



HERITAGE CLUB ACTIVITIES 2017-23

SESSION 2017-18

INTERACTIVE SESSION WITH BADRINARAYAN BARWALE MAHAVIDYALAYA

The Heritage Club of St. Bede's College celebrated India's diversity in ethnicity, traditions, and beliefs through a cultural exchange program with the students and staff of Badrinarayan Barwale Mahavidyalaya, Jalna, Maharashtra.

In August 2017, an interactive session was organized with the teachers and students of Badri Narayan Barewale Mahavidyalaya, Jalna. Sindhuja Sharma and Merilin Barauha gave a presentation titled "Devbhumi: Himachal Pradesh" to showcase the cultural heritage of Himachal Pradesh.

As part of the program, a heritage walk was organized for the students from Badri Narayan Barewale Mahavidyalaya. Our respected teachers, Ms. Nandini Pathania, Ms. Poonam Chauhan Verma, and Mr. Hitesh Sharma accompanied the students. The walk began at St. Bede's College, which has been accorded Heritage status in 2015 by UGC. The walk covered prominent heritage sites such as Christ Church, Gaiety Theatre, Railway Board Building, and Gorton Castle.

Following the heritage walk, a traditional Himachali lunch was organized for the students and teachers at the renowned restaurant "Himachali Rasoi." This provided the students with an opportunity to experience Himachali cuisine and gain a better understanding of the state's culinary traditions and way of life.

During the program, the staff and students of St. Bede's College also had the opportunity to learn about Marathi culture and various traditions, adding an exciting dimension to the learning experience and fostering cross-cultural understanding.

The culture exchange program between St. Bede's College and Badri Narayan Barewale Mahavidyalaya College provided a platform for students and teachers to appreciate and celebrate the diversity of India's cultural heritage. It promoted cultural exchange, enhanced knowledge, and encouraged mutual respect and understanding among participants from different regions of the country. The program served as a valuable learning experience and highlighted the importance of preserving and promoting India's rich cultural heritage.





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SESSION 2018-19

POSTER-MAKING AND PHOTOGRAPHY COMPETITION

Miraasa, the heritage club of the History Department, organized a poster making and photography competition on 26th February 2019 with the theme "Our Heritage."

The participants showcased their creativity and artistic skills through their poster designs and photographs, capturing the essence of our rich cultural heritage. The judges carefully evaluated the entries and selected the following students as the winners of the competition:

Poster Making: 1st Prize: Kalpana Devi Photography: 1st Prize: Komal Choyal 2nd Prize: Divya Sharma

The winners demonstrated a deep understanding and appreciation for our heritage through their exceptional artwork and photography skills. Their entries effectively conveyed the beauty and significance of our cultural heritage.

The competition not only provided a platform for students to showcase their talent but also created awareness about the importance of preserving and promoting our heritage. It encouraged students to explore and engage with our rich cultural history, fostering a sense of pride and responsibility towards our heritage.



“TAKHLEEKI” - AN EXHIBITION

An exhibition titled "Takhleeki" was organized by the History Department in collaboration with the Home Science Department on 8th December 2018. The exhibition took place in the home science laboratory, where a wide range of Himachali artifacts were beautifully displayed.

Objective: The exhibition aimed to showcase the rich cultural heritage of Himachal Pradesh through the display of traditional artifacts. One of the highlights of the exhibition was the Chamba Rumaal, a renowned form of embroidery native to the Chamba region. These intricately designed and embroidered textiles were displayed to highlight the exquisite craftsmanship and cultural



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significance of this traditional art form.

Another notable artifact exhibited was the Chamba Thal, a large brass plate adorned with intricate engravings. The Thal holds cultural and religious significance in Himachali traditions and is often used during auspicious occasions and festivals.

Outcome: Through "Takhleeki," the History Department and Home Science Department aimed to promote and preserve the cultural heritage of Himachal Pradesh. The exhibition not only served as a platform for showcasing these artifacts but also helped in creating awareness and appreciation among the attendees.





SESSION 2019-20

HIROSHIMA DAY

On August 6, 2019, MIRAASA, the Heritage Club of St. Bede's College, solemnly observed the 74th Hiroshima Day by organizing a seminar to discuss the causes and consequences of the tragic atomic bombing.

Objective: The seminar aimed to raise awareness and promote understanding among students about the devastating impact of war and the importance of peace.

The seminar featured presentations by students who delved into the historical context, events leading up to the attack, and the aftermath of the bombings. These presentations provided valuable insights and helped deepen the understanding of the attendees. Additionally, documentaries were screened to further broaden the knowledge and perspective on the subject.

To engage the students creatively and encourage their participation, a poster making competition was also organized on the theme of Hiroshima Day. The competition witnessed enthusiastic participation from the students, who showcased their artistic skills and expressed their thoughts and emotions regarding the event.

At the end of the competition, Muskaan Sharma secured the first position for her exceptional poster, while Ankita claimed the second position for her thought-provoking artwork. Their contributions were recognized and appreciated for their creativity and the meaningful messages conveyed through their posters.

Outcome: The commemoration of Hiroshima Day by MIRAASA served as a reminder of the devastating consequences of war and the importance of striving for peace and harmony in the world. The seminar and poster making competition successfully educated and engaged the students, encouraging them to reflect on the significance of the event and become advocates for peace and nuclear disarmament.



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INTERNATIONAL YOUTH DAY

On August 14th, an inter-ship debate competition and poster-making competition were organized at St. Bede's College. The debate focused on the topic of "Privatization of Education," sparking insightful discussions and arguments among the participants. The poster-making competition centered around the theme of "Problems Faced by the Youth Today," inviting students to visually express their thoughts and concerns.

In the debate competition, the team from INS Vikas emerged victorious, displaying excellent communication skills, persuasive arguments, and a comprehensive understanding of the topic. Their insightful perspectives and strong presentation earned them the first prize, highlighting their dedication and preparation.

Similarly, in the poster-making competition, INS Vikas showcased their creativity and artistic abilities, capturing the challenges and issues faced by today's youth in a thought-provoking manner. Their winning entry not only demonstrated their artistic skills but also conveyed a powerful message about the struggles and aspirations of the youth.

The competitions were judged by experienced faculty members who assessed the participants' performances based on various criteria such as content, presentation, creativity, and relevance to the given themes.

The inter-ship debate competition and poster-making competition provided a platform for students to engage in critical thinking, express their opinions, and showcase their artistic abilities. These activities encouraged healthy competition, fostered intellectual growth, and promoted a deeper understanding of the chosen topics.



THE WORLD OZONE DAY

The Heritage Club, MIRAASA, in collaboration with the Zoology Department, celebrated World Ozone Day on September 16th, 2019.

Objective: The event aimed to raise awareness about the importance of protecting the ozone layer and promoting sustainable practices.

The celebration involved various activities and initiatives to educate students about the significance of the ozone layer and its role in preserving life on Earth. The Heritage Club and the Zoology Department jointly organized informative sessions, presentations, and discussions on the topic.

Students were enlightened about the causes and consequences of ozone depletion, including the harmful effects of ultraviolet (UV) radiation on human health, ecosystems, and the environment. The sessions also emphasized the importance of adopting environmentally friendly practices to reduce the release of ozone-depleting substances.

To engage the students actively, the event included interactive activities such as quizzes, poster-making competitions, and group discussions. These activities allowed the participants to showcase their knowledge, creativity, and commitment to environmental conservation.

Outcome: The collaboration between the Heritage Club and the Zoology Department proved beneficial in providing a holistic understanding of the subject. It allowed students to explore the scientific aspects of ozone depletion while also appreciating the cultural and historical significance of the ozone layer.



WORLD HERITAGE WEEK

During the World Heritage Week, which took place from November 19th to November 24th, 2019, the Heritage Club of St. Bede's College organized various activities to promote awareness and appreciation for cultural heritage and monuments.

Objective: The objective of the week-long celebration was to highlight the importance of preserving our rich heritage.

One of the key events during the week was the Heritage Walk, which took place on a picturesque route from Navbahar Chowk to the Viceregal Lodge in Shimla. A group of 50 students, accompanied by three teachers, embarked on this walk, immersing themselves in the historical and cultural significance of the city.



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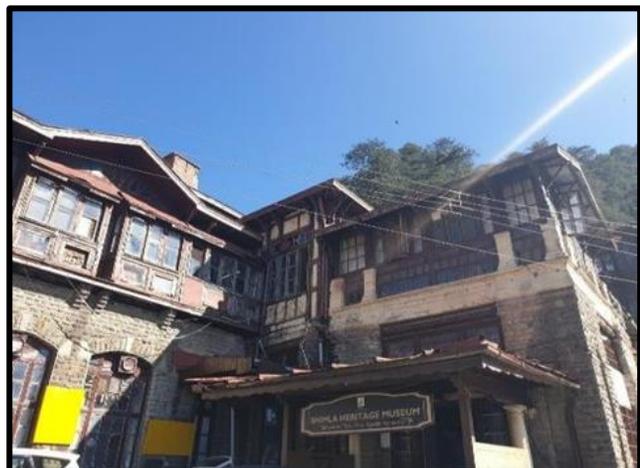
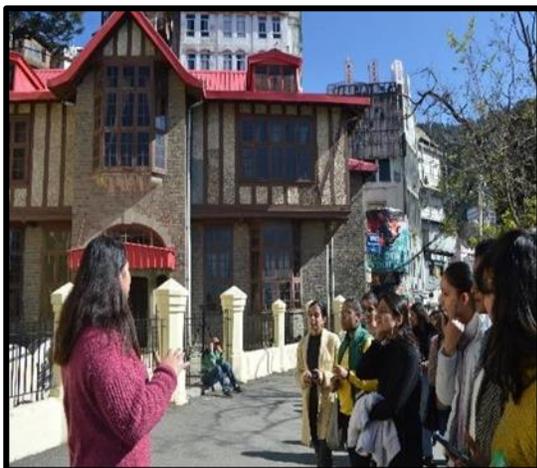
Alongside the walk, a photography competition was held, allowing the participants to capture the essence of their surroundings. Arushi Miglani secured the first position in the photography competition, showcasing her skill in capturing the beauty of heritage sites, while Kajol Gera earned the second position.

Another engaging activity during the World Heritage Week was the Heritage Quiz, held on November 29th in the Seminar Room. Four teams, consisting of two students each, competed in a quiz that tested their knowledge of built, cultural, natural, and living heritage, both at the national and state level. The participants displayed enthusiasm and active participation, with Tanvi Sharma and Aakriti Khandelwal emerging as the winners.

On December 2nd, a Folk Singing Competition was organized, providing students with the opportunity to showcase their talent and connect with traditional folk music. The participants enthralled the audience with their beautiful renditions, evoking a sense of nostalgia and appreciation for our cultural roots. Megha Bhagta secured the first position in the competition, while Shilangi Panta earned the second position.

The final event of the week was a Sketching Competition held on December 3rd. The participants focused their artistic abilities on capturing the essence of the Marine Block, one of the oldest and most visually captivating parts of the campus. With great dedication and attention to detail, Muskan Chauhan secured the first position in the competition, showcasing her artistic prowess.

Outcome: The World Heritage Week celebrations organized by the Heritage Club provided students with a platform to engage with and appreciate our cultural heritage. Through activities such as the Heritage Walk, photography competition, quiz, folk singing competition, and sketching competition, students were able to showcase their talents, deepen their understanding of heritage, and foster a sense of pride and ownership in preserving our cultural legacy. The successful participation and outcomes of these events further emphasize the importance of promoting and safeguarding our cultural heritage for future generations.





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SESSION 2020-21

JASHN-E-MIRAS

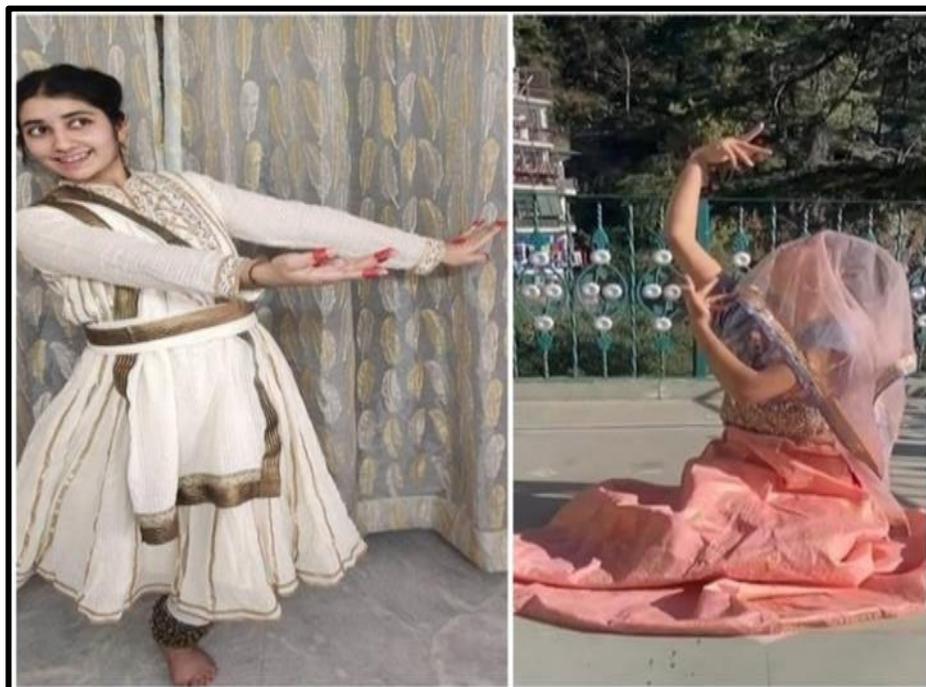
To commemorate 'Heritage Week 2020', the Heritage Club of St. Bede's College, Miraasa, organized a series of competitions from December 14th to December 18th, 2020. These competitions provided a platform for students to showcase their talents and celebrate the rich cultural heritage of India. The various competitions held during the week were as follows:

1. Libaas: Participants dressed up as characters from Indian epics and delivered a spoken piece, bringing these iconic figures to life through their attire and performances.
2. Lok Nritya: Participants showcased the vibrant and diverse folk dances of different regions, representing various cultures and traditions across India.
3. Naveli: Participants exhibited their creativity by creating beautiful craftwork using waste materials. This competition aimed to promote sustainability and the use of eco-friendly materials.
4. Swaad: Participants curated and presented traditional recipes of famous delicacies from their local regions, highlighting the culinary diversity and richness of Indian cuisine.
5. Sahitya: Participants narrated captivating folklores and stories from different parts of India, preserving and sharing the cultural heritage and oral traditions of the country.
6. Tasveer-E-Paheli: An online quiz competition conducted on MS Teams, focusing on Indian Monumental Heritage and Music. Participants answered questions related to these subjects, testing their knowledge and understanding of India's heritage.



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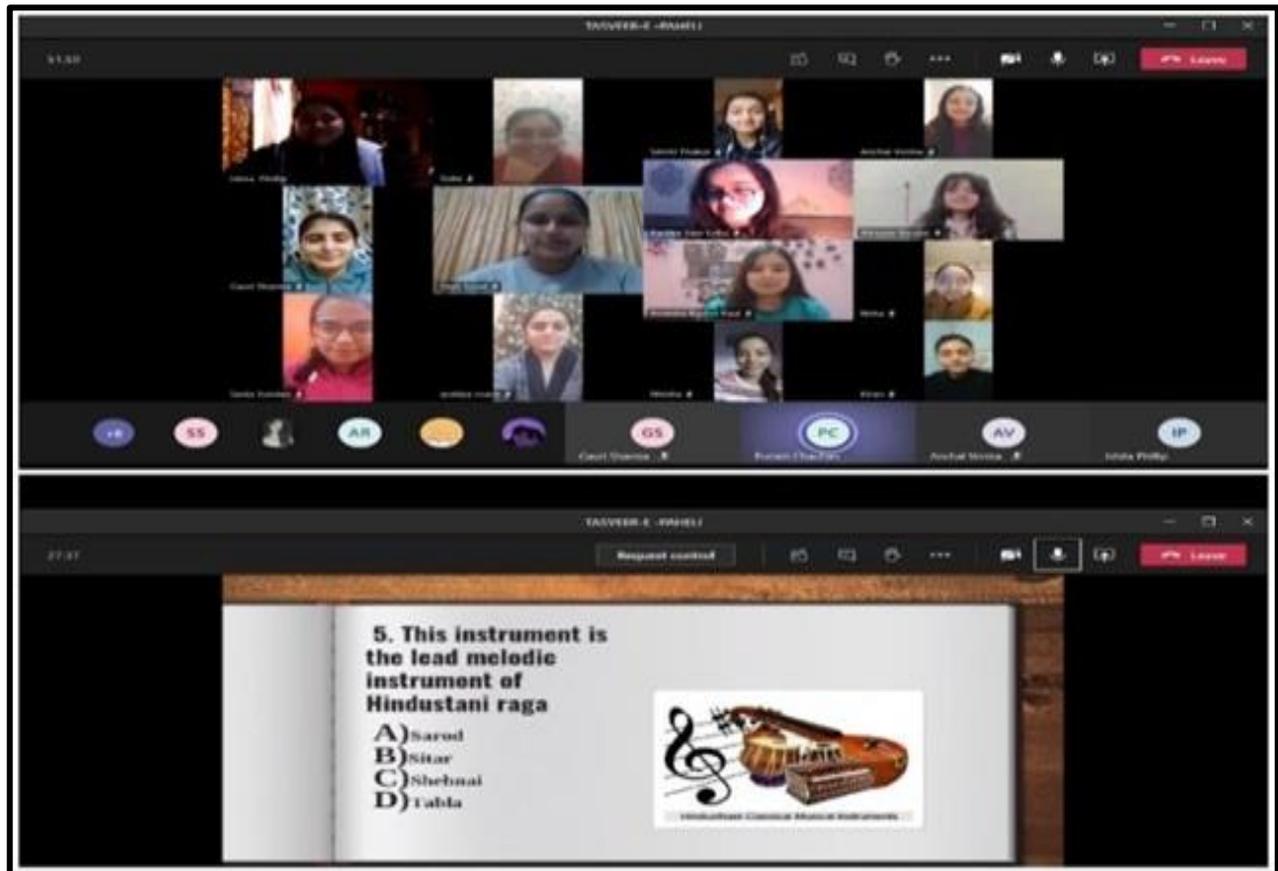
Outcome: These competitions provided students with opportunities to explore and appreciate the cultural heritage of India. They encouraged creativity, research, and knowledge-sharing, fostering a deeper understanding and appreciation for the diverse traditions and customs that make up India's rich heritage.





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HUMAN RIGHTS DAY 2020

On December 10, 2020, in honor of Human Rights Day, Miraasa, the Heritage Club of St. Bede's College, organized an online presentation to commemorate this important occasion.

Objective: The primary objective of the presentation was to raise awareness among students about their own human rights and the rights of others.

The online presentation provided a platform for students to explore and understand the various aspects of human rights. It highlighted the fundamental principles and values enshrined in international human rights declarations and treaties. The session included discussions on topics such as equality, freedom, dignity, and social justice. Students were encouraged to reflect on the significance of human rights in their daily lives and how they can contribute to building a more just and inclusive society.

Outcome: Through interactive activities, videos, and thought-provoking discussions, the presentation aimed to deepen students' understanding of human rights issues. It emphasized the importance of empathy, respect, and tolerance towards all individuals, regardless of their background, race, gender, or beliefs.

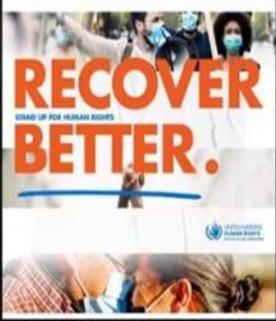


Human Rights Day celebrations organised by Heritage Club

Request control

2020 Theme: Recover Better - Stand Up for Human Rights

- ◆ This year's Human Rights Day theme relates to the COVID-19 pandemic and focuses on the need to build back better by ensuring Human Rights are central to recovery efforts.
- ◆ 10 December is an opportunity to reaffirm the importance of human rights in re-building the world we want, the need for global solidarity as well as our interconnectedness and shared humanity.
- ◆ Under UN Human Rights' generic call to action "Stand Up for Human rights", the aim is to engage the general public and the UN family to bolster transformative action and showcase practical and inspirational examples that can contribute to recovering better and fostering more resilient and just societies.



Ishita Phillip

+225 ME DS DV IP AS SS NP AV
Annie Samson Savi Sood Nandini Pathania Archal Verma

Human Rights must be at the centre of the post covid-19 world



- ◆ The COVID-19 crisis has been fueled by deepening poverty, rising inequalities, structural and entrenched discrimination and other gaps in human rights protection. Only measures to close these gaps and advance human rights can ensure we fully recover and build back a world that is better, more resilient, just, and sustainable.

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SESSION 2021-22

HIROSHIMA DAY ONLINE COMPETITIONS

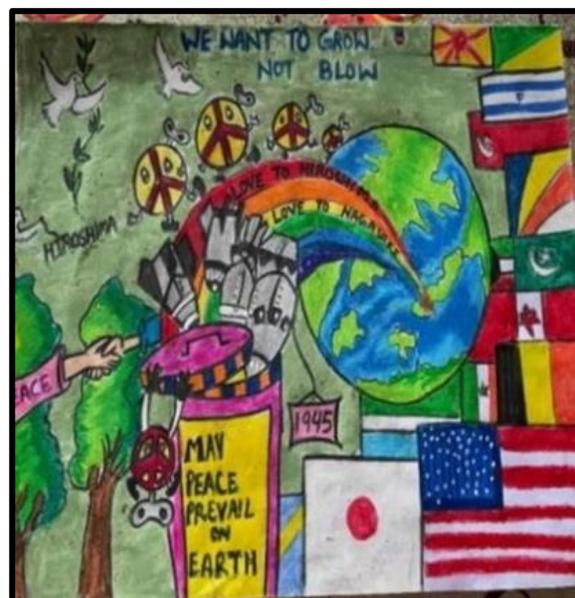
On August 6, 2021, Miraasa: the Heritage Club of the Department of History organized online poster making and slogan writing competitions to commemorate the 76th Hiroshima Day.

Objective: The aim of these competitions was to raise awareness about the devastating effects of the atomic bombing of Hiroshima and to promote peace and nuclear disarmament.

In the poster making competition, participants were invited to create visually impactful posters that conveyed the message of peace and highlighted the importance of nuclear disarmament. The participants showcased their creativity and artistic skills by designing thought-provoking posters that emphasized the need for a world free from nuclear weapons.

Simultaneously, the slogan writing competition encouraged participants to come up with powerful and meaningful slogans that conveyed the significance of peace and the urgency to prevent future nuclear disasters. The participants demonstrated their ability to condense impactful messages into concise and memorable slogans.

Outcome: These competitions provided an opportunity for students to engage with the historical significance of Hiroshima Day and to express their views on peace and nuclear disarmament through creative means. The participants' posters and slogans served as a reminder of the importance of promoting a peaceful world and working towards the elimination of nuclear weapons.



Posters by Tanuja Swain and Palak Sahota



Slogan by Aanchal Verma

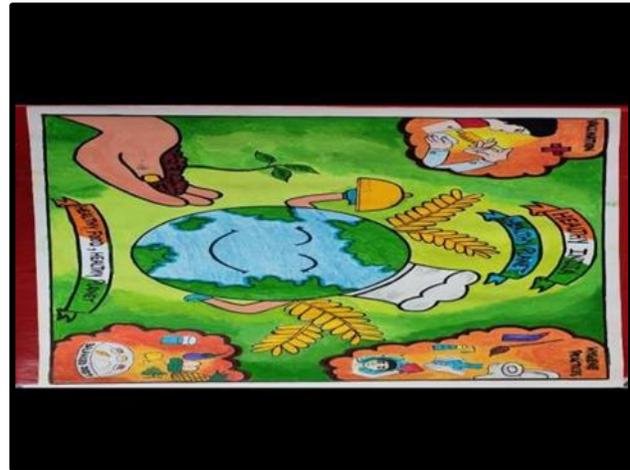
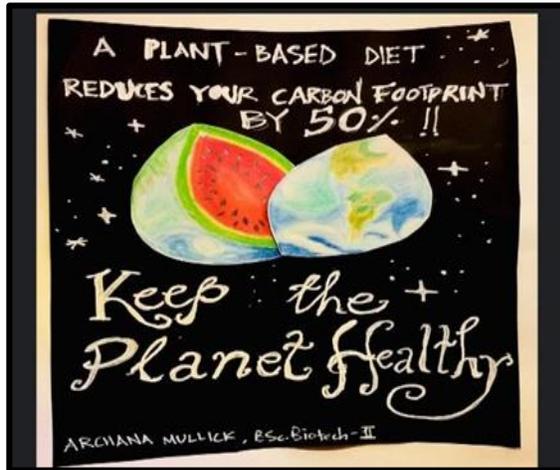
INTERNATIONAL YOUTH DAY

On August 12, 2021, Miraasa, the heritage club of St. Bede's College, organized a poster making competition to commemorate International Youth Day. The theme for the competition was "Healthy Body, Healthy Planet."

Objective: The objective was to encourage participants to reflect on the importance of maintaining a healthy lifestyle for both personal well-being and the well-being of the planet.

Archana Mullick, a third-year student pursuing BSc. Biotechnology, participated in the competition and created a poster that effectively conveyed the message of the theme. Her artwork showcased the interconnectedness between individual health and the health of the planet, highlighting the significance of adopting sustainable practices and making conscious choices to protect the environment.

Outcome: Miraasa's initiative to organize the poster making competition on International Youth Day aimed to engage young minds in addressing global challenges and inspiring them to become agents of positive change.



Posters by Archana Mullick and Shreya Chauhan, the first and second prize winners



Poster by Anjali Chauhan, the third prize winner

HERITAGE WEEK

The Heritage Club of St. Bede's College celebrated World Heritage Week from November 19-25, 2021, with a series of engaging activities for the students. These activities included a Poster Making Competition, Rangoli Competition, Folk Singing Competition, Photography Competition, and a Heritage Walk.

Objective: The aim of these activities was to raise awareness about the importance of preserving and appreciating our rich cultural heritage.

In the Poster Making Competition, Tanuja Swain from BA II emerged as the winner, showcasing her artistic skills and creative interpretation of the theme. Sonam Dolma from BA II secured the top position in the Rangoli Making Competition, exhibiting her talent in traditional art forms. The Folk Singing Competition witnessed Ayushi from BA II and Priyanka from BA III captivating the audience with their melodious voices and securing the first and second positions, respectively. Rashi Bhardwaj from BA II stood out in the Photography Competition, capturing the essence of heritage



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sites through her lens.

Outcome: The Heritage Club also organized a Heritage Pledge and a Heritage Walk to encourage students to actively engage with their cultural heritage. These activities provided students with an opportunity to explore and appreciate the rich history and traditions of their surroundings.



Poster Making Competition Entries



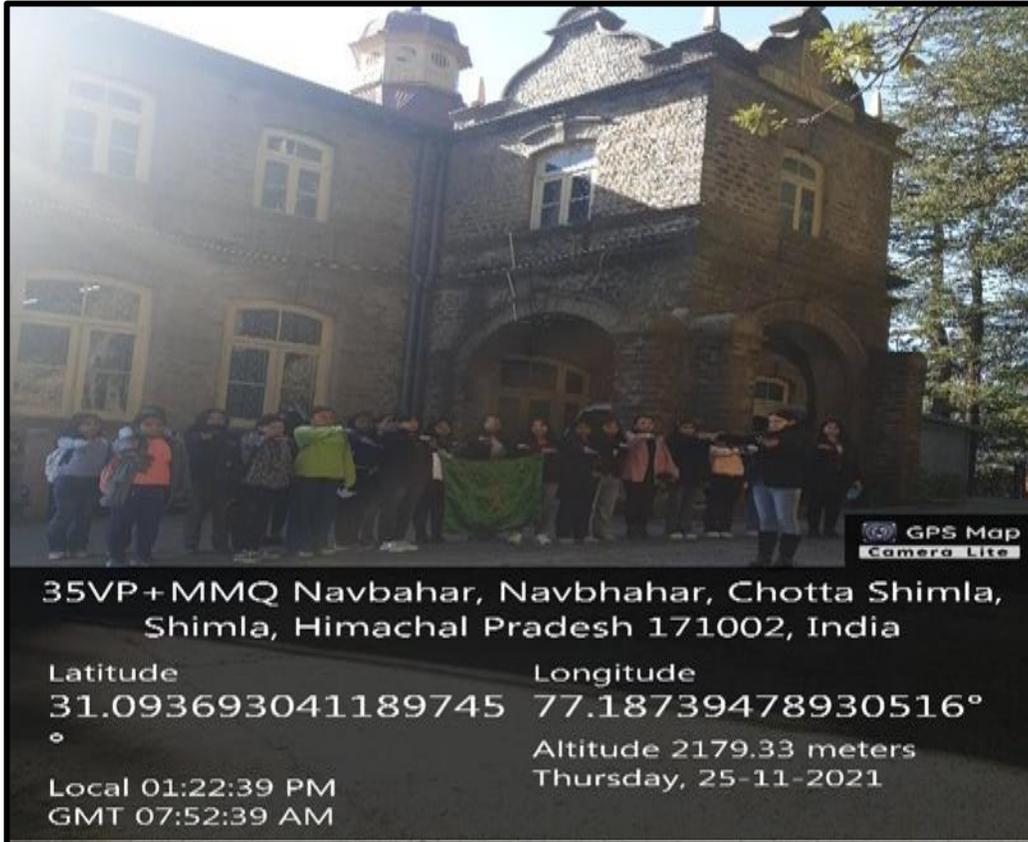
Rangoli Making Competition Entries



Folk Singing Competition



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Heritage Pledge



Heritage Walk



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Heritage Walk



Photography Competition Entries



SESSION 2022-23

HIROSHIMA DAY

On August 6, 2022, Miraasa, the heritage club of the Department of History at St. Bede's College, commemorated the 77th anniversary of Hiroshima Day.

Objective: The club organized an educational program with the objective of promoting peace politics against war and raising awareness among students about the tragic events that occurred in Hiroshima.

The program began with a PowerPoint presentation that provided historical context and detailed information about the bombings of Hiroshima. It highlighted the devastating impact of nuclear weapons and the need to work towards a world free of such destructive capabilities. The presentation also emphasized the responsibility held by nations possessing nuclear weapons in promoting peace and disarmament.

Following the presentation, a documentary was screened that further shed light on the aftermath of the bombings and the efforts made by survivors to advocate for peace. The documentary served as a powerful reminder of the human cost of war and the urgent need for peace-building initiatives.

Outcome: The program was designed to sensitize students and create awareness about the significance of promoting peaceful policies. It aimed to instil in them a sense of responsibility towards advocating for peace and working towards the prevention of similar tragedies in the future.





INTERNATIONAL YOUTH DAY

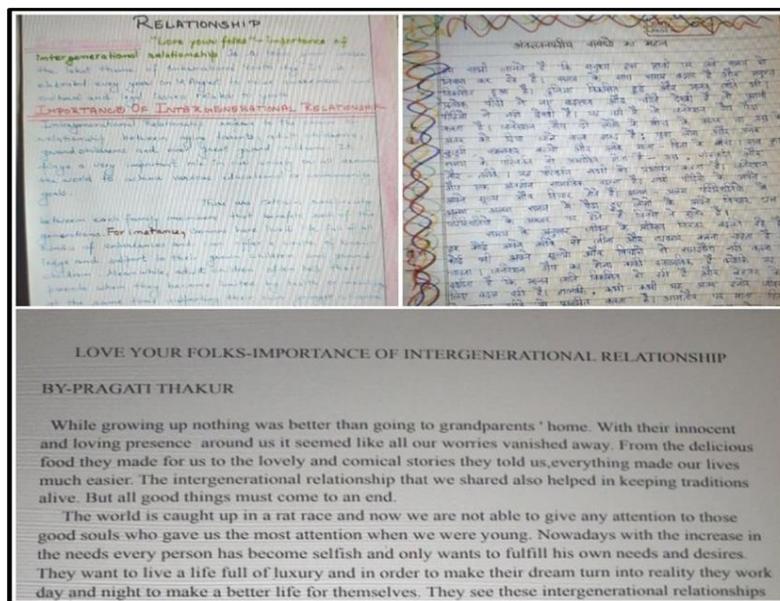
On August 12, 2022, in celebration of International Youth Day, Miraasa, the heritage club of St. Bede's College, organized an online Inter-College essay writing competition. The theme for the competition was "Love your folks - Importance of Intergenerational relationships."

Objective: The event aimed to highlight the significance of fostering strong bonds and mutual understanding between different generations.

Students from various colleges participated in the competition, showcasing their writing skills and perspectives on intergenerational relationships. The essays provided insights into the importance of respecting and cherishing the wisdom, experiences, and values passed down by older generations. The participants reflected upon the role that intergenerational relationships play in personal growth, cultural preservation, and social harmony.

Anjali Verma and Pragati Thakur from St. Bede's College secured the first position, showcasing their exceptional understanding and articulation of the theme. The second position was jointly awarded to Sunakshi from Govt. Degree College, Theog, and Nanshi Gupta from Govt. Degree College, Kandaghat, for their insightful and thought-provoking essays.

Outcome: The competition provided a platform for young minds to express their thoughts and engage in meaningful discussions about the significance of intergenerational relationships. It encouraged participants to reflect on the wisdom and guidance passed down by older generations and emphasized the value of maintaining strong connections between different age groups.





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Poster Making Competition (Theme-National Unity)



Run for Unity



HERITAGE WEEK

Miraasa, the heritage club of St. Bede's College, enthusiastically celebrated World Heritage Week from November 19 to 25, 2022.

Objective: The week-long celebration aimed to honor and promote the rich cultural heritage of our nation through a series of engaging activities.

The celebration began with the Heritage Pledge, where students and faculty members reaffirmed their commitment to preserving and promoting India's cultural heritage. This pledge served as a reminder of the importance of safeguarding our heritage for future generations.

A Heritage Walk was organized, taking participants on a journey through the college campus and nearby areas to explore and appreciate the architectural and historical aspects of the surroundings. This walk allowed participants to learn more about the heritage sites and their significance in the local context.

To showcase their artistic talents, students participated in a Painting Competition on the theme of Indian Folk Art. They created stunning artworks that celebrated the diversity and beauty of our traditional art forms. Tanuja Swain from BA III Psychology Hons. secured the first position, while Anjali Verma from BA III secured the second position in the competition.

A Heritage Quiz was conducted to test the participants' knowledge about various aspects of Indian heritage, including history, art, and architecture. This quiz served as an interactive and educational



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activity, allowing students to learn more about the heritage of their country.

In the Inter-College Photography Competition, participants were invited to capture the essence of either Natural Heritage or Built Heritage through their photographs. Mehak Khakta from BA III Economics Hons. emerged as the winner, showcasing her talent in capturing the beauty and significance of heritage sites through her photography.

Additionally, an Inter-College Essay Writing Competition was held, providing students with an opportunity to express their thoughts and insights on the importance of preserving and promoting our cultural heritage. Himanshi Sahini from BA III Psychology Hons. secured the first position, while Amrita Sharma from Govt. Degree College, Kandaghat secured the second position in the competition.

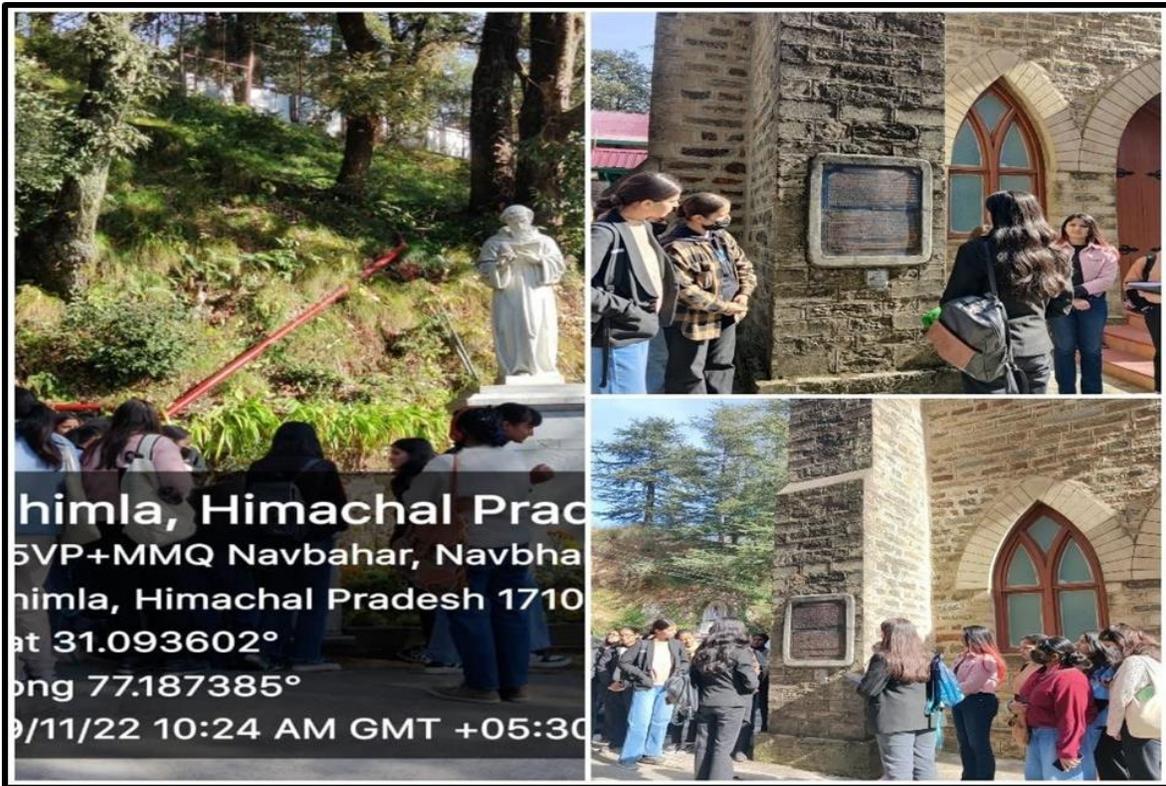
Outcome: The World Heritage Week celebration by Miraasa aimed to raise awareness about the importance of preserving our heritage and instill a sense of pride and appreciation for our cultural legacy. Through activities like the Heritage Walk, Painting Competition, Quiz, Photography Competition, and Essay Writing Competition, students actively engaged in learning and promoting our rich heritage.



Heritage Pledge



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Heritage Walk



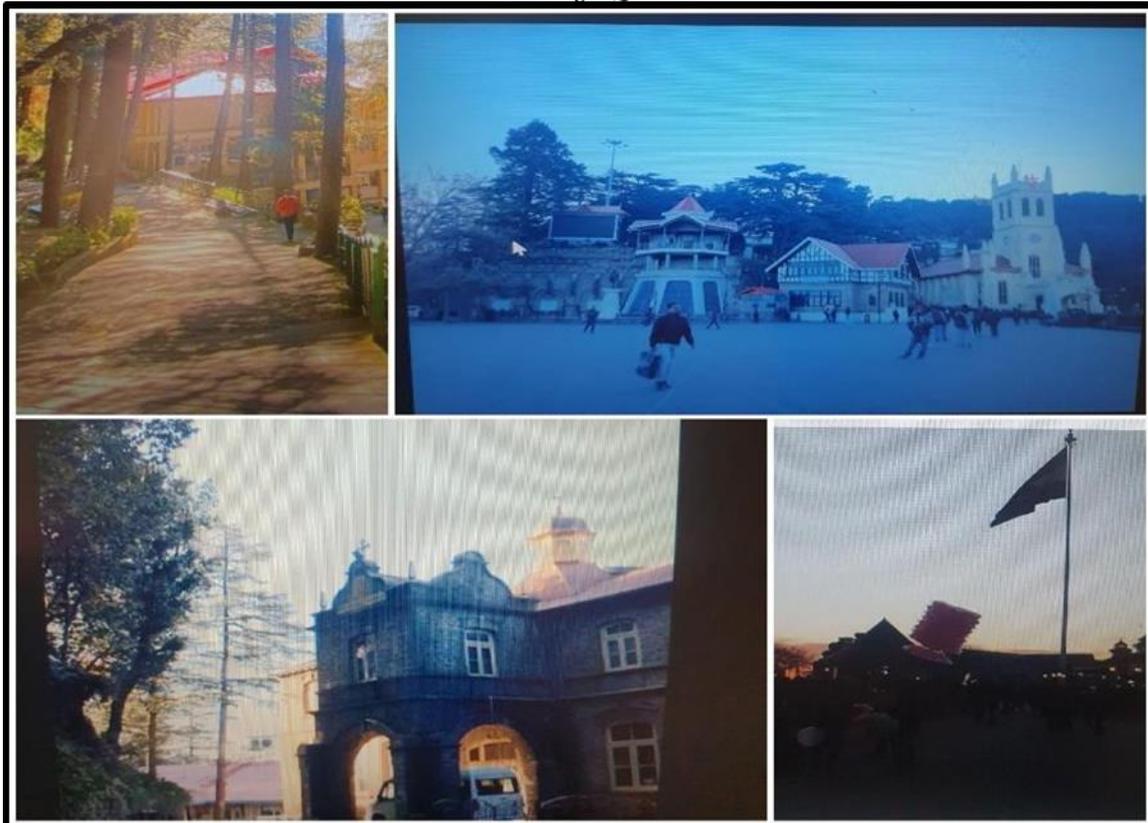
Painting Competition (Theme: Indian Folk Art)



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Heritage Quiz



Inter College Photography Competition (Theme: Natural Heritage or Built Heritage)