



## **EXTENSION ACTIVITIES 2017-23**

### **SESSION 2017-18**

#### **COMMUNITY OUTREACH PROGRAMME**

From May 13, 2018, to May 16, 2018, Dr. Anupama Tandon, Head, Economics department undertook a Community Outreach Programme by visiting Spiti Children Home School Munsel-Ling, located in Rangrik, Lahaul and Spiti, Himachal Pradesh.

During the visit, she delivered lectures on the topic of economic development to the students at the school. These lectures aimed to provide the students with a deeper understanding of the concepts and principles of economic development, fostering their knowledge in this field.

In addition to the lectures, she also conducted workshops on the organization and presentation of data. These workshops were designed to enhance the students' skills in handling and analysing data, as well as effectively presenting their findings.

**Objective:**By providing practical guidance and interactive sessions, she aimed to equip the students and faculty living in the remote area of Rangrik, Lahaul and Spiti, Himachal Pradesh. with the necessary tools for data analysis and presentation, which are crucial skills in the field of economics.

Furthermore, as part of the visit, she contributed to the evaluation process by providing feedback through SWOT (Strengths, Weaknesses, Opportunities, and Threats) analysis. This evaluation process allowed the volunteers and teachers at the school to identify their strengths, weaknesses, areas for improvement, and potential opportunities or challenges.

**Outcome:**The Community Outreach Programme conducted by Dr. Tandon aimed to make a positive impact on the students at Spiti Children Home School. Through the lectures, workshops, and evaluation feedback, she actively contributed to the educational development of the students, empowering them with knowledge and skills related to economic development, data analysis, and presentation.

The programme fostered a spirit of community engagement and academic support, highlighting the dedication of the faculty members in promoting education and sharing their expertise with the students. The visit to Spiti Children Home School Munsel-Ling served as a valuable opportunity to connect with the local community, contribute to their learning, and inspire them towards academic excellence in the field of economics.



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### **SESSION- 2018-2019**

#### **TARGETBALL TOURNAMENT HELD IN PHUNTSHOLING, BHUTAN, FROM 5TH TO 11<sup>th</sup> JULY, 2018**

Khushbu Sharma, a first-year student pursuing a bachelor's degree in economics Honours, had the incredible opportunity to represent India in a Targetball Tournament held in Phuntsholing, Bhutan. The tournament took place from July 5th to July 11th, 2018, and Khushbu Sharma, as part of the Indian team, showcased her exceptional skills and dedication.



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**Objective:** The tournament provided an opportunity for Khushbu to compete at a higher level, gain valuable experience, and represent her country on an international platform.

Competing against teams from various countries, Khushbu Sharma and her teammates demonstrated their talent and teamwork, ultimately achieving great success. The Indian team's remarkable performance led them to win the Champions Trophy in the Targetball Tournament, bringing pride and glory to their nation.

Participating in an international sporting event not only required physical agility and prowess but also showcased Khushbu Sharma's commitment and perseverance. Representing one's country on such a platform requires discipline, hard work, and the ability to perform under pressure, all of which Khushbu Sharma displayed throughout the tournament.

**Outcome:** Khushbu Sharma's achievement in the Targetball Tournament serves as an inspiration to her peers and the entire college community. Her dedication to both academics and sports demonstrates the importance of pursuing a well-rounded education and balancing different aspects of life.

The college commends Khushbu Sharma for her outstanding performance and for bringing honor to the institution and the country. Her achievement in the Targetball Tournament serves as a reminder of the talent and potential present within the college's student body, and it further encourages other students to pursue their passions and excel in various fields.



## SESSION- 2019-2020

### MASS AWARENESS CAMPAIGN "SAMARTH"

On October 11, 2019, St. Bede's College organized a Mass Awareness Campaign called "SAMARTH" to observe the International Day for Disaster Reduction (IDDR). Students and faculty members actively participated in the campaign as a symbol of solidarity with global efforts in disaster risk reduction.

**Objective:** As a part of the campaign, an exhibition on Products, Technologies, and Equipment Related to Disaster Preparedness and Response was organized. The students of the department



took part in various activities aimed at equipping them with life-saving skills and knowledge related to disaster preparedness.

One such activity was the "Fire Safety Practice Session" where students learned about fire safety measures and how to effectively respond to fire emergencies. They were trained on fire extinguisher usage, evacuation procedures, and the importance of maintaining fire safety protocols.

Another activity focused on "Medical First Aid" where students learned essential first aid techniques to provide immediate medical assistance during emergencies. They were trained on basic life support, wound management, CPR (cardiopulmonary resuscitation), and other skills necessary for providing effective first aid.

Additionally, the students participated in "Search and Rescue Operations" training where they learned techniques to locate and rescue individuals trapped in disaster-stricken areas. They were trained on search strategies, communication protocols, and methods of safely extracting individuals from dangerous situations.

The exhibition served as a valuable platform for the students to learn about various products, technologies, and equipment used in disaster preparedness and response. It allowed them to explore different tools and resources available to mitigate the impact of disasters and save lives during critical situations.

**Outcome:** Through their active participation in these activities, the students of St. Bede's College gained practical knowledge and hands-on experience in disaster preparedness and response. They acquired life-saving skills that can be applied in real-life scenarios, making them better prepared to face and address disasters effectively.

The exhibition and training sessions were essential in fostering a culture of resilience and preparedness among the students. By actively engaging in these activities, they demonstrated their commitment to promoting safety, saving lives, and contributing to disaster risk reduction efforts.

These activities highlighted the college's dedication to promoting disaster resilience and preparing individuals to respond effectively in times of emergencies.



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1. The Additional Director General, HP HG & Civil Defense, US Club Shimla-2, HP.
2. The Station Commander, Army Training Command, Shimla, HP
3. The DIG, ITBP Sector HQ, Tara Devi, Shimla, HP
4. The State Director, NYKS, New Tottu, Shimla-1
5. All Principal, Govt/Pvt. University/ Collage, Shimla-MC Area, H.P. (List enclosed)
6. All Principal, ITI, Shimla-MC Area, H.P. (List enclosed)
7. The District IAG, Shimla. (List enclosed)

Dated Shimla-2, the 03.10.2019

**Subject: Regarding-Invitation for participation for celebration of 'Samarth-2019'- on 11<sup>th</sup> to 13<sup>th</sup> October 2019 at The Ridge.**

Sir,

As symbol of solidarity with the global efforts to observe the celebrations related to the International Day for Disaster Reduction (IDDR), the Himachal Pradesh State Disaster Management Authority (HPSDMA) organizes an Annual Mass Awareness Campaign on Disaster Risk Reduction- 'Samarth'. Started in the year 2011, this statewide campaign is carried out at the state, district and community level and a variety of events and activities are being organized this year from 11<sup>th</sup> to 23 of October 2019 at all Districts and State level.

In this context, HPSDMA, Department of Revenue is organizing a "Solidarity March for Disaster Risk reduction" on 11<sup>th</sup> October 2019 at 9AM. This march likely to be flagged off by Hon'ble Chief Minister, Himachal Pradesh from his official residence the Oak Over to Scandal point, the Mall at 09:00 AM on 11<sup>th</sup> October 2019. The participants of the solidarity march will assemble at Multipurpose Hall, Gaiety Heritage Cultural Complex



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where they will be educated on various aspects of disaster risk reduction through small documentary and other modes. The activities will be over by 01:00 PM.

There are several other activities such as **Exhibition on Search and Rescue equipment's Hands on "Fire Safety Practice Session" organized by Fire Services department in association with Ceasefire & "Medical First Aid" by IGMC, SIHFW and GVK EMRI** which will be conducted w.e.f. 11<sup>th</sup> to 13 October 2019, at the Ridge-Shimla. The participants can also become parts of these activities and learn life saving skills.

You are, therefore requested to depute at least 25-30 participants from your organization for the above-mentioned events.

In addition to this, you are requested to provide the details of officer/officials/Volunteers, etc. to be nominated for the said event along with contact details of the participants. For any clarification regarding the program kindly call on phone numbers 0177-2880320 or 8988341921.

Yours faithfully,

(D.C. Rana)

Director-Special Secretary (Rev-DM) to the  
Government of Himachal Pradesh.



**List of Participant's for Samarth 2019.**

**University**

1. The Vice-Chancellor, HPU-Shimla-5 HP
2. The Vice-Chancellor, Mehli-Shoghi Bypass Road, Shimla, Himachal Pradesh 171009.

**College**

3. The Principal, Govt. Skt. College, Phagli Shimla.
4. The Principal, Rajiv Gandhi Govt. Degree college Chaura maidan (Kotshera).
5. The Principal, Govt. College, Sanjauli.
6. The Principal, RKMV Shimla.
7. The Principal, St. Bedes Navbahahr Shimla 171002.
8. The Principal, Knowledge City, Mehli, Shimla Himachal Pradesh 171013. The ALTERNATIVELY VERY NEW IDEOLOGY AVNI, C/o B.N.Gupta Niwas, H.No. 27/1 Boileauganj, Shimla - 1710005 Himachal Pradesh.

**NGO's**

9. The BRAG KISSAN VIKAS JAN KALAN SAMITI, Chunjar near Kharapathar P.O. Sheel Tehsil - Rohru Distt. - Shimla H.P. PIN - 171205.
10. The HIMACHAL MANAV SEVA, RUPA COTTAGE VPO CHOPAL.
11. The HIMALAYAN RESEARCH GROUP, Umesh Bhavan, Chotta Shimla, Shimla-171002 H.P.
12. The INNOVATIVE SCIENCE RESEARCH SOCIETY, Innovative Science Research Society Kumar Kunj, Bhawati Nagar, Lower Khalini Shimla-171009.
13. The Church's Auxiliary for Social Action (CASA), HK Niwas, House no 437 opposite DAV School Sector 4 New Shimla.
14. The Help age India, Lady Harding Cottage, Bambloie, Shimla, H.P.





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## **INTERCOLLEGE DEBATE COMPETITION**

Kriti Verma, a student in the 6th semester pursuing a bachelor's degree in economics Honours, showcased her exceptional debating skills by securing the 3rd position in 'The Tribune Inter-College Debate Competition.' The competition was held on December 11, 2019, at Government College, Sanjauli, Shimla.

**Objective:** Her participation aimed to contribute to the competition by presenting well-researched arguments against the motion and providing an alternative viewpoint on the economic slowdown.

The topic of the debate was "Is India facing an economic slowdown?" Kriti Verma eloquently presented her arguments against the motion, displaying her in-depth understanding of the subject matter and her ability to articulate her thoughts persuasively.

Competing against participants from various colleges, Kriti Verma's performance captivated the audience and impressed the judges. Her well-researched arguments, logical reasoning, and effective delivery contributed to her success in securing the 3rd position in the competition.

By speaking against the motion, Kriti Verma showcased her ability to analyze complex economic issues and present alternative perspectives. Her performance not only highlighted her expertise in the field of economics but also demonstrated her ability to engage in informed discussions on current economic issues.

**Outcome:** Kriti Verma's success in 'The Tribune Inter-college Debate Competition' is a matter of pride for her and the college. Her achievement reflects the college's commitment to academic excellence and the development of students' oratory and analytical skills.

Her success serves as an inspiration to her peers and encourages other students to actively participate in academic events and develop their communication and critical thinking abilities.

## **PRESENTATION ON A RESEARCH PAPER TITLED "CHILD LABOUR AND CHILD SEXUAL ABUSE."**

Kriti Verma, a dedicated student in the 6th semester of Economics Honours, made a significant contribution to the field of human rights by presenting a research paper titled "Child Labour and Child Sexual Abuse." The presentation took place during the National Seminar on Human Rights: Issues and Challenges, which was held on August 10, 2019. The seminar was organized by the Himachal Pradesh University Institute of Legal Studies (UILS).

**Objective:** Through her research paper, Kriti aimed to highlight the challenges faced by children in these vulnerable situations and advocate for their rights and protection. Her participation in the seminar aimed to foster discussion, generate insights, and contribute to the overall understanding of human rights issues related to child exploitation. Additionally, Kriti aimed to receive feedback and engage in dialogue with other participants and experts in the field, further enhancing her knowledge and understanding of the subject matter.



Kriti Verma's research paper focused on the critical issue of child labour and its connection to child sexual abuse. Through her extensive research, she shed light on the detrimental effects of child labour on the physical, emotional, and psychological well-being of children, while also highlighting the alarming link between child labour and child sexual abuse. Her paper explored the challenges faced in addressing these issues and proposed potential solutions to combat child labour and protect vulnerable children from abuse.

**Outcome:** Presenting a research paper in a national seminar requires meticulous research, in-depth analysis, and effective communication skills. Kriti Verma's participation in this seminar reflects her passion for human rights and her commitment to addressing the pressing issues affecting society, particularly the welfare of children.

By sharing her research findings and insights on the topic of child labour and child sexual abuse, Kriti Verma contributed to raising awareness and generating discussions on these critical issues. Her research paper added valuable insights to the seminar, enriching the knowledge and understanding of the participants, including fellow students, academicians, and experts in the field of human rights. Her contribution to the seminar serves as an inspiration to her peers and encourages further exploration and discussion on the important issue of child labour and child sexual abuse.

## **SESSION- 2021-2022**

### **INTER COLLEGE ECONOMICS LITERARY MEET 2021-22**

The Department of Economics at St. Bede's College, Shimla organized an Inter-college Economics Literary Meet on March 22, 2022. The event witnessed active participation from various colleges, including Government PG College for Centre of Excellence, Sanjauli, Rajkiya Kanya Maha Vidyalaya, University Institute for Legal Studies, Avalodge, Rajiv Gandhi Degree College, and Kotshera.

**Objective:** Several engaging activities were organized, allowing students to showcase their skills and knowledge in the field of economics.

Here are the details of the activities:

#### **Poster making competition: Theme: Save India from the clutches of Corruption**

Participants were tasked with creating posters that raised awareness about the issue of corruption in India. The competition aimed to encourage students to express their ideas visually and highlight the importance of combating corruption for the country's economic development.

#### **Cartoon making competition: Theme: Economic Crisis**



Students were given the opportunity to showcase their artistic skills by creating cartoons that depicted the challenges and implications of an economic crisis. This activity encouraged participants to think creatively and present their understanding of economic issues through visual representation.

**Debate: Theme: China - A Threat to Indian Economy**

The debate focused on the economic impact of China on India. Participants presented their arguments, either in favour or against the motion, showcasing their research, critical thinking, and persuasive speaking skills. The debate provided a platform for students to explore different perspectives on the topic.

**Shark tank:** This activity required students to deliver a five-minute presentation, convincing potential investors to invest in their hypothetical company. Participants had to showcase their ideas, vision, team, and market potential. The presentations were followed by a two-minute question and answer session, allowing students to demonstrate their business acumen and communication skills.

**Street play: Theme: Vicious Circle of Poverty**

Students enacted a street play that highlighted the intergenerational cycle of poverty and its impact on society. Through their performances, they aimed to raise awareness about the causes and consequences of poverty and promote the importance of breaking the cycle through education and economic opportunities.

**Crossword:** Students were given a crossword puzzle consisting of economics-related terms and concepts. The teams had to complete the crossword within a time limit of 10 minutes. The team with the highest score emerged as the winner, testing the participants' knowledge of economics terminology and concepts.

**Outcome:** The Inter-college Economics Literary Meet provided a platform for students to showcase their talents, creativity, and knowledge in various areas of economics. The activities fostered healthy competition, critical thinking, and the exchange of ideas among the participants. The event not only enhanced the participants' understanding of economic issues but also promoted teamwork, communication skills, and analytical thinking.



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*The Economics Department*  
*Of*  
*St. Bede's College, Shimla*  
**presents**

**INTER COLLEGE**  
**ECONOMICS LITERARY FEST**  
**2022**

**EVENTS :**  
1) **DRAW'EM UP**  
2) **TOONEY LOONS**  
3) **DEBATE**  
4) **STREET PLAY**  
5) **AD MASTERS**  
6) **ECO CROSSWORD**  
7) **SHARK TANK**

**So all the Economics enthusiasts**  
**tighten your girdles and buck up because its**  
**time for the biggest inter college fest!**

DATE : 22nd March, 2022  
TIME : 10:00 am - 4:00 pm IST  
VENUE: College Auditorium





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## **SESSION- 2022-2023**

### **"PROMOTING LITERACY AND EDUCATION: DEPARTMENT OF ECONOMICS' EXTENSION ACTIVITY AT GOVERNMENT PRIMARY SCHOOL, SANJAULI"**

On September 8, 2022, the Department of Economics organized a remarkable extension activity at Government Primary School, Sanjauli, in commemoration of World Literacy Day. The event aimed to promote literacy and education among the children while emphasizing the power and significance that education holds. By engaging in various interactive activities, the students of the Department of Economics sought to create a stimulating and enjoyable learning environment for the young students.

**Objectives:** The primary objective of the extension activity was to foster literacy and education among the children and underscore the vital role that education plays in their lives. By organizing interactive activities, the event aimed to promote basic literacy skills such as reading, writing, and comprehension. Additionally, the activity sought to encourage the children to ask questions, share their experiences, and cultivate a love for learning. Another objective was to motivate the students to continue their education and recognize the value of education as a tool for future success.

The extension activity organized by the Department of Economics was filled with engaging and educational activities. The students of the department planned and executed a range of interactive exercises to make the learning experience both enjoyable and informative for the children. These activities were designed to enhance the children's literacy skills while fostering a sense of curiosity and enthusiasm for education.

The activities included storytelling sessions, where the students shared captivating stories that not only entertained but also imparted valuable lessons. The children actively participated by asking questions and expressing their thoughts, thereby encouraging a dynamic and lively interaction.

Furthermore, the students organized reading and writing exercises, providing the children with the opportunity to practice their literacy skills. They guided the students in reading aloud and writing short paragraphs, offering constructive feedback and support.

To create a holistic learning experience, the activity also incorporated games and puzzles that combined entertainment with education. These games were carefully designed to reinforce various concepts, such as vocabulary, spelling, and numeracy, in a playful and engaging manner.

**Outcome:** The extension activity at Government Primary School, Sanjauli, proved to be a resounding success. The event achieved its objectives of promoting literacy and education among the children while highlighting the significance of education in their lives.



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Through the interactive activities, the children not only acquired essential literacy skills but also developed a keen interest in learning. By encouraging them to ask questions and share their experiences, the activity fostered a positive and inclusive learning environment.

As a token of motivation and a memento of the event, all the students of Government Primary School, Sanjauli, were presented with stationery hampers. This gesture aimed to encourage the children to continue their education and served as a reminder of the importance of education in their journey towards success.





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## **INTER-COLLEGE ONLINE COMPETITION**

The Economics Department organized a highly successful Inter-College Online competition. from 1st October to 9th October 2022 and witnessed an enthusiastic participation from students representing different colleges. The competition aimed to engage and inform participants, challenging their creativity and knowledge in various activities related to economics.

**Objectives:** The primary objectives of the Inter-College Online competition organized by St. Bede's College were to provide a platform for students to showcase their talents, broaden their perspectives on economics, encourage critical thinking about current economic issues, and promote a sense of community among participants. By incorporating diverse activities, the event aimed to foster creativity, knowledge, and healthy competition among students from different colleges.

The competition spanned nine days and featured a range of activities designed to test the participants' creativity and knowledge in the field of economics. One of the activities involved creating posters on the theme of "Atamirbhar Bharat" (Self-Reliant India), encouraging students to explore and portray economic concepts related to self-reliance. Another activity, the photography competition, challenged students to capture images of monuments with economic significance, thereby highlighting the economic heritage of the nation. Additionally, the competition included an article review segment, where participants were tasked with critically analyzing and presenting their perspectives on current economic issues.

These activities were carefully designed to engage the students' critical thinking skills and expand their knowledge of economics beyond traditional classroom learning. By exploring real-world economic topics and expressing their ideas through various mediums, the participants were able to gain a deeper understanding of the subject and its relevance in society. On 13th October 2022, the winners were announced, and they were awarded certificates in recognition of their outstanding performance.

**Outcome:** The Inter-College Online competition organized by St. Bede's College, Shimla, proved to be a remarkable success. The competition not only provided a platform for participants to showcase their talents but also allowed them to gain exposure to new ideas and perspectives from their peers. By engaging in healthy competition, the students expanded their knowledge of economics and developed a greater appreciation for the subject.



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**St. Bede's College, Shimla**  
**The Economics Department**  
Cordially invites you to participate in the  
**Online Inter-College Competitions**

Activities to be organised are:

1. Photography competition  
Topic: Monuments of Economic importance  
Format: Geotag picture of the monument
2. Article review of current topics on Economics  
Time duration: 2 minutes  
Format: pre-recorded video
3. Poster making  
Topic: Aatmanirbhar Bharat  
Format: Geotag picture of the poster

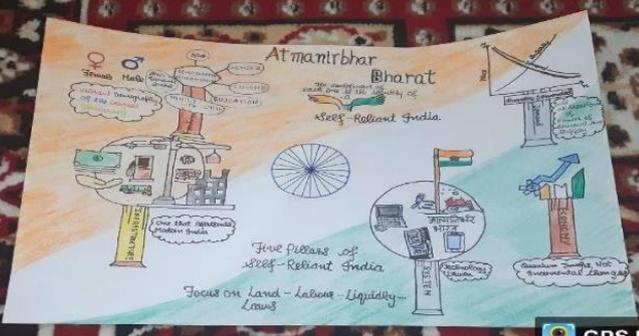
Certificates will be given to prize winners

Results will be declared on 13th October 2022 through email

Multiple entries allowed per college

Participants can submit their entries along with their names and that of the institution  
On: [economicsstbedes1904@gmail.com](mailto:economicsstbedes1904@gmail.com)  
By: October 9, 2022  
Till 5:00 p.m.





**Atmanirbhar Bharat**  
Self-Reliant India

Focus on Land - Labour - Liquidity - Loans

Five pillars of Self-Reliant India

One that stands above India

Remember, Growth, Not Survival! Don't give up!

GPS Map Camera

**Shimla, Himachal Pradesh, India**  
45J7+4Q2, Ragyan, Shimla, Himachal Pradesh 171003, India  
Lat 31.129708°  
Long 77.16422°  
07/10/22 09:18 PM GMT +05:30





### **INTERNATIONAL DAY OF GIRL CHILD (STREET PLAY)**

The Economics Department celebrated the International Day of Girl Child in a unique and impactful manner. On 11th October, at Nav Bahar Chowk in Shimla, the students presented a thought-provoking Street Play. This performance captivated the audience with its powerful acting, appealing posters, and informative poetry recitation, all aimed at educating the public about the significance of gender equality and the importance of standing up against any form of injustice.

**Objective:** The play aimed to shed light on the hardships endured by women and emphasized the urgent need for society to address these pressing issues.

The Street Play served as a compelling representation of the challenges and struggles that women face in society. Through various acts, the students effectively portrayed issues such as domestic violence, eve teasing, gender inequality, and the stereotypes imposed on women. It not only raised awareness about the problems but also highlighted potential solutions to combat them. The audience was informed about government helplines, schemes, and the rights available to women, providing them with the knowledge to seek help and support. The Street Play served as an eye-opener, inspiring the audience to take action and contribute to positive societal change.



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**Outcome:** The event not only celebrated the International Day of Girl Child but also served as a reminder that collective efforts are required to eliminate gender-based discrimination and create a world where every girl can thrive.



### **INTER COLLEGE ECONOMICS LITERARY MEET 2022-23**

On March 23, 2023, the Department of Economics at St. Bede's College in Shimla organized a highly successful Inter-college Economics Literary Meet. The event drew the participation of approximately 80 Economics students from various colleges in and around Shimla, all eager to demonstrate their skills and knowledge in the field of economics.

The meet featured a range of competitions designed to test the participants' creativity, knowledge, and skills. One such competition was the poster making contest, where students were tasked with creating posters that raised awareness about income inequality, highlighting the economic disparities in the country. Another competition, the cartoon making contest, revolved around the theme of forced labor, urging students to utilize their artistic abilities to depict the struggles faced by workers compelled to toil in unfavorable conditions. Additionally, the economics word search competition challenged participants to find hidden economics-related words within a given set of letters. Furthermore, an article writing and reading competition centered around the topics of Digital India and Money and Happiness provided a platform for students to share their thoughts and ideas on how digital technology can impact people's happiness and overall well-being.

**Objective:** The primary objective of the meet was to provide a platform for Economics students to engage in intellectual exchanges, showcasing new ideas and techniques in the field.



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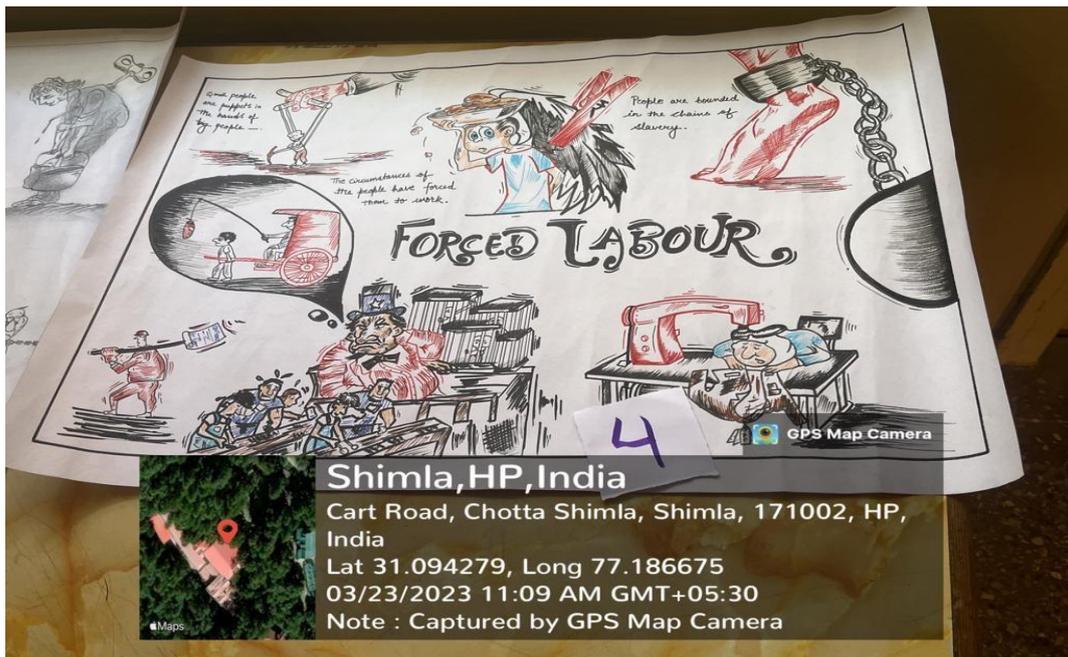
The event successfully facilitated discussions on various economics-related topics, promoting intellectual growth and development among the participants. The students greatly appreciated the opportunity to learn from their peers and expand their knowledge in the subject. The Inter-college Economics Literary Meet not only allowed them to showcase their talent and knowledge but also fostered a spirit of healthy competition and mutual learning.

**Outcome:** The event served as a catalyst for the students' intellectual and creative growth, helping them to hone their skills in different areas of economics. It provided a platform for the students to learn from each other, share diverse perspectives, and broaden their understanding of the subject. Moreover, the meet contributed to their overall personal and professional development, enhancing their critical thinking, communication, and presentation skills.





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