पानी ही पानी भर गया। रीमा अपने बच्चों को लेकर ऊपर वाली मंजिल पर चली गयी, पर ऊपर वाली मंजिल की छत से भी पानी टपक रहा था। खिड़की से बाहर का नजारा तो दिल दहला देने वाला था। लोग अपनी जान बचाने की बहुत कोशिश कर रहे थे। कुछ गरीब, बेसहारा लोग, जिनके पास घर तक नहीं था, वे तो पानी में समा चुके थे...

लता यह सब देख कर बहुत रोने लगी। वहाँ राजेश से भी कोई संपर्क नहीं हो रहा था। घर से बाहर निकल कर भी कोई फायदा नहीं था क्यों कि बाहर की स्थिति तो और भी खतरनाक थी। रीमा भगवान से प्रार्थना करने लगी, तभी उसने किसी के कदमों की आवाज सुनी। जब रीमा ने आँखें खोलकर देखा तो सामने राजेश था। उस समय रीमा को राजेश किसी भगवान से कम नहीं लगे। अब अगर वे लोग कुछ और समय भी घर पर रुकते तो अच्छा नहीं होता क्योंकि घर किसी भी समय बह सकता था।

उनके पास समय बहुत काम था। राजेश रीमा और बच्चों को लेकर गाड़ी में लेकर निकल पड़े। उन्होंने यह स्थिति ठीक होने तक किसी के घर में रहने का फैसला किया।

कुछ दिनों बाद जब वे वापस आए तो देखा कि उनके घर के आस-पास हर तरफ तबाही मची हुई थी। राजेश और रीमा जब अपने घर के पास गए तो उन्होंने देखा कि उनका घर बिल्कुल बह गया था, उनके जीवन भर की कमाई एक पल में खत्म हो गयी। राजेश दुखी तो बहुत था लेकिन कहीं न कहीं उसे इस बात की खुशी थी कि उसका पूरा परिवार उसके साथ सुरक्षित है। उसे इस बात की तसल्ली थी कि वे मिल- जुलकर फिर से अपने सपनों का घर बना लेंगे।

कुछ समय बीत जाने के बाद राजेश, रीमा, पारसवि और लता अपना जीवन पहले की तरह खुशी खुशी बिताने लगे। परन्तु इस कहानी से जो सीख हमें मिलती है वह यह कि प्रकृति से बड़ी ताकत इस दुनिया में और कोई नहीं। साथ ही एक परिवार ही है जो जीने का बेहतर तरीका सिखाता है। परिवार ही है जो विकास के लिए प्रेरणा देता है तथा हमारा हौसला बढ़ाता है। परिवार दुनिया की सभी कीमती वस्तुओं से कई गुना बढ़कर होता है।

सुश्री कृतिका चौधरी

बी.ए. द्वितीय वर्ष

सपनों की उड़ान

दादी 70 साल की आम स्त्री हैं, जो अपने बेटे के साथ प्रयाग में रहती हैं। जब वे 25 साल की थीं, उनके पति का देहांत हो गया था। तब से उन्होंने अकेले ही अपने बच्चों को पाला। उनके बेटा—बहु सरकारी नौकर हैं, तो वे सुबह ही कार्यालय जाती हैं। वे उनके लिए खाना बनाती हैं, पोते को तैयार करती हैं। उनका पोता अरमान उनसे बहुत प्यार करता है, उसके बावजूद कोई भी प्रशंसा नहीं करता है। यदि उनसे कोई गलती हो जाये तो सभी उन्हें दोष देते। दादी पूरे दिन काम करती। वे दिन—प्रतिदिन दुबली होती जा रही थीं। लेकिन अपने कामों में व्यस्त होने के कारण वे अपने स्वास्थ्य पर ध्यान नहीं दे पाती थीं। एक दिन की बात है, जब अरमान अपने मित्र से बात करते हुए बोल रहा था—“हिंदी पढ़ना ही बहुत कठिन है, और अब हमें कविता भी लिखनी होगी?”

उह सुनकर दादी बोली—“इसमें क्या कठिन है? लाओ मैं लिखती हूँ।”

लेखाते—सिखाते दादी को एहसास हुआ कि वे तो स्वयं ही सब कुछ भूल गयी हैं। वे सोचने लगी—“कोई भला कितना ही कुशल क्यों न हो, अभ्यास न करे तो वह किसी काम का नहीं।”

उन्होंने अपने पोते से कहा—“यह मुझसे नहीं होगा बेटा, इसमें मेरे हाथ कांपते हैं, मैं बर्तन धोने के लिए ही ठीक हूँ।”

अरमान तो दादी के बोलने पर चला जाता है लेकिन कल फिर हिंदी पढ़ने के लिए आता है। इस प्रकार वह रोज करता है और देखते ही देखते दादी की दिलचस्पी भी बढ़ती जाती है। एक दिन वह पूछता है—“दादी आपने पढ़ना क्यों छोड़ दिया?” तो दादी बताने लगी कि उन्हें बचपन से ही पढ़ने का बहुत ज्यादा शौक था। बी.ए. की पढ़ाई करने के साथ ही वे कविताएं लिखती थीं जो छपती भी थीं। उनके पति को लगता था कि वे लेखिका बन जाएंगी लेकिन उनकी मृत्यु के बाद उन्हें सब कुछ छोड़ना पड़ा। “तब तुम्हारे पापा और बुआ को पालना ही मेरा काम था।” यह सुनकर अरमान दुखी हो गया—“दादी अब आप पढ़ना शुरू क्यों नहीं करती?” दादी ने मजाक में कहा—“हाँ पढ़ लूंगी। तू जा!”

कुछ दिनों बाद दादी की तबियत खराब होने लगी थी। उनकी बेटी उन्हें अपने पास ले गयी। वे पूरे दिन बिस्तर पर पड़ी रहती। जब उठतीं तो उनका दामाद उन्हें देखकर परेशान हो जाता। दादी बेटी के घर से जाने की जिद करके वापस चली गयी, जहाँ उन्हें किसी के ताने सुनने को न मिले। कुछ दिन बाद तबियत बेहतर होने पर वे अपना जीवन अपने तरीके से जीने लगीं। वे बुढ़ापे में किसी के ऊपर निर्भर नहीं होना चाहती थीं। किन्तु अब ना वे खेती—बाड़ी कर सकती थीं ना सिलाई।

गौब के लोग सहायक थे, घास के बदले कभी उन्हें दूध, घी, दाल दे जाते और उन्हें अकेला महसूस नहीं होने देते। उनका घर काफी पुराना हो चुका था, उसे मुरम्मत की आवश्यकता थी, कहीं से पानी टपकता तो कहीं से सैलाब की बदबू आती। दादी उसे ठीक करवाना चाहती थीं लेकिन एक सच तो यह था कि उनकी मृत्यु के पश्चात उस घर में कोई भी नहीं रहने वाला था। घर और पैसों के बारे में सोच के वे चिंतित हो उठतीं, वे सोचती कि उन्होंने अपने जीवन में कुछ भी हासिल नहीं किया और दूसरी तरफ इस उम्र में अब अकेले वे क्या ही कर पाएंगी?

इसी बीच छुट्टियों में उनका पोता और बहु घर आये, मानो घर में बहार आ गयी हो। वे तारा देवी की मदद करते, घूमते, नदी में नहाने जाते। अरमान को खुश देख दादी भी खुश थीं।

अरमान दादी के लिए स्मार्ट फोन लाया। दादी धीरे—धीरे स्मार्ट फोन चलाना सीख गयीं। वे कहानियाँ लिखतीं और अपने पोते को भेजतीं। उनके पोते को उनके अंदर के कलाकार की पहचान हो गयी थी। अरमान ने दादी का ब्लॉग शुरू किया जिसपर दादी कहानियाँ लिखतीं।

लोगों को भी उनकी कहानियाँ बेहद दिलचस्प लगतीं। दादी लगातार लिखती रही और उन्हें इससे पैसे भी मिलने लगे।

शहर के कुछ लोग उनके काम से प्रभावित होकर उनके साथ काम करने के लिए आये। इसके बाद वे खूब मशहूर हुईं।

उनकी सफलता की कहानी अखबारों में छपने लगी।

तारा देवी हम सभी के लिए प्रेरणा स्रोत हैं। ऐसे लोग, जो किसी कारणवश पढ़ नहीं पाए या जीवन में आयी चुनौतियों के कारण अपने सपने पूरे नहीं कर पाए।

यदि हम दृढ़ संकल्प लें तो हम में सब कुछ कर जाने की ताकत होती है। अगर हम में इच्छा—शक्ति हो तो हम आसानी से सफलता पा सकते हैं। हमारे सपने पूरे करने की ताकत कदम—कदम पर स्वयं ईश्वर हमें देते हैं।

सुश्री हिमानी वर्मा
की ९ द्वितीय वर्ष

एक विचार यह भी

कालकूट: एक अंधेरे समाज में सच्चाई की रौशनी

पौराणिक कथा के अनुसार अमृत पाने की होड़ में देवताओं और असुरों के बीच द्वंद्व के रूप में सागर मंथन हुआ, जिससे विष निकला था। विष को 'कालकूट' कहा जाता है। इस विष की तरह ही हमारे समाज में भी कई ऐसी कुरीतियाँ और बुराइयाँ फैली हुई हैं, जो हमारे समाज की जड़ों को खोखला कर रही हैं। इन बुराइयों का सामना करने और उन्हें दूर करने के लिए एक कल्याणकारी सोच की जरूरत होती है, जो सच्चाई की रौशनी फैलाकर हमें अंधेरे समय से उबारे। हाल ही में 'जियो सिनेमा' पर रिलीज हुई वेब सीरीज 'कालकूट' ऐसी ही एक कहानी है, जो एक साधारण सब इंस्पेक्टर, रवि शंकर त्रिपाठी के संघर्ष के बीच सच्चाई की उसकी तलाश को बयान करती है।

रवि शंकर त्रिपाठी (विजय वर्मा) उत्तर प्रदेश के थाना सरसी शहर में एक सब इंस्पेक्टर है। वह अपनी नौकरी से थक चुका है और उसे छोड़ने की तैयारी में है। लेकिन इसी बीच किसी युवती पर एसिड अटैक का केस उसे सौंप दिया जाता है। यह केस पारुल (श्वेता त्रिपाठी) का है, जो एक पढ़ी-लिखी, महत्वाकांक्षी लड़की है, जिसका चेहरा शादी के चंद दिनों पहले ही एसिड से बिगाड़ दिया जाता है।

रवि शंकर इस केस की जाँच अनिच्छा से शुरू करता है, लेकिन जैसे-जैसे वह जांच में गहराई तक जाता है, उसकी जिंदगी का मकसद बदलने लगता है। वह पितृसत्तात्मक समाज में स्त्री के प्रति संकुचित सोच, उसे प्रायवेट प्रॉपर्टी की तरह समझने और उसकी स्वतंत्रता पर रोक लगाकर रखने वाली कुरीति को गहराई में समझने लगता है, स्त्री के प्रति उत्पीड़न के प्रति ज्यादा से ज्यादा संवेदनशील होने लगता है। वह सामाजिक बुराइयों से लड़ने और सच्चाई को सामने लाने के लिए प्रतिबद्ध हो जाता है। लेकिन यह रास्ता उसके लिए आसान नहीं होता क्योंकि उसे कई बार विभाग के लोगों के भ्रष्टाचार और रसूख से लड़ना पड़ता है। साथ ही उसे अपने पारिवारिक जीवन और पेशे के बीच भी संतुलन बनाना पड़ता है।

'कालकूट' कहानी हमें यह बताती है कि कैसे भ्रष्टाचार, रसूख और अंधविश्वास हमारे समाज में जड़ जमा चुके हैं और इन बुराइयों के कारण निर्दोष लोगों को कितना कष्ट उठाना पड़ता है। लेकिन यह सीरीज यह भी बताती है कि सच्चाई की ताकत कितनी ज्यादा होती है और एक व्यक्ति की निजी लड़ाई भी कैसे समाज में बड़ा बदलाव ला सकती है।

विजय वर्मा ने रवि शंकर त्रिपाठी के किरदार को बेहतरीन तरीके से निभाया है। उन्होंने एक साधारण और थके हुए सब इंस्पेक्टर से लेकर एक साहसी और सत्यनिष्ठ पुलिसकर्मी तक के रोल को बखूबी निभाया है। श्वेता त्रिपाठी ने भी पारुल के किरदार में जान फूंक दी है। उन्होंने एक ऐसी लड़की की पीड़ा और संघर्ष को बखूबी निभाया है, जो जिंदगी में आगे बढ़ना चाहती हो, लेकिन स्टीरियोटाइप उसके रास्ते में बाधा बन जाती है।

'कालकूट' एक ऐसी वेब सीरीज है, जिसे हर किसी को देखना चाहिए। यह हमें बताती है कि हमें अपने समाज की बुराइयों के खिलाफ खड़े होना चाहिए। यह सीरीज हमें यह भी सीख देती है कि हमारी जिंदगी में सबसे ज्यादा अहमियत, सच्चाई और न्याय की है।

सुश्री मिताली चौहान

बी.ए. द्वितीय वर्ष

स्मृति के गलियारे से

श्री जगन्नाथ शर्मा : मेरे प्यारे दादा जी

महान व्यक्तित्व का जन्म :- मेरे दादा जी का नाम श्री जगन्नाथ शर्मा है। उनका जन्म 11 मई 1945 को गाँव बडैहर, जिला हमीरपुर, हिमाचल प्रदेश में हुआ। बचपन से ही मेरे दादा जी बहुत मेहनती और आशावादी इंसान रहे हैं। उनका जीवन मुझे हमेशा संघर्ष करके आगे बढ़ने की प्रेरणा देता है।

जीवन का आरोह-अवरोह चढ़ता एक सैनिक :- दादा जी की इन्हीं खूबियों के कारण 18 से भी कम उम्र में उनकी भर्ती भारतीय थल सेना में हुई। घर में बहुत सी कठिनाइयाँ होने के बावजूद उन्होंने इस सफलता को हासिल किया और 3 मई 1963 को औरंगाबाद आर्मी क्लैकर्स ट्रेनिंग स्कूल में जोड़निंग की। बहुत कठिन परिश्रम करके और एक-एक रुपया जोड़कर वे घर के खर्च के लिए पैसे भेजते थे। उन्होंने घर से दूर रहकर भी अपने पूरे घर-परिवार का जिम्मा उठाया। अपने दो भाइयों और दो बहनों की शादियाँ करवायीं। भारतीय सेना में वे गोरखा पलटन में नियुक्त हुए थे। उन्होंने 1965 और 1971 की लड़ाइयों में भी हिस्सा लिया। आर्मी से सेवानिवृत्त होने के बाद भी उन्होंने घुमारवीं आर्मी कैंटीन में बतौर कैशियर अपनी सेवाएँ दीं।

व्यक्ति की शक्ति उसकी जीवनशैली में :- मेरे दादा जी बहुत ही सरल, स्पष्ट और दयालु प्रवृत्ति के हैं। एक ओर जहाँ वे बहुत ही सादगी भरा जीवन जीते हैं, वहीं दूसरी ओर इनकी सोच बहुत ही प्रगतिशील है। वे अपने कर्मों में विश्वास रखते हैं। मैंने उनके अंदर कभी भी किसी दूसरे इंसान के प्रति कोई हीन भावना नहीं देखी। जहाँ आज हमारी पीढ़ी के हर व्यक्ति को मैं निराशा से ग्रस्त पाती हूँ, वहीं दूसरी तरफ मैंने दादा जी को हमेशा सकारात्मकता और हिम्मत के साथ आगे बढ़ते देखा है। मैंने उन्हें कभी भी किसी बात की शिकायत करते या अपनी किस्मत को कोसते नहीं देखा। 'ईश्वर के सदा शुक्रगुजार रहो' और 'जो होता है अच्छे के लिए होता है' - यही उनके जीवन का मूलमंत्र रहा। मैंने उनसे बहुत कुछ सीखा है, जैसे सकारात्मकता, कृतज्ञता और हमेशा निरंतर रहना।

दादा जी ने हम तीनों भाई-बहनों को बचपन से पढ़ाया। हमारा गृहकार्य पूरा कराने का जिम्मा उन्होंने ही उठाया। दादा जी ने हमें अच्छे संस्कार दिए और अनुशासन में रहना सिखाया।

मेरे दादा जी 78 वर्ष के हैं, लेकिन उन्हें देखकर आपको ऐसा लगेगा मानो 50-60 वर्ष के हों। वे शारीरिक और मानसिक रूप से हमसे ज्यादा फिट हैं! घर का खाना, शारीरिक रूप से सदैव सक्रिय रहना और उनकी सकारात्मक सोच - यह है उनकी सेहत का राज। आज भी वे बाहर से लाये गए अनाज, दूध, सब्जियाँ इत्यादि खाने से पहेरेज करते हैं। उन्हें कृषि बहुत पसंद है। हम गाँव में अनाज खुद उगाते हैं। जब भी मैं घर जाती हूँ, उनके साथ समय बिताकर मुझे बहुत कुछ सीखने को मिलता है। उनके बारे में सब कुछ लिखना तो बेहद मुश्किल है। मैं भगवान की सदा शुक्रगुजार हूँ कि मुझे ऐसे महान व्यक्ति दादा जी के रूप में मिले, जिन्होंने मुझे बहुत बहुत प्यार दिया।

एक अविरल प्रेरणा स्रोत :- आजकल लोग एकल परिवारों में रहना ज्यादा उचित समझते हैं। उन्हें लगता है कि बच्चे अगर एक-एक करके पैदा होंगे तो शायद उतने समझदार नहीं बन पाएँगे ना अंग्रेजी में बात कर सकेंगे। लेकिन सच तो यह है दादा-दादी के साथ रहेंगे तो शायद उतने समझदार नहीं बन पाएँगे ना अंग्रेजी में बात कर सकेंगे। लेकिन सच तो यह है कि बड़े-बुजुर्ग हमारे परिवार में सबसे महत्वपूर्ण हैं। इनके अनुभव फलदार वृक्ष की भांति हैं। हमारे परिवार को एकसूत्र में पिरोकर रखने, हमें हमारे इतिहास और संस्कृति से जोड़ने का काम हमारे बड़े-बुजुर्ग ही करते हैं।

आज की इस तेज रफ्तार में भागती जिन्दगी में हम इंटरनेट से जितना मज्जी ज्ञान पा लें, लेकिन अच्छे संस्कार और आचरण हमें परिवार के बुजुर्ग सदस्यों से बढ़कर और कोई नहीं दे सकता। जिस घर में अपने बड़ों का आदर-सम्मान नहीं होता, हमें परिवार के बुजुर्ग सदस्यों से बढ़कर और कोई नहीं हो सकती। इसलिए हमेशा अपने बड़ों का आदर करें। उनके साथ उस परिवार में सुख, समृद्धि और संतुष्टि कभी भी नहीं हो सकती। इसलिए हमेशा अपने बड़ों का आदर करें। उनके साथ समय बिताएँ और अपनी जड़ों से जुड़े रहें।

हंसी के बुलबुले

1. कल सैलून वाले की दुकान पर एक स्लोगन पड़ा—
“हम दिल का बोझ तो नहीं, पर सिर का बोझ जरूर हल्का कर सकते हैं !”
2. चाय के होटल वाले ने काउंटर पर लिखवाया —
“मैं भले ही साधारण हूँ, पर चाय स्पेशल बनाता हूँ!”
3. एक रेस्टोरेन्ट ने सबसे अलग स्लोगन लिखवाया —
“यहाँ घर जैसा खाना नहीं मिलता, आप निश्चित होकर अंदर पधारें!”
4. इलेक्ट्रॉनिक दुकान पर स्लोगन पड़ा तो मैं भाव विभोर हो गयी —
“अगर आपका कोई फ़ोन नहीं है तो यहाँ से ले जाइए!”

आप जैसे अभी हल्का सा मुस्करा रहे हैं,
हँसते रहे, हँसाते रहें!
व्यस्त रहें लेकिन स्वस्थ रहें!

सुश्री आकृति भारद्वाज
बी. ए. द्वितीय वर्ष

हमारे महाविद्यालय की 'इकोज' पत्रिका के हिंदी अनुभाग की सह-सम्पादिका के रूप में काम करते हुए मैंने बहुत कुछ सीखा। आपके समक्ष प्रस्तुत इस वर्ष की पत्रिका में महाविद्यालय की छात्राओं की वैचारिकता भली-भाँति झलकती है। इसे आप तक पहुँचाने का काम भले ही चुनौतीपूर्ण रहा, लेकिन अनुभव बेहद सुखद भी रहा। हिंदी विभाग की अध्यक्ष, डॉ. देविना अक्षयवर और छात्र सम्पादिका सुश्री मिनाक्षी शर्मा के सहयोग में मेरी कार्य-कुशलता और भी बढ़ गयी है। उन्हें मेरा आभार। आशा है कि पत्रिका में संकलित कविताओं, लेखों और कहानियों से आपके मनोरंजन के साथ-साथ ज्ञान-वृद्धि भी होगी।

विनीता
सुश्री आकृति भारद्वाज
बी. ए. द्वितीय वर्ष

हिन्दी हैं हम



हिन्दी भाषा का ज्यादा उपयोग करने का दिवा मंडल

हिन्दी भाषा का ज्यादा उपयोग करने का दिवा मंडल
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श्री एस. आर. हरनोट की कहानी का पाठ एवं व्याख्यान



हिन्दी विभाग द्वारा अन्तर्विद्यालय एवं अन्तरयान निबन्ध लेखन प्रतियोगिता



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talent in individual students.*

